

Kansas School Mental Health Advisory Council

May 3, 2018

9:00 a.m. – 12:30 p.m.

Meeting:

**Washburn Technical School
Conference Center
5724 SW Huntoon
Topeka, KS**

Call to Order

Kathy Busch called the meeting to order at 9:02 AM

Welcome to all our guests today from the community mental health centers (CMHCs) and the pilot districts.

Welcome Kelly Perales, Midwest PBIS, for joining us to present on the Interconnected Systems Framework (ISF).

Members Present

Amy Wells	Bert Moore	Bobby Eklofe
Cherie Blanchat	John Heim	Ken Hughey
Holly Yager	Jane Groff	Judi Rodman
Kathy Busch	Kathy Mosher	Kimber Kasitz
Lara Bors	Leia Holley	Pam Noble
Pam Weigand	Ronnie Lieurance	Sharon Frankenbery

Members Absent

Annie Diederich	Annie McKay	Christie Appelhanz
Susan Leonard	Kelly Robbins	LeEtta Felter
Representative Trimmer	Representative Jennings	Senator Pettey
Senator Baumgardner		

KSDE Staff

Laura Jurgensen	Myron Melton	Colleen Riley
Kerry Haag	Pat Bone	Jordan Christian

Guests

Lee Stickle, TASN; Christin Sheldon, TASN; Amy Gaumer Erickson, TASN; Kasey Monroe, TASN; Randy Callstrom, Wyandot Inc.; Sue Murnane, Association of CMHCs of Kansas; Joan Tammany, COMCARE of Sedgwick County; Brenda Mills, Family Service & Guidance Center; Rick Gaskill, Sumner Mental Health Center; Linda Proehl, Parsons District Schools; Renee Scott, USD 457 Garden City; Glenna Phillips, Central Kansas Mental Health Center; Octavio Estrella, Kansas City Kansas Public Schools; Diane Gjerstad

Approval of Agenda

Pam Weigand moved to approve the agenda. Lara Bors seconded the motion.

Motion passed

Approval of Minutes

Ronnie Lieurance moved to approve the minutes as presented. The motion was seconded by Bobbie Eklofe.

Motion passed

KSDE Training Update

Myron Melton

Demonstration of Training and Resources Website being developed.

- This site is interactive, click on an area and it will expand to show the resources that are available.
- Two main areas on the home page
 - Prevention and Responsive Culture
 - Student Safety and Wellness
- Differentiated for level of training needed for different staff positions.
- More resources will be added as development continues.
- Each resource outlines the target audience for the resource.
- Color is used to show the difference between required and highly recommended training.
- Currently, KSDE staff are working to add all current KSDE and TASN resources.
- Other resources will be vetted once current resources are in place.
- Completion and posting online expected by July 1, 2018.
- Link will be shared with the Advisory Council once it is ready for continued vetting and before it is released.

Feedback/Questions

- Coordinate with the KASB board policy trainings in the list. Disseminate both lists in communication to superintendents.
- Structure of the website was well received.
- Like the inclusion of the purpose on the home page.
- Important to create an easy way to find this webpage on the KSDE site when it is released.
- How do modalities of presentation work into the website? There are a variety of formats including written texts, websites, webinars, etc. included in the resources.
- Thank you for the development of this resource.
- Please contact Myron at mmelton@ksde.org with any resources you would like to have considered for addition to this site.

Public Comment:

No public comment requests were received today.

Supporting Kansas School Mental Health Utilizing an Interconnected Systems Framework (ISF)

Kelly Perales, Midwest PBIS Network

Cherie Blanchat, TASN

PowerPoint

Thoughts/Comments/Questions

- Could this Council serve as the executive leadership team?
- Be thinking about...
 - How does the ISF structure and process fit in Kansas?
 - Kansans Can vision?
 - What are the long term goals for building capacity?
 - What approach will you use to move forward to support all of the work and the system?
- ISF enhances the Kansas Multi-Tiered System of Supports (MTSS) framework
 - Regional CMHC's will need to sit on building teams.
- ISF will provide a single system of delivery to meet student needs
- Key Components
 - Shared decision making by a team as opposed to a single focus
 - Using data to show that desired outcomes are being obtained
 - Tiered Fidelity Inventory: Single system
 - Access is not enough
 - Data based decision process
 - Mental Health is for ALL, including school personnel. Training is needed to deal with students and to support the needs of the staff.
 - Reducing stigma for needing support in the mental health areas. Make the supports of equal value to medical health needs.
 - Dealing with the secondary trauma for the staff, they need a plan to exit a situation too!
 - Parent screener tools to gain parent insight into their child.

Team Dialogue/Potential Action Items

1. Questions/thoughts about how the ISF structure and process "fits" with Kansas Multi-Tiered System of Supports Integrated Framework?
 2. Sharing perceptions about potential "fit" for the Advisory Council?
 3. Long and Short Term Goals?
 - a. Build state capacity (trainers/coachers)?
 - b. Other
 4. Other questions/comments, observations?
- As a CMHC, how do I work in partnership with the school? Hearing a lot of good ideas today in the forming of a team to meet the students' needs that includes the CMHC, school, teacher, and family.
 - Challenges
 - Supporting mental health services and their providers in every school.
 - Training teachers to work in the mental health area within their classroom and curriculum areas.
 - May involve changing the roles of current staff members to include some additional areas they are trained in including our current counselors, etc. into facilitator roles and then providing individual services to students.
 - Work will require figuring out how to leverage the resources we have.
 - Evidence based practices and identifying those practices as a team; so all can support the building of skills whether in the classroom, or a small group, or in the home.
 - Decisions on what and how are determined at the local level.
 - Interventions build into the continuum of services provided.

