Successful Transitions

Tips for helping a child transition to kindergarten:

• Allow children to express their feelings about the upcoming transitions through activities such as writing and illustrating a class book about going to kindergarten. Ask them what they think it will be like.

• Provide opportunities to visit the kindergarten classroom throughout the year and engage in joint activities.

• Share kindergarten readiness information with families (e.g., importance of daily reading, practicing self-help skills and early bedtimes).

• Provide open houses, orientations and school visits for families.

• Individual Education Program (IEP) teams should address a smooth kindergarten transition in the child’s plan.

Try the K-W-L format when talking to children about the transition: what we Know, Want to know and what we have Learned.