



Blue Ribbon Task Force on Student Screen Time

August 22, 2024

Purpose



Develop guidance/recommendations, based in research, on students' personal device use in school, screen time and mental health, and parental oversight of district-owned devices.

These recommendations will be presented to the State Board for consideration by November, with final action in December.

Rules of Engagement



- Live Meetings
- Participation
- Introductions
- Tight Timeline
- Raise Hand Button

Meeting Cadence



- Start at 4:00 p.m.
- Research overview
- Presenter or panel
- Breakout room discussions
- End at 5:30 p.m.

Schedule



- **August 22:** Personal devices in schools
- **August 29:** Personal devices in schools
- **September 5:** Screen time and mental health
- **September 12:** Screen time and mental health
- **September 19:** Parental oversight of school-owned devices
- **September 26:** Parental oversight of school-owned devices
- **October 3:** Collective Action
- **October 10:** Collective Action

Schedule



- **October 17:** Flexible for what task force wants to see/hear.
- **October 24:** Flexible for what task force wants to see/hear.
- **October 31:** **No meeting**, read draft of report instead.
- **November 7:** Report finalized.
- **November 12/13:** Report and recommendations presented to the State Board.
- **December 10/11:** Recommendations voted on by the State Board.

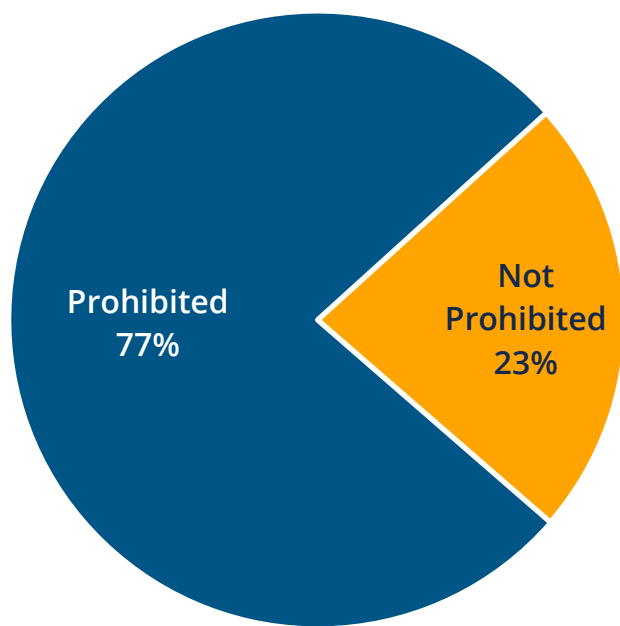


Research Review

Student Cell Phone Use

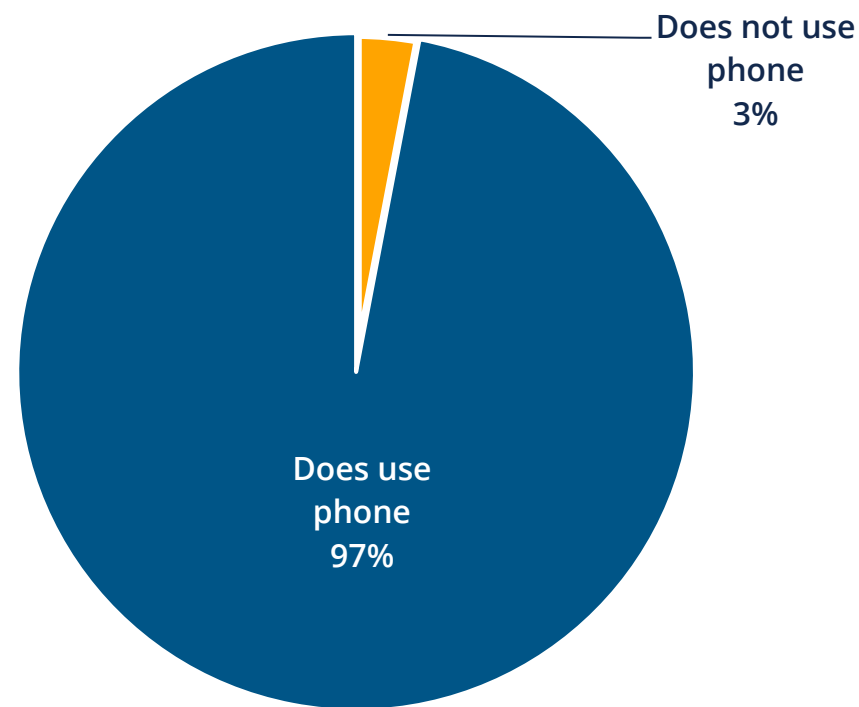


Schools that have a policy prohibiting non-academic use of cell phones or smartphones during school hours.



https://nces.ed.gov/programs/digest/d21/tables/dt21_233.50.asp

Percent of teens who say they use their phone during the school day.

