“All of mankind is divided into three types of people ...those who are immovable...those who are movable...and those who move.”

Ben Franklin

WELCOME BACK!

HAPPY NEW YEAR!

Welcome back to another school year sure to include many exciting happenings in Kansas Family and Consumer Sciences Education! One change is a new newsletter format which will serve as both an update to you, but as a record for future reference rather than rely on electronic links which may prove problematic in the future. Feel free to print it off, save to your own files or read and delete...your call!

This new newsletter format will include mainly things that may have importance to you and your classroom, be it from KSDE, ACTE, AAFCS, FCCLA or myself. Resources will be mentioned, but not as we have in the past. THAT is the role of our new feature this year...our virtual FCS Program Handbook! Look for more about that during our upcoming regional workshops (see page 2 and 6).

With all that said, refer to the Ben Franklin quote above which I thought was very timely considering the present challenges facing Kansas. Which are you? I know for a fact Kansas FCS educators are on the move...improving your classroom experience, improving your pathway, improving yourself...you name it, we are on top of things! I am here to help bring you the professional development I know you are asking for to assist you in your work. This newsletter will include a rundown of the year to come, however contact me if you have issues, questions or challenges. I'm here to help. Have a GREAT school year and TAKE THE BUS!! (for those who were not at summer K-ACTE, watch the video and think about why 'traveling in groups is smarter'!)

https://www.youtube.com/watch?v=yQJZUHmoHxo

Gayla

KSDE CALENDAR DATES:

Oct 15—Nesting of Courses Request Contact grandel@ksde.org with courses, KCCMS codes, pathway name, enrollment and why nesting is needed.)


Nov 15–Mar 15—Pathway Update Submission Window

FCS PROFESSIONAL DEVELOPMENT WEBINARS

As you develop your professional development plan for this school year, remember to identify national FCS standards alignment (www.nasafacs.org) as then you could search the AAFCS webinar series to locate PD specific to content needed. These 90 minute webinars can provide PD without leaving your classroom. Review the list of webinars here and contact your consortium or PD coordinator about this opportunity:

http://www.aafcs.org/DevelopmentCenter/Webinars.asp

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SPECIAL POINTS OF INTEREST

- FY16 Reserve Perkins Block Grants will be out August 12th (watch for email) for $500 Professional Development, $2000 Equipment, $500-$1500 FCS Education Recruitment/Retention Projects
The spring, 2015 CTE survey message was loud and clear ‘we want content specific drive in workshops’. And so we listened....2015 Ag/FCS Regional Workshops are happening this Fall (see above!)

2015 AG/FCS REGIONAL WORKSHOPS

New to the Fall of 2015 are content specific drive-in workshops . Ag and Family and Consumer Sciences decided to partner efforts to encourage CTE program discussions, encourage collaboration and support for one another. The dates are as follows.. Content will be the same at each, so pick the date/location that fits your needs best:

- **August 18**—West Franklin High
  511 East Franklin, Pomona, KS
- **Sept 30**—Centralia High School
  507 Riggins Ave, Centralia, KS
- **Oct 1**—Chapman High School
  400 W 4th, Chapman, KS
- **Oct 7**—Ft Scott High School
  1005 S Main, Ft. Scott, KS
- **Oct 8**—Newton High School
  900 W 12th, Newton, KS
- **Oct 14**—South Central High School
  600 E Garfield, Coldwater, KS
- **Oct 15**—Trego Community High School
  1200 Russell Ave, Wakenney, KS


(See page 6 for the FCS agenda. Meal is included. This is a free event but registration is required.)

NEW FCS PROFESSIONAL/NEW FCCLA ADVISOR TRAINING—SEPT 16-17 (145 S BROADWAY, SALINA, KS)

If you are new to FCS and/or FCCLA, this training is for you. Day one will focus on FCCLA and end with how it’s connected to the FCS classroom. (3:30-5:00 p.m.) Day two is all about the FCS classroom, KSDE expectations, what it means to be a new FCS professional and part of the FCS family in Kansas (8:30 a.m.-2:30 p.m. with working lunch). Same location both days.

Day two (9/17) will include:

- **FCS Body of Knowledge (What is FCS?)**
- **Inquiry based/Problem based instruction**
- **Experiential learning within the FCS classroom**
- **Setting up the classroom and food labs**
- ** Maneuvering around the KSDE website**
- **Course competencies, resources, support**
- **Networking**

**Registration Deadline** for both: **Sept 2** (Each has own registration so register twice if attending both.)


2015-16 FCS RELATED EVENTS:

- **Sept 16-17**—New FCCLA Advisor/ New FCS Professional Training, Salina
- **Oct 2**—Wild about FCS Education, Kansas State University, Manhattan (See pg 3)
- **Oct 5-6**—FCS Innovative Summit, Wichita (See pg 5)
- **Oct 13**—FCS Career Day, Pittsburg State University, Pittsburg (See pg 3)
- **Nov 19-22**—Assoc. of Career and Technical Education Conference (ACTE), New Orleans, LA
- **Feb 9-10**—CTE ‘February’ Conference, Manhattan
- **Feb 24**—FCS/FCCLA Day on the Hill, Topeka (See pg 6)
- **Mar 3-4**—United FCS Association Conference, Wichita
- **June 22-25**—American Association of Family and Consumer Sciences (AAFCS) Conference—Bellevue, WA
These corporate sponsors are offering classroom support in the following manner. Take advantage of the financial and product support:

