Introduction to Human Services Course Topic Outline
Pathway Level: Introduction

The following outline is limited to the technical portion of the course competencies. Local schools must ensure that the academic foundations, communication, problem solving, information tech, safety and career development competencies are embedded within the course as well.

Please note, local schools may add to, but not delete from the competencies. Additional content is to be reflected by modifying the competency sheets to reflect the additions. All competency sheets are to be completed by the concentrators and kept on file until notified otherwise.

Technical Content: (sample)

Human Service Careers
Career Areas
- Social Work, Therapy, Counseling, Volunteer Coordinator, Nutrition Educator, Personal Trainer, Geriatric Work, Youth Coordinator (Girl Scouts, 4-H...) and related careers (see www.careerclusters.org)
- Educational requirements of entry, skilled and professional levels of each
- Considerations of each career area
  - Professionalism and ethics
  - Technology use
  - Legal requirements
  - Safety issues (personal)
  - Diversity and Disability Acceptance
- Practice respect for those who are different than ourselves
  - Gender, age, culture, ethnicity, disability

Soft Skills Necessary for Success in the Human Services Profession
- Character Development (Trust, Respect, Responsibility, Fairness, Caring, Citizenship)
- Development of communication, teamwork and leadership in community applications
- Conflict Resolution
  - Solve problems all can accept
  - Follow decision making process that allows input from those affected

Needs of the Family
- Family as the Basic Unit of Society
  - Ages and Stages (birth to death)
  - Identification of the needs of the individual (strengths, weaknesses, interests)
  - Enhancing development of the individual
- The development of relationships
  - Healthy and Unhealthy
  - Across the life span (parents to children, siblings, extended family members)
  - Need for intervention
- Global influences
- Role of families in developing children
  - Preparing for children
  - Meeting the needs of children
Physical, Emotional, Social, Intellectual, Ethical
Meeting them at their level (with appropriate language/actions)

Impact of Family and Consumer Sciences on meeting needs of the family and it’s members.

Balancing work, family and volunteer demands

Personal and Family Financial Planning Basics
  Practice principles

Consumer Decision Making Basics

Need for wellness across the life span (physical, social, emotional, mental)
  Connection to physical activity
  Nutrition
  Impact of food science and technological advances