Kansas leads the world in the success of each student.

April 11, 2019

WIFI: Washburn Guest
APPROVALS

- April 11, 2019, Agenda
- February 14, 2019, Minutes
PUBLIC COMMENT

- The time limit for verbal comments is three minutes.
- Those making public comment will be given a verbal cue one minute before time expires.
- Please keep comments factual and objective. Please avoid using names of students or staff members.
- Comments will be taken under advisement by the council.
COUNCIL RECOMMENDATIONS UPDATE

Recommendation 1: Provide guidance to school districts on the implementation of the Jason Flatt Act

• Update to Council in April
• Possible full update in July
COUNCIL RECOMMENDATIONS UPDATE 2

Recommendation 2: Revisiting the monitoring of district implementation of suicide prevention requirement in accreditation regulations

• Update from KESA team at July Council meeting
Recommendation 3: KSDE to promote the Kansas Communities that Care Survey

- Spring of 2019 and ongoing
COUNCIL RECOMMENDATIONS UPDATE 4

Recommendation 4: State Board to require district staff training on mandated reporting requirements and procedures

• Summer 2019
Recommendation 5: Provide guidance and resources on mandated reporting requirements and procedures, including signs of abuse and neglect, to support mandated reporting requirements and district policies

- 2019-2020 School year
Recommendation 6: Districts to institute, revisit, or revise policies related to mandated reporting

• Prior to the 2019-2020 school year
COUNCIL RECOMMENDATIONS UPDATE 7

Recommendation 7: Promoting the work and recommendations of the Council to school districts

- Beginning in the spring of 2019 and ongoing
DISTRICT/COMMUNITY HEALTH CENTER PARTNERSHIP

USD 258 Humboldt and Southeast Kansas Mental Health Center
Misti Czarnowsky
Staci Hudlin
Glenna Garcia
School-Based Mental Health

The Peace of Mind Program

A Rural Perspective
Demographics

• Located in Humboldt (Southeast KS)

• Humboldt has a population of 1,802 residents

• USD 258 is a 2A School

• 603 Students (PreK-12th Grade)
Mental Health Barriers

- Stigma
- Lag-Time-To-Care
- Transportation
- Scheduling
- Communication Barriers
Solution

- 2015-2016
  - First conversations with SEK Mental Health Started
  - First try to get grant for program (Health Forward Foundation)
- 2016-2017
  - Behavioral Health Consultant (SEK Mental Health)
  - Applied for grant again (Health Forward Foundation)
- 2017-2018
  - Found out we got grant in Aug. 2017
- 2018-2019
  - Grant ended Sept. 30th, 2018
  - Program Sustainable
Peace of Mind Program

Grant paid for a full-time therapist and case manager within the school district.

Therapist
- Classroom observations
- Lunch and Learns
- Eat lunch with Students
- Attends IEP and SIT meetings
- Attends inservice
- Small Group Counseling - partner with school counselor K-8 (Future Goal)

Case Manager
- Classroom observations
- Sits w/ students in the classroom
- Provides extra support for students in crisis
- Individual sessions with students to help reinforce goals

2017-2018 School Year: 15 parents returned interest forms to start services.

2018-2019 School Year: 28 parents returned interest forms to start services.
Peace of Mind Program

**Brief Intervention**
For students who might not need therapy services, parents are unsure of starting services or cost for services is too high for parents.

**Therapy Sessions**
Usually last 1 hour. Students might be seen every week, every other week or once a month depending on severity.

**STUDENT SERVICES:**
Year 1 (2017-2018):
- 58 students received therapy services

Year 2 (2018-2019):
- 77 students receiving therapy services

**TOTAL:** 117 students served over the past year and a half (since program started.)
AT-RISK DATA:

2015-2016:
• 414 students out of 627 (66%) would be considered at risk.

2016-2017:
• 403 students out of 592 (68%) would be considered at risk.

2017-2018 (With Peace of Mind Program):
• 339 students out of 604 (56%) would be considered at risk.

At-risk data looks at: free and reduced status, foster care placement, behavioral problems, poor academic performance, emotional issues and developmental delays.
<table>
<thead>
<tr>
<th>Insurance Breakdown</th>
<th>(Peace of Mind Program)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid</td>
<td>70%</td>
</tr>
<tr>
<td>Private</td>
<td>25%</td>
</tr>
<tr>
<td>Self-Pay</td>
<td>4%</td>
</tr>
<tr>
<td>Other</td>
<td>1%</td>
</tr>
</tbody>
</table>
Program Growth

Southeast Kansas Mental Health Center has successfully expanded the program model to different schools in the area. So far the following schools have also implemented a school-based mental health program.

Each program is tailored a little differently to fit that specific school and community.