**Kansas Soybean Commission**—http://kansassoybeans.org/about-the-checkoff/youth/ 
[Right side menu: Kansas Soybeans As a Food FACS Program]

This is a reimbursement program that will pay your program $2.00 per student ($25 - $200) for using foods with soybeans within their ingredients. An extensive listing is provided and indicates LOTS of common foods have this ingredient. Videos and other educational materials are found on the site.

**Kansas Beef Council**—http://www.kansasbeef.org/ 
[Resources Menu: Beef Certificate and ProStart Program]

This program provides a grant for the purchase of beef for the FCS or ProStart classroom for labs centered around beef use. The amount varies by size of the school. If you are a new school, or replacing a teacher who may or may not have taken part, contact the council to learn school status.

**Kansas Dairy Council**—http://www.midwestdairy.com/ 
(Resource Center: School Nutrition Professional)

This resource offers many educational materials, but look under Schools and Communities—“GENYOUth” and then “programs” for a “adVenture Capital” grant opportunity for nutrition related projects. Another program “Fuel Up to Play 60” offers up to $4000 for nutrition/health project (Deadline: Nov 4, 2015)

**Learning Zone Express**—https://www.learningzonexpress.com/ 
(Top menu: Family & Consumer Sciences; Enter “Say Yes” in search box)

This source offers many FCS classroom items, but most notably, they are offering “Say Yes to FCS” posters and stickers that will include a donation to FCS teacher recruitment with each purchase.

**Kansas Pork Association**—http://www.eatpork.org/ 
[Look under Watch or Teaching or Bottom Left: Food Service]

This source has a lot of videos and recipes for your classroom on pork fabrication, to making different recipes. No financial assistance however.

**Dibble Foundation**—http://www.dibbleinstitute.org/ 
[Look under Webinars and Services—FACS Student Teacher Resources]

This foundation has sponsored the development of research based healthy relationship curriculum. Most recently, free webinars regarding current research has been sponsored as well as advocacy for Family & Consumer Sciences Education. Look for an update from Dibble in the Spring.

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**Promote FCS Education ...**

Take advantage of playing it forward by taking part in one or more of the following:

**Say YES to FCS Campaign**—Part of the 2015 Regional FCS workshop agenda will be spent on creating a Say YES to FCS campaign for Kansas. Bring your ideas and examples (if you have any)!

Where to start? go to www.nasaface.org for lesson plans, video clips and more!

**Wild About FCS Education**—Oct 2 Be sure to be in Manhattan, Kansas for the 3rd annual “Wild about FCS Education” day at Kansas State University on 10/2/15. Bring 1-2 students who would be excellent FCS teachers and learn from the faculty and staff of the College of Human Ecology. T-shirts are included. Special events for teachers are planned.

http://www.he.k-state.edu/events/fcs/

**FCS Career Day**—Oct 13 You should be in Pittsburg on 10/13/15 to learn about the FCS careers possible through the College of Family and Consumer Sciences in Pittsburg, State University. Interior design to early childhood, Fashion to FCS Education are highlighted. T-shirts and are included. Special events for teachers are planned.

http://www.pittstate.edu/department/family/

**FCS Summit at ACTE**—Nov 18 will serve as the date of the pre-ACTE conference event for FCS as FCS education strategies and recruitment discussions will occur. Plan to attend this New Orleans, LA event to take part in this event. Watch www.actonline.org for more information and registration.
FCS SPRING SURVEY RESULTS:

Each Spring, a Kansas FCS Survey is conducted asking what is happening to determine the state of FCS.

Here are some noteworthy facts:

- **KS School districts:** 256
- **KS High Schools:** 312
- **KS FCS Teachers:** 455
- **Survey Completers:** 192
- **Teacher Preps:** 81% had 4+

Top Concerns:
1. Budget cuts
2. Lack of time
3. Lack of FCS teachers (projected need: 129 by 2020)
4. Lack of funding

Students:
- Number of unique FCS students in 2013-14: 37,809
- Number of courses they took: 97,000

Number of people OUTSIDE of the classroom impacted by FCS classrooms: 275,000+

WAY TO GO KANSAS FCS !!!

HELLO NEW FCS PROFESSIONALS!!! AN INVITATION FROM, JANET HOLDEN, MENTORING CHAIR

My name is Janet Holden and I am a FCCLA Adviser at Council Grove High School and I also serve as the Mentoring Coordinator for the Kansas Association of Teachers of Family and Consumer Sciences (KATFACS). I will be working with you, a new teacher (whether fresh out of college, someone who has made a career change into FACS Education, or is "nearly" new) by holding a conference call in early September to answer any questions about first year teaching/advising, and set you up with a mentor who is in your geographic area of the state.