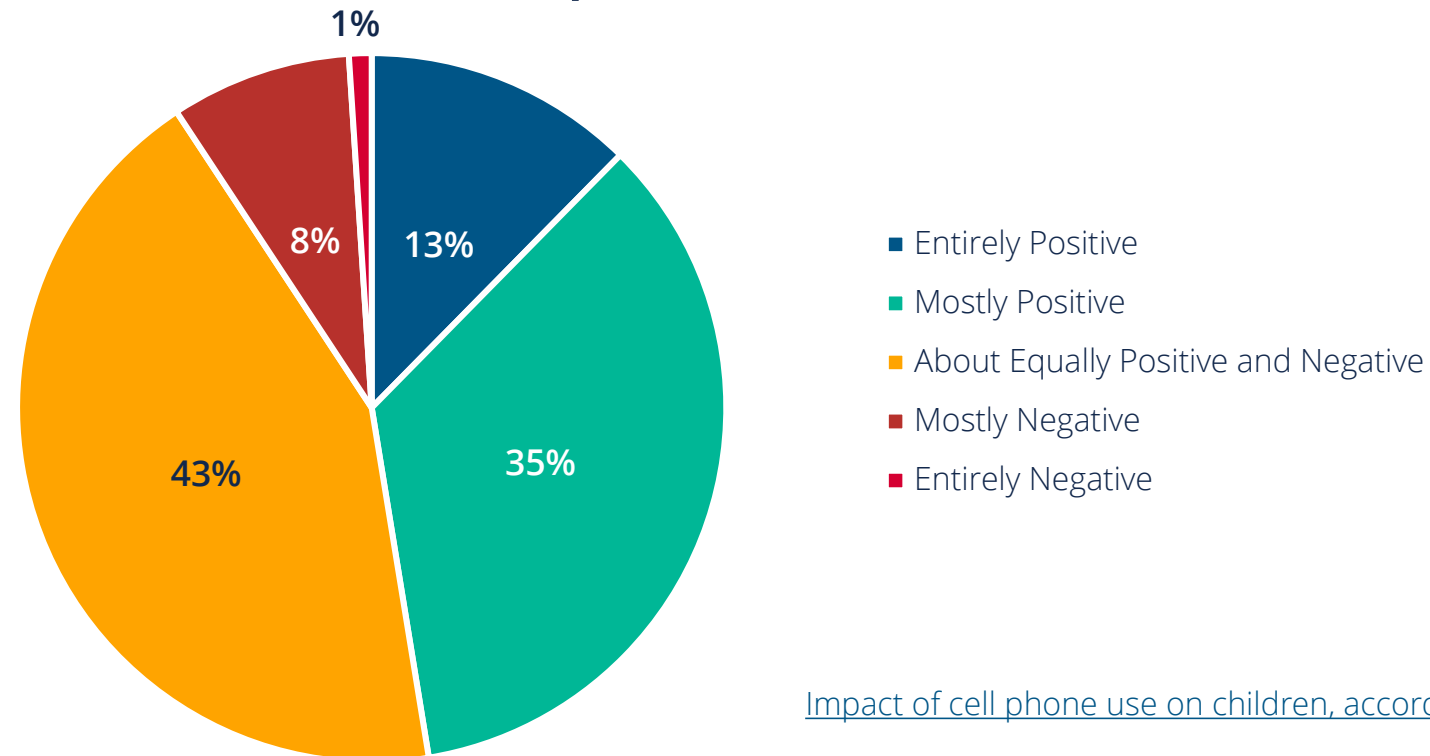


<https://www.k12dive.com/news/teen-cell-phone-use-schools/694901/>

Parents' Views on Cell Phone Use



Impact of cell phone use on children, according to parents

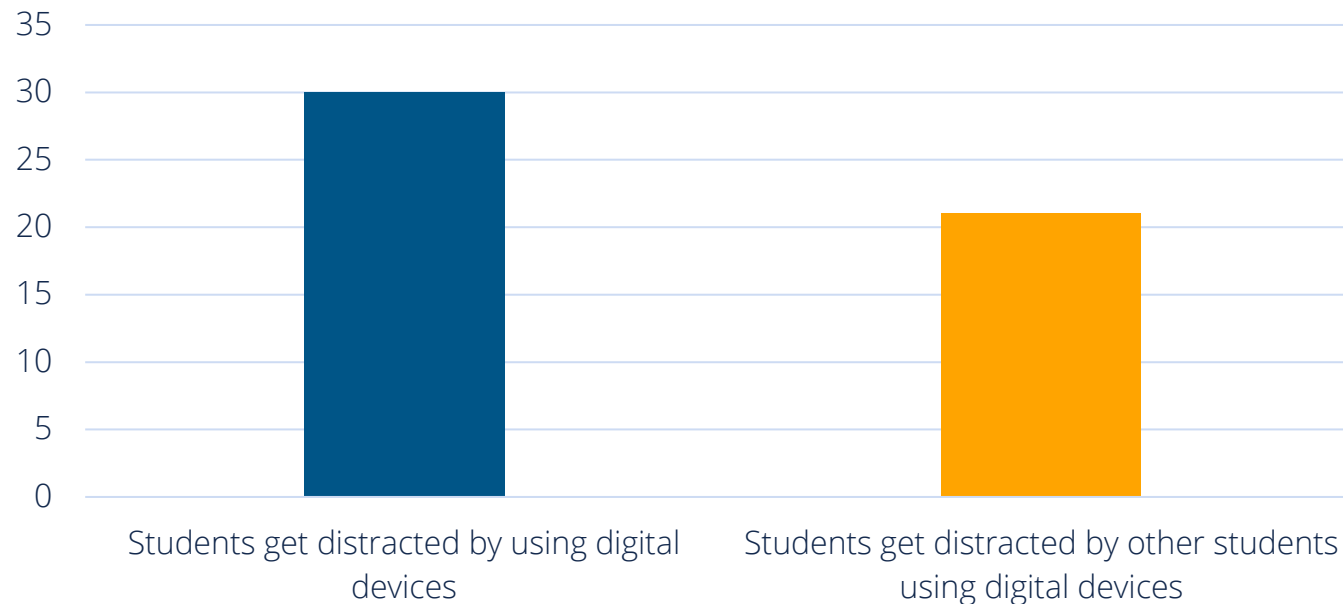


[Impact of cell phone use on children, according to parents](#)

How Distracting are Cell Phones? Student Perception



