Kansans CAN
SCHOOL MENTAL HEALTH ADVISORY COUNCIL
December 13, 2018

WIFI: Washburn Guest

Kansas leads the world in the success of each student.
APPROVALS

• December 13, 2018, Agenda
• September 25, 2018, Minutes
The time limit for verbal comments is three minutes.
Those making public comment will be given a verbal cue one minute before time expires.
Please keep comments factual and objective. Please avoid using names of students or staff members.
Comments will be taken under advisement by the council.
SAFE SCHOOLS

Susan McMahan
COUNCIL SURVEY RESULTS
Overall: Are you working with a Community Mental Health Center(s) or other community agency(s) in your building(s)?

Percentage of Respondents Who Selected Each Option

- Yes: 64.8%
- No: 31.1%
- I Don't Know: 4.1%
SUICIDE PREVENTION EFFORTS

How would you describe your district's efforts to address suicide prevention?

- District-wide systemic coordinated plan, 55.5%
- Building-based plan, 22.2%
- Dissemination of Information, 15.6%
- Principal directed, 2.3%
- Community-wide plan, 2.9%
- Individual-teacher plan, 1.5%
KSDE REQUIRED TRAINING WEBSITE
HTTPS://WWW.KSDE.ORG/AGENCY/DIVISION-OF-LEARNING-SERVICES/STUDENT-STAFF-TRAINING

REQUIRED and Recommended: Student and Staff Training

Leadership Training
Prevention and Responsive Culture
Student Safety and Wellness
REQUIRED TRAININGS WEBSITE USAGE (SUICIDE PREVENTION)

<table>
<thead>
<tr>
<th>Training</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership Training</td>
<td>23.8%</td>
</tr>
<tr>
<td>Prevention and Responsive Culture</td>
<td>47.2%</td>
</tr>
<tr>
<td>Student Safety and Wellness</td>
<td>43.4%</td>
</tr>
<tr>
<td>None</td>
<td>40.2%</td>
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</tbody>
</table>
Has your district/school provided training in the area of suicide prevention for the following groups?

Percentage of Respondents Who Selected Each Option

- Administrators: 90.4%
- Teachers: 95.7%
- School-Employed Mental Health Professionals: 62.1%
- Classified Staff: 71.2%
- Families/Parents/Caregivers: 15.6%
- Students: 43.6%
- None Selected: 2.6%
[Suicide Prevention] Who are you drawing your resources from?
Percentage of Respondents Who Selected Each Option

- School counselors: 79.5%
- School social workers: 49.0%
- School psychologists: 37.6%
- School nurses: 30.2%
- Community Mental Health Center: 56.8%
- KSDE/TASN: 44.9%
- Other: 14.4%
- None Selected: 1.1%
Other Suicide Prevention Resource Providers
Percentage of Respondents Who Selected Each Option

- Service Centers: 27.8%
- School/District: 20.0%
- Other Online Resources: 17.4%
- Mental Health Services: 9.6%
- Online Training: 8.7%
- Suicide Prevention Programs: 7.0%
- State/Local Agencies: 7.0%
- Other Local Resources: 6.1%
- Outside Presenters: 6.1%
- Unknown: 1.7%
What resources may be needed in your district/community to address suicide prevention?

Percentage of Respondents Who Selected Each Option:

- Books: 14.3%
- Online Resources: 41.9%
- Speakers/Facilitators: 68.8%
- Ongoing Coaching: 55.1%
- Training: 63.3%
- Intervention Protocol Examples: 55.6%
- Awareness and Prevention Planning Resources: 71.2%
- Other: 7.0%
- None Selected: 2.2%
How would you describe your district's efforts to address child sexual abuse?

- Individual-teacher plan, 8.2%
- Principal directed, 10.7%
- Dissemination of Information, 24.6%
- Community-wide plan, 1.8%
- Building-based plan, 22.7%
- District-wide systemic coordinated plan, 32.1%
REQUIRED TRAININGS WEBSITE USAGE
(SEXUAL ABUSE AWARENESS)

- Leadership Training: 15.7%
- Prevention and Responsive Culture: 33.0%
- Student Safety and Wellness: 36.9%
- None Selected: 54.5%
Has your district/school provided training in the area of child sexual abuse for the following groups?

