



Beloit Junior/Senior High

Building a CULTURE of Relationships

Mrs. Brennan Eilert, **High School Counselor**
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Who we are...



- Combined Junior/Senior High School
- Rural farming community
- 332 Students in 7 -12th grades
- 40% Free/Reduced
- 2% ELL
- “Grow your own” mentality
- Steady, solid school district...Thriving!
- 2018 Kansas State School of Character
- 2018 National School of Character
- Gemini I District
- 5th year of intentional “redesign”



Relationships

Beloit Junior/Senior High School

PRIDE

Advisors
Mentoring Relationships

**Social-Emotional
Learning**

Character Education

PBIS

Boys Town Education Model

Civic Engagement

Service Learning

CULTURE



PRIDE TIME

TROJAN P.R.I.D.E.



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Positive
Responsible
Integrity
Determination
Excellence



STAFF

STUDENTS



#TPOD

Homeroom



PRIDE Time

Counselor-based school



Advisor school

Homeroom teacher



PRIDE Time Advisor

Fragmented philosophies
Leadership



Strong Implementation Team &



Status Quo



Clear vision and marked improvement

Administration centered

Relationship centered school



Social Emotional Learning & Character Education....

The *Process* of Systemic Integration



- Promising Practice School 2015
 - Emerging Kansas School of Character 2016
 - Honorable Mention Kansas School of Character 2017
 - Kansas School of Character only high school in the state 2018
 - National School of Character only high school in the state 2018
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Social Emotional Learning

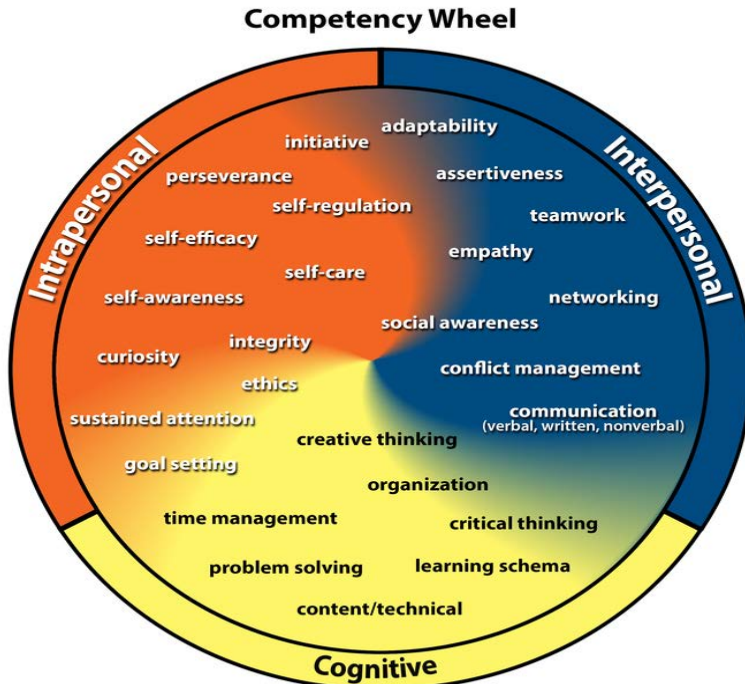


Character Education:

- **Character Education Committee** developed monthly lessons that address our core values and tie in with Boys Town Skills and Kansas Competencies.
- ★ **Week 1:** Introduce character trait of month
- ★ **Week 2:** Medal of Honor character education lesson
- ★ **Week 3:** One Small Thing
- ★ **Week 4:** Relationshipbuilding activity

SEL discussions take place among mixed grades in a small setting led by an advisor.

Kansas Competency Wheel



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Kansas Competencies are tied in with Boys Town Social Skills and Character Education.





PBIS: We are a Boys Town School and District

- ★ Positive Behavior Interventions and Support
- ★ August 2016 and Ongoing: Training for all faculty and staff
- ★ Administrative Training: All administrators and counselors
- ★ Coaches' Training- Data Sweeps

PBIS: Boys Town Education Model

- Explicit teaching of social skills- Boys Town Skill of the Week every Monday and reviewed throughout the week - tied in with Character Education
- Building relationships with positive parameters
- Managing behavior and selfregulation
- Emphasizes preventive and proactive practices rather than reactive responses to manage student behavior.



Examples of Basic, Advanced, and Complex Boys Town Skills:

BASIC – SKILL 2

Accepting “No” for an answer

1. Look at the person.

Rationale:

Looking at the person shows you are paying attention.

Helpful hints:

- Avoid staring or making faces.
- Refrain from looking away.
- If you are upset, control your emotions. Try to relax and stay calm.
- Listening carefully will help you understand what the other person is saying.

2. Say “Okay.”

Rationale:

Saying “Okay” lets the other person know you understand.

Helpful hints:

- Answer right away.
- Speak clearly. Don’t mumble.
- Don’t sound angry or start to argue. That might lead to problems.
- Take a deep breath if you feel upset.

3. Stay calm.

Rationale:

Staying calm allows you to hear exactly what the other person is saying.

ADVANCED – SKILL 77

Choosing appropriate clothing

1. Think about what situations and activities will occur during the day.

2. Choose clothing that suits the season.

3. Match colors and styles.

4. Do not wear clothing that is too revealing or associated with gang activities, alcohol, drugs, or cigarettes.

5. Care for your clothing throughout the day. Do not cut, tear, or write on clothing.

COMPLEX – SKILL 155

Budgeting and managing money

1. Assess your consistent weekly or monthly income.

2. List all of the bills or expenses you have to pay during that time period.

3. Estimate the costs of appropriate leisure time activities and entertainment.

4. Set aside 10% of your income for unexpected needs or to put into a savings account.

5. Stay within the budget you have developed.

6. Refrain from impulsively spending money or writing checks.

Civic Engagement: Service Learning

- 20th anniversary of being a Service Learning School
- Teaching stewardship
- Putting character into action
- Real world application - Relevance
- Team-building - Relationships
- Collaborative efforts - school/community
- One Small Thing- within school and out



Service Learning School: 20 Years



- ★ Class Coordinators
- ★ Overall Coordinator
- ★ 40 hours required to graduate
- ★ Forms turned in and signed off on

Service Learning School



How did we **shift** a building morale and improve its culture?

- Cleaned it up literally → PRI → #TPOD
- Systemic Social Emotional Learning & Character Education!!!
- Student Advisory Team
- Empowered students → 21st Century Skills
- Communication among all stakeholders!!!!
- Needs assessments
- 100% of students involved in activities
- Have fun together
- Relationships first and foremost





Which Brings us to Bullying Prevention at BJSHS:

- Our **culture** is our foundation for prevention efforts. It is a systemic, intentional approach.
- If programs are used in isolation, they can quickly become a stopgap filler, a band-aid, a “legislative haveto.”
- Our 4 pillars of PRIDE, SEL, PBIS, and Service Learning strengthen the culture and relationships.
- Social Skills and Competencies are explicitly taught and modeledGiven same importance as other curriculum standards
- Resources- 2 counselors, 2 admin, 1 social worker, 1 SRO
- Constant communication -
paras/teachers/counselors/admin/parents/custodians, etc.
- Community support and buy-in
- Basic social skills to “Play together to work and learn together”

Questions?

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