Percentage of students who reported that the following happens in every or in most of their mathematics lessons.

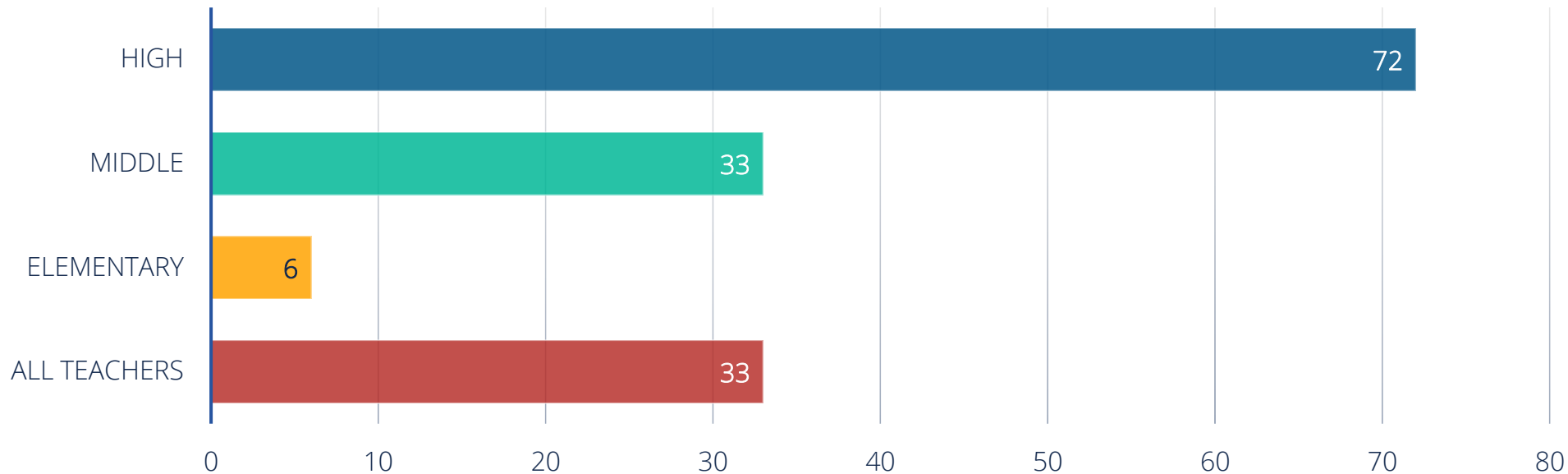


[Andreas Schleicher CCSSO Presentation.pdf](#)

How Distracting are Cell Phones? Teacher Perception



Percentage of public K-12 teachers saying students being distracted by their cell phones is a major problem in their classroom



[Challenges public K-12 teachers deal with in the classroom | Pew Research Center](#)