Percentage of Respondents Who Selected Each Option

- Administrators: 75.0%
- Teachers: 78.8%
- School-Employed Mental Health Professionals: 57.3%
- Classified Staff: 45.5%
- Families/Parents/Caregivers: 9.2%
- Students: 29.1%
- None Selected: 44.4%
[Child Sexual Abuse Awareness] Who are you drawing your resources from?
Percentage of Respondents Who Selected Each Option

- School counselors: 72.8%
- School social workers: 48.2%
- School psychologists: 31.6%
- School Nurses: 34.4%
- Community Mental Health Center: 44.0%
- KSDE/TASN: 28.8%
- Other: 13.2%
- None Selected: 15.7%
What resources may be needed in your district/community to address child sexual abuse?

Percentage of Respondents Who Selected Each Option

- Books: 21.8%
- Online Resources: 55.1%
- Speakers/Facilitators: 66.3%
- Ongoing Coaching: 58.4%
- Training: 82.5%
- Intervention Protocol Examples: 66.4%
- None Selected: 5.5%
SEPTEMBER DISCUSSION SUMMARY

Flip chart notes – major themes
Myron Melton
Suicide Prevention

Small Group Summary and Recommendations
Question #1

What recommendations does the council see a need to move forward to the Kansas State Board of Education in January?
Common Themes

- Differentiated/tiered approach (3-tiered model)
- Offer protocols and PD options to districts (full set of protocols beyond the 1 hour training)
- Utilize community data and demographics
- Support use of KCTC survey
- Awareness for entire school community (staff, students and families)
Additional Recommendations

- District management system (SEG coordinator, HR management, etc.)
- Consider the capabilities of various sized districts
- Utilize SMH pilot evaluation data to inform recommendations
Question #2

What audience would these recommendation be for? (all, administrators, teachers, students)
Common Themes

- Staff, students and families
- Student-to-student (students learning how to support each other)
- Not suicide specific, incorporate trauma informed principals
- Identify “best practices”
Child Sexual Abuse Prevention
Small Group Summary and Recommendations
What recommendations does the council see a need to move forward to the Kansas State Board of Education in January?
Common Themes

- Require mandated reporter training
- Prepared professional development on signs of abuse and neglect (inclusive of all types of abuse, human trafficking, & grooming)
- Prevention founded in personal safety & trauma informed care practices
- Incorporate screeners (internalizing & externalizing behaviors)
- Develop response plans
Additional Recommendations

- Create or strengthen a resource center where districts can obtain information
- Coaching in how to support a colleague in making a report
- Trainings linked to website with multiple training options
Question #2
What audience would these recommendations be for? (all, administrators, teachers, students)
Common Themes

- Training for staff and students
- Provide resources for families
- Staff training first, then focus on students
- Carefully differentiate student training based on age appropriateness
- General focus on mental health trainings, which would include abuse & neglect
- Resource center for training tools
Additional Recommendations

- Staff wellness (secondary trauma)
- Student training; opt in/opt out
- Encourage the KTCT survey
- Have a focus on resilience as well as awareness
DISCUSSION ON POSSIBLE RECOMMENDATIONS TO THE STATE BOARD

- Jason Flatt Act/Suicide prevention
  - Protocols
- Mandated reporting
- Child Sexual Abuse prevention
  - Should we consider a broader more inclusive term for abuse and neglect?
- Tiered trainings tied to re-licensure
- Adult training/student training
- Other items from survey data
JANUARY STATE BOARD MEETING AND LEGISLATIVE COMMUNICATION

- Presentation and interaction with the board
- Who and what methods are best for communicating with legislators?
WRAP – UP AND NEXT MEETING

February 14, 2019
Washburn Technical School
Conference Center
5724 SW Huntoon
Topeka, KS