Don’t assume that I already have your name, please send me your name or the names of others you know are new to teaching FCS.

Thanks!

*Janet Holden*

jholden@cgrove417.org

Council Grove High School, Family & Consumer Sciences & FCCLA

620-767-5149


The annual Safe Schools conference will be help September 14-15 Hilton Garden Inn, in Manhattan, Kansas. Registration is only $25.00 and it looks to be an excellent conference.

Sessions include bullying prevention, safe prepared schools, gang-free schools, online safety, teen dating violence, drug use trends, character development and more.


For further information, please contact Kent Reed, kreed@ksde.org, (785) 296-8109.

KANSAS FCS/FCCLA PROMOTING SAFE DATING AND HEALTHY RELATIONSHIPS EDUCATION

About a year ago, Kansas FCS and FCCLA partnered with Jana’s Campaign to enhance healthy relationship education in the FCS classroom. Jana’s Campaign received grants to provide a free $300 curriculum and mini grants for local projects to Kansas FCS and their FCCLA Chapters.

In the Spring 2015 FCS survey, teachers shared 1227 students had the instruction. This is a good number as we only had a few schools trained and using the curriculum. Additional trainings occurred this summer and early fall (part of Take AIM FCCLA conference). For more information regarding the campaign, contact lovedoesnthurt@janascampaign.org. For more information about FCCLA events and mini-grants, contact Pam Lamb at plamb@ksde.org. Here is a video clip of the 2014-15 results. [http://lovedoesnthurt.janascampaign.org/2014-2015-service-project-highlights/](http://lovedoesnthurt.janascampaign.org/2014-2015-service-project-highlights/)
A recent National FCCLA survey of 30,000 FCS/FCCLA members indicated the majority learned how to communicate well with others and work with others successfully in their FCS classes. Data also indicated this skill was enhanced (across all socio-economic and race divisions) at a higher level if FCCLA was a component of their experience. (NRCCUA, 2014)

Kansas FCCLA has over 200 chapters and 4400 members. FCCLA is a good fit with any of the FCS pathways! It is a great leadership opportunity to integrate curriculum, classroom projects and other service projects with FCCLA competitive events and national programs. FCCLA allows your students to expand their leadership skills. The Fall Leadership Conferences will be held in October and November. Be sure to contact your District Adviser if you are new to your school/FCCLA district. If you don’t already have a chapter, I encourage you to start a chapter today! The New & Nearly New Adviser Workshop will be held in Salina on September 16 (Deadline: Sept 2). Check the Kansas website for more details. www.ksfccla.org

Pam Lamb, Kansas State FCCLA Advisor
900 Jackson – Suite 653, Topeka, KS 66612
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FCS INNOVATIVE SUMMIT—OCT 5-6, 2015
JOYCE FOCHT INSTRUCTIONAL CENTER, 412 S MAIN, WICHITA, KS

BRAND NEW for 2015!!! Explore these topics as KS FCS Education takes a deep dive into two current issues that impact instruction and content. Registration will be separate, but both are encouraged as they are hitting separate concepts.

ALSO NOTE, the evening of October 5th will include down time for networking and collaboration at an activity not shared with you until you get there!!! (It’s a secret!)

DAY ONE: STEM and FCS Connections ($25.00)
- What does STEM really mean?
- How is FCS foundational STEM?
- How can you link your FCS work to your school STEM efforts?
- What does it mean to “STEMify” a lesson?

TAKE AWAY: Leave with STEM in FCS understanding and lessons to use in your classroom the very next day.

DAY TWO: AAFCS Pre-PAC Training ($75.00)
- What is a pre-PAC assessment?
- Why is it my end of pathway assessment?
- How can I use the information to better my teaching?
- What can it mean to students?
- How can using it be part of my teacher evaluation (KEEP)?
- What do I need to know to administer the assessment?

TAKE AWAY: Understand pre-PAC assessment data, learn how it can improve teaching and leave pre-PAC administration certified.

Registration: (Deadline: Sept 25) 2015 FCS Innovative Summit

Summit Guest Presenter:

Dr. Lori Myers, AAFCS Director of Pre-Professional Assessment and Credentialing
FCS REGIONAL WORKSHOP AGENDA—FALL, 2015

As you know, FCS teachers will have the opportunity to gather together to address current issues that impact the FCS pathways and classroom at the Fall 2015 regional workshops.

The agenda items to be covered this Fall include:

◊ KSDE update for the 2015-16 school year;
◊ Explore the virtual FCS Program Handbook (bring your laptops!);
◊ Creation of a KS FCS recruitment and retention plan for FCS education; and
◊ Review and analyze the Human Services career pathway course competencies.

(For more information, and registration, see page 2.)

NEWS FROM THE KS FCS CLASSROOM!

This back page will be designated for sharing exciting things happening around the State. If you have items for the newsletter, send a 3-5 sentence explanation blurb, photo and/or video link to share with other FCS teachers.

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FCS/FCCLA Day on the Hill—State of Kansas Capital, Topeka, KS