Woodson USD 366 (Yates Center)
Iola USD 257
Erie USD 101
Marmaton Valley USD 256 (Moran)
Questions

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MISTI.CZARNOWSKY@USD258.NET
SUNFLOWER HOUSE

Bev Turner
LEGISLATIVE UPDATE

Laura Jurgensen
Kathy Busch
SUICIDE PREVENTION TOOLKIT UPDATE

Cherie Blanchat
Suicide Prevention, Intervention, & Postvention Toolkit

Updates for the School Mental Health Advisory Council (April 2019)

- Incorporated suggestions from the SMHAC, including:
  - Additional information regarding family engagement, and
  - An acknowledgment statement to contributing organizations, groups, and individuals
- Received initial permissions from the HEARD Alliance for the use of content
- Reviewing document to determine whether additional permissions are needed
- Document will be formatted to meet accessibility standards
- A professional editor has been enlisted
- Target release month of October (KSDE Annual Conference)
MEMORANDUMS OF UNDERSTANDING BETWEEN DISTRICTS AND COMMUNITY MENTAL HEALTH CENTERS-DISCUSSION

Chris Perry
TASN-School Mental Health Initiative
Discussion Guide for the Development of a Memorandum Of Understanding (MOUs)
Basic Definition

• A Memorandum of Understanding (MOU) is an agreement between organizations used to establish an official partnership.

• Designed to create collaborative relationships between community-based clinicians and school staff

• MOUs carry a degree of seriousness and mutual respect.

• Outlines clear, accurate, and respectful relationships between partners.

• An MOU may state a vision, mission, and purpose; include some required and optional elements.
<table>
<thead>
<tr>
<th>Phase of Implementation</th>
<th>Exploration Description</th>
<th>Installation Description</th>
<th>Initial Implementation Description</th>
<th>Full Implementation Description</th>
<th>Sustainability Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not established or informally established; <strong>Willingness</strong> to develop an MOU reflective of the cross-system vision and mission</td>
<td>Formally established; <strong>Commitment</strong> to develop an MOU reflective of the cross-system vision and mission</td>
<td>Formally established; <strong>Change</strong> resulting from the development of an MOU reflective of the cross-system vision and mission is evident</td>
<td>Formally established; <strong>Fidelity and outcomes</strong> resulting from the development of an MOU reflective of the cross-system vision and mission are evident.</td>
<td>Formally established; <strong>Adjustment and Regular Review</strong> of the MOU reflective of the cross-system vision and mission is evident.</td>
</tr>
</tbody>
</table>
General sections of an MOU include:

- Term
- Vision and Mission
- Information and data sharing
- CMHC and USD Responsibilities
- Licensure and Insurance
- HIPAA and FERPA Compliance
- Legal and Operability Guidelines
- Etc.
MOU Template and Guiding Question

- Each document is broken into distinct sections
- The Guiding Questions spur deeper conversation
- The goal is a mutually beneficial agreement
Example - Information Sharing and Referrals

Section 5: Purpose and Scope. Information Sharing and Referrals. The parties intend to share, on a limited basis, confidential information regarding USD [___] students and in some cases, their families.

(a) For its part, USD [___] warrants that prior to sharing such information, it will obtain an appropriate release of information (ROI) executed by the legal guardian of the student in accordance with applicable state and federal law. USD[___] further agrees to provide a copy of any such release to CMHC[___].

(b) The aforementioned ROIs will be sent to _______ (a centralized location designated by CMHC[___] and USD [___] and CMHC[___] will indicate in writing that the ROI has been completed.

(c) The parties understand that the ROI may be revoked by the legal guardian of the student at any time. Upon notice of revocation, all information sharing between the Parties will be terminated with regards to that student.
## Example - Information Sharing and Referrals

<table>
<thead>
<tr>
<th>MOU Section 5: Information Sharing and Referrals</th>
<th>What action plans are needed to complete this section?</th>
</tr>
</thead>
<tbody>
<tr>
<td>What type of Release Of Information will be utilized?</td>
<td></td>
</tr>
<tr>
<td>Where and who should the school send the referral to?</td>
<td></td>
</tr>
<tr>
<td>What will be the delivery method of the referral to the CMHC?</td>
<td></td>
</tr>
<tr>
<td>How will the feedback loop close once the CMHC has received the referral?</td>
<td></td>
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</tbody>
</table>
Group Work Time

1. Get into small groups - A, B, and C
   a. Group A = Sections 1-5
   b. Group B = Sections 6-9
   c. Group C = Sections 10-16

2. Review your sections of the MOU Template
   a. Review each corresponding section of the MOU Guiding Questions


4. We will briefly review suggestions at the end of the work time
Where to Find Us

Find our Resources:
http://ksdetasn.org/smhi

Follow us on Facebook:
http://facebook.com/TASNSMHI

Tweet with Us:
http://twitter.com/TASNSMHI
@TASNSMHI
COUNCIL MEMBER UPDATES

Each council member is encouraged to share upcoming events that may be of interest and related to the work of the council.
WRAP – UP AND NEXT MEETING

July 30, 2019  🏃
9 AM – Noon
Wichita Hyatt and Century II
400 West Waterman
Wichita, KS