

# KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL MINUTES



## School Mental Health Advisory Council

### Details

Date: January 5, 2022

Time: 9 am –2 pm

Location: Zoom

Welcome, Kathy Busch, Chair at 9:00 AM

### Roll Call

Members: Members (x present, blank absent):

X	Kathy Busch	X	Leia Holley		Kimberly O'Connor
X	Jean Clifford	X	Tamara Huff	X	Judi Rodman
				X	Melanie Scott
X	Dr. Jane Groff	X	Dr. Ken Hughey		Shirley Scott
X	Samantha Brown		Kimber Kasitz	X	Idalia Shuman
<del>AB</del>	Shelby Bruckerhoff	<del>(AB)</del>	Mallory Keeffe	X	Rachelle Soden/Pam Noble sub
X	Tracie Chauvin	X	Kathy Kersenbrock-Ostmeyer		Dinah Sykes
X	Jose Cornejo	X	Monica Kurz	X	Mark Torkelson
X	Misti Czarnowsky		Ronny Lieurance	X	Kelsee Torrez
<del>X</del> <del>AB</del>	Sherry Dumolien		Lori Marshall	<del>AB</del>	Ryan Vaughn
X	Diane Gjerstad	X	Melody Martin	X	Juliane Walker/Paige White child advo.
		X	Dr. John McKinney	X	Pam Weigand
X	Laura Hattrup		Kathy Mosher	X	Holly Yager
X	John Heim/ Brain Jordan	X	Monica Murnan	X	Janey Humphries (BOE-large districts)
	Gary Henault		Deana Novack	X	Jamey Dover (Law enforcement)

Attendance:   27   present Quorum (20)

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**KSDE Staff:**

	Bert Moore	x	Kerry Haag		
x	Barb Depew/Cheryl Johnson sub	x	John Calvert		
x	Kayla Love		Myron Melton		
	Kent Reed		Shanna Bigler		Kelli Byrne

**Guests:** Christina Mann, Pattie Noonan

**Approval of Agenda**

Motion to approve: Monica Murnan

Second: Judi Rodman

Action: Motion Passed

**Approval of Minutes**

Motion to approve: Melody Martin

Second: Idalia Shuman

Comments: None

Action: Motion Passed

**Public Comments**

No public comments. Closed at 9:12 a.m.

**Overview/Update of Kansas Can Competencies**

Pattie Noonan- Presentation

- Pattie and Amy work on creating document and training the trainers for these Competencies. They have been doing so for 5 years. They currently have 7 recognized trainers around the state, plus 4 additional being trained. They are working on new activities, such as webinars on measuring Social Emotional Learning, online classes, and free virtual trainings.
- Annotate the competencies that support student's wellness/mental health
  - Top answers: Self-awareness, self-care, self-regulation, conflict management, and communication
- Here to talk about Tier 1 social emotional learning supports and preventions
  - Meant to give all students foundational skills in these competencies to be considered pro-social.
- Framework
  - Train on a schoolwide approach- meaning all teachers learn together including Special Education teachers.
    - Also offer individual teacher trainings and small groups
  - Aligned with CASEL program guide
  - Addresses the Kansas SECD Standards to an extent
  - Considered a Kansas MTSS Tier 1 SEL Curriculum
  - Partnering closely with state to provide lots of PD and coaching opportunities
- New things-