We as a Council are trying to build bridges between two bureaucracies. How do we set up effective structures with a goal of supporting our children and families? We have an opportunity here with our grant recipients (SPDG) and our pilot districts to see how this system can work. It will look different based on location and community needs.

Part II – State structure and Supporting ISF

PowerPoint slides

- State leadership team structure – (can it be this Advisory Council?)
 - What is the role of this advisory council? (define)
 - Next steps – short and long term goals
 - Perhaps the State Board is responsible for establishing the leadership team. Perhaps a membership recommendation will come from this advisory council.
- Leadership team
 - Executive level positions
 - Department of Education members
 - Mental health entities with decision making power at the state level
 - Capable of writing or entering into an MOU
 - Ability to change/adapt job descriptions
 - We were established as an advisory council to the State Board of Education. Our role is to advise the state board. We don't have the authority being outlined here.
 - There are three current advisory councils or committees dealing with these issues in the state at this time. This one, the Governor's Behavioral Health Services Planning Council, and a newly formed council. How do we work with all of these groups?
 - Statewide leadership team – the executive functions outlined will require a group with policy making authority.

Flip charts – **Current groups working on mental health in Kansas** – what are each of these groups charged with providing?

1. Kansas School Mental Health Advisory Council
2. Governor's Behavioral Health Services Planning Council (GBHSPC) (Continuum of Care) (subcommittees)
3. Department of Children and Families (DCF) Child Welfare System Task Force
4. 3 Citizen Review Panels (CRP)
5. State Inter-Agency Coordinating Council (SICC) (Birth to 5) and 30+ local ICC's
6. Children's Directors of CMHCs
7. Juvenile Justice
8. Systems of Care (grants) Kansas Department of Aging and Disability Services (KDADS) parent advisory council
9. Psychiatric Residential Treatment Facility (PRTFs) stakeholder group

Are there groups not represented on the council (who is missing?)

- Teachers
- System of care
- Parents
- Youth

- Use focus groups to provide insights with a broader perspective than a single parent or family.
- Diverse communities rural, urban, suburban
- Different Socio-Economic (SES) groups

Cross System Professional Development

- Ensuring there is a shared mission and vision
- Priority goals and objectives

One member reflected that this Advisory Council should be advising the state board on the Social Emotional learning opportunities, what is working and what isn't working, to help our students.

Pilot districts, created by legislation, will help us define this work. This process is evolving as we speak. Dale Dennis at the Kansas State Department of Education is developing an MOU to be used between CMHCs and school districts involved in the pilot. Leadership is coming from the Association of Community Mental Health Centers of Kansas through its executive director, Kyle Kessler. A database will be developed that will eventually be a joint effort between CMHCs and the school districts involved in the pilot. Districts in the pilots are not aware at this point of the process that will be used or the supports they will receive.

This Council will need information from the pilot districts on what they are doing and what is working.

State Personnel Development Grants (SPDG) grantees will also be working to develop a system that will be reported back to this council. There will be a group of model districts. Schools and districts have not yet been identified. This will be a smaller group than the pilot created by the legislature. It will be working in five of the CMHC regions. They will be working with the Interconnected Systems Framework (ISF) in these differing communities. Bringing resources together to support communities. Trying to create resources that will replicable across the state.

Lee Stickle is the project director for the development of the SPDG grant work.

Big Ideas

- Establish a structure for integrated work
- Grants are wonderful for helping us learn but the money will go away. Need to build systems alignment so the work doesn't just go away with the funding.
- Must be willing to let go of things that are not working
- Alignment process – resources available from Kelly Perales
- Technical guide for alignment of initiatives – <http://www.pbis.org/blueprintbriefstools>
- Ongoing action planning and ensuring we are doing what we say we are going to do.
- Forming consensus
- Key messages we want to promote
- Using MTSS to align work

Mental health in Kansas is not funded for all. This is part of why this work is critical. It requires a specific diagnosis to receive funding. CMHC must serve those needing Tier III services to keep their doors open. Communities have things in place to support the needs of all to develop

skills in the area of mental health. We must coordinate the services that are available to build this system.

Blended and shared funding structures are critical to success.

Addressing known disabilities specifically must be included, not wait for response.
Emergency medical plans.

Kansas has a gap in section 504 and needs a system to identify students who may need services. We are lacking a coordinated effort in identifying students at risk for section 504 plans. Continuum of care to evaluate the risk.

To find more specific information

www.midwestpbis.org

Tab-Mental Health Integration

Targeted workgroup webinars available

You may join a workgroup.

Follow on social media

Wrap-up

Kathy Busch

Thank you Kelly for joining us today.

Thank you to the pilot districts and CMHCs for being here today to see and be a part of the discussion. You are welcome to come back at any time. We look forward to hearing from you at future meetings to see where we can help you.

SPDG grant staff will continue to report on their work at future meetings.

Is the child sexual abuse module linked in the resource site? KSDE will check to be sure that it is.

School counseling conference this summer – Erin Merryn of the Erin's Law will keynote as well as Randy Watson, Commissioner of Education and there will be a wide range of individual sessions. See the K-State website or Ken Hughey for more information.

Next meeting:

July 24, 2018

9:00 a.m. – 1:00 p.m.

Meeting:

Hyatt Regency/Century II Convention Center

Redbud C

400 W Waterman

Wichita, KS

Meeting adjourned at 12:30 PM.