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- Examples of Teachers teaching the instructional activities and interacting with students to make sure they understand
- Videos of students teaching directly
- Support to Kansas educators in implementing social emotional learning instruction with all their students and measuring the growth and changes in the students and communication with other.
- Schoolwide with district trainings cost, a reasonable fee, but they offer free PD online
  - Schoolwide is 4 3hour trainings throughout the year with coaching and measures
  - If interested email Pattie Noonan or visit TASN
- [www.CCCFramework.org](http://www.CCCFramework.org)
  - Offers SEL curriculum for Elementary through High school
  - Overview videos (4minutes)
  - Interactive wheel
    - Pull down with free information on competencies
    - Every competency has a research guide and padlet
  - Video for Teachers on competencies with outcomes
  - Testimonial videos from Teachers
  - Padlets divided to Elementary, Middle/high school, and self-efficacy
  - Family Resources
    - Guidance's- including COVID at home learning
- KCC supports Statewide prevention of Bullying and Suicide
  - Met with bullying committee on assertiveness to align with anti-bullying practices and interventions
    - Example: expressing wants, needs, and thoughts while being respectful of others wants, needs, and thoughts (respectful communication)
  - Used chart to shift wording to be more respectful of others
  - Also use student videos-student's explanations for other students
  - Help understand their feelings and have empathy imagining how other feel
  - Self-regulation, Assertiveness, Conflict Management were the top picks of topics identified by over 11,800 Kansas Students of areas they need help in.
    - School chooses 1 topic and teaches on that for year then measures growth
  - KSDE is providing lessons and student workbooks for students
    - Over 200 instructional activities (PDFs)
    - Able to translate some workbooks and measures into Spanish
- [www.Ksdetasn.org/competency](http://www.Ksdetasn.org/competency)
  - Training opportunities
    - Webinar series on social emotional growth (45 minutes each)
- Feel free to reach out to Pattie Noonan at: [pnoonan@ku.edu](mailto:pnoonan@ku.edu)

## Climate Type and Research Update

Christina Mann

- Broad theories on Climate Type
  - Self-determination
  - Polyvagal theory and Neuroscience

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- 4 climate Types
  - Empowering engagement
  - Empowering relationships
  - Depressed
  - Anxious-conflictual
- Model comprised of 28 questions out of over 128 questions on the CTC
- Video introduction for report and research behind it
  - <https://vimeo.com/608416084>
  - Tool that can be used statewide
  - Greenbush can generate report for all schools participating in KTCT
    - Planning in the works to allow all schools access available hopefully this fall
- Climate type Preliminary Research Findings
  - Data set from 2016-2019
    - Studies correlate with:
      - Cumulative Risk and protection on KCTC
      - Achievement on Kansas State Assessments
      - Other school outcomes and variables
        - Ex: graduation and drop-out
  - Sneak peek (Findings not peer reviewed)
    - Empowering scales are positively correlated with Kansas State ELA and Math assessment scores
    - Risk scales are negatively associated with achievement with the Kansas State ELA and Math assessment scores
    - Until now, we did not have a succinct, statewide school climate measure
    - This report is built from reliable data, that we are already collecting
- Would love to share these finding more in detail after they are submitted this Summer/Fall.
- Feel Free to contact Christina Mann at: [Christina@kansasmtss.org](mailto:Christina@kansasmtss.org)

### **Mental Health Intervention Team**

John Calvert, Amanda Davidson, and Shelly Alderson

- CDC/KCTC data on suicide across Kansas (data from 2019)
  - National suicide death rate increased 75% over 17 years
  - Currently suicide is the 2<sup>nd</sup> leading cause of death in youth
    - Distracted driving is number 1
  - September 1989 suicide was the 6<sup>th</sup> leading cause of death
  - Statistically 1 in 13 kids attempt suicide
    - Almost 300 11-year olds attempted suicide
    - Over 450 13-year olds admitted to attempting suicide
  - CDC says there is 1 death every 11 minutes because of suicide
- MHIT is in its 4<sup>th</sup> year and is in 55 school districts now across Kansas
  - Liaisons in the school telehealth available (Licensed Mental Health workers in schools)
  - No more missing most of the day or falling further behind
- Amanda Davidson- Liaison in the field

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- o Walked through the referral process
  - o Able to offer direct services in schools
  - o Students wouldn't have graduated without these services
- Shelly Anderson- Abilene/Solomon district
  - o One of the first districts to start
  - o Have 2 full time therapists in the buildings and 8 case managers
- MHIT is a grant opportunity
  - o Last year funds were not available to expand, hopeful for years to come
- Feel free to reach out to John at: [jcalvert@ksde.org](mailto:jcalvert@ksde.org)

### Engaging Families in Social Emotional Learning

Jane Groff

- Social Emotional Learning Supporting Academic Learning
  - o We need to talk about it so families and communities know about it
  - o Reassure them and agree where we can
  - o Social emotional learning is an Academic Intervention
- 5 keys to Social Emotional Success
  - o Self-awareness
  - o Self-management
  - o Social awareness
  - o Relationship skills
  - o Responsible decision making
- Social Emotional Learning helps with better behavior and 11% increase in academic outcomes
- Engaging Families with Social Emotional Learning strategies
  - o Teaches both the child and the parent
  - o Builds strong relationships both in school and in the community
  - o Making things clear for parents
  - o "new" learning- learning gap from generations
- Studies in 2011 (J. Durlak and R. Weissberg)
  - o Higher academic performance of Social Emotional Learning in students translated to an 11-percentile point increase in achievement
- Study in 2018 (J. Durlak and R. Weissberg)
  - o Social Emotional Learning programs produce positive benefits on important behavior and academic outcomes
- Panel Card from KPIRC
  - o Supporting you Child's Social Emotional health
  - o [www.ksdetasn.org/kpirc](http://www.ksdetasn.org/kpirc)
- Feel free to reach out to Jane at: [jgroff@kpirc.org](mailto:jgroff@kpirc.org)

### Member / Agency Updates

Kathy Busch

- Kathy KO (NWKSESC)- Sponsoring Dr. Bruce Perry on February 21 for school groups and teams
- Barb Depew (CNW-KSDE)- February Wellness Workshops- hosting Virtually. Wellness

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Wednesdays 9:30am and 1pm Classes

- [https://www.kneat.org/SNP/SNP\\_Docs/SNP\\_Guidance/Update\\_Memos/2021\\_December\\_Update\\_SNP.pdf](https://www.kneat.org/SNP/SNP_Docs/SNP_Guidance/Update_Memos/2021_December_Update_SNP.pdf) Registration at: [https://ksde.zoom.us/meeting/register/tZAqd--tqj4pHdU4UGP6dtSLpp7ToEd14\\_jY](https://ksde.zoom.us/meeting/register/tZAqd--tqj4pHdU4UGP6dtSLpp7ToEd14_jY)
- John Calvert (Safe and Secure Schools-KSDE)- Annual Safe and Supportive Schools Conference Virtually, end of January, 100% Free, Speakers from all over, 3-day conference, start Jan. 26 with a Student led Panel
  - Registration: <https://us06web.zoom.us/meeting/register/tZckdu-prD8sGdYRNqF2VRA1R4EZJE80L-SY> Flyer provided later
- Idalia Shuman (KNEA)- Implemented an employee assistance program, wellness for educators
- Brian Jordan (KASB)- middle of onboarding and training new school board members in a week. Change in trainings to support staff and academics more. Legislative session opening next week. Superintendent search- many openings- about 40-45 openings across the state.
- Judi Rodman (Child Advocacy)- Johnson County has 3 new superintendents this year. Sunflower House is meeting next week to talk about the no cost services offered. Wanting to start Team Leadership at Sunflower House.

### Future Agenda Topics

Kathy Busch

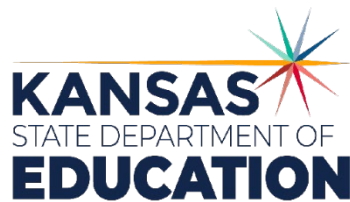
- If you think of any topics or updates you would like to hear about please contact Kathy, Bert, or Kayla

### Adjourned

- Meeting adjourned at 1:53 pm

Next Meeting, March 2, 2022 Virtually 9-2:30pm

For more information, contact:



Kayla Love  
Administrative Specialist  
SETS

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[klove@ksde.org](mailto:klove@ksde.org)

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