The following outline is limited to the technical portion of the course competencies. Local schools must ensure that the academic foundations, communication, problem solving, information tech, safety and career development competencies are embedded within the course as well.

Please note, local schools may add to, but not delete from the competencies. Additional content is to be reflected by modifying the competency sheets to reflect the additions. All competency sheets are to be completed by the concentrators and kept on file until notified otherwise.

Technical Outline: (sample)
An Introduction to Human Development
- Major Researchers:
  - Erikson/Freud/Piaget/Montessori/Skinner
- Lifespan Development (Child, Adolescence, Adult, Senior Years)
  - Normal Behavior/Special Needs
  - Cultural Differences/Diversity Issues
- Brain Development/Functioning
  - Neuron development
  - Impact of toxins (i.e. drug use, chemicals)
  - Alzheimer’s

Understanding Change and Transitions over Life Span [Early Years: Infant/Toddler/Preschooler); Youth: (School Ager/Teen Ager/Young Adult); Adult (Middle Years); Senior Years]
- Disadvantaging conditions
  - Child/Elder Abuse
  - Physical Handicap
  - Mental/emotional disorders
- Laws and regulations
  - Elder Care/Child Care Regulations
  - Foster Home Regulations
  - ADA
- Prevention Strategies
  - Legal Guardians
  - Retirement Planning
  - Elder care Insurance
  - Estate Planning
  - Role of Family and Consumer Sciences Education as Prevention Strategy

Relationships Across the Lifespan
- Friendships, Dating/Life Partners
- Healthy/Unhealthy Relationships
- Parenting Children
  - Being a good role model
  - Importance of fathers
  - Discipline—teaching morals
Emotional support—being there
Accepting differences in children
Children’s friendships—social development
Caring for Aging Parents
Building Interpersonal Skills from birth through senior years
  Role of communication
  Impact of technology (Media, Cell Phones, Social networking)
  Decision making/Problem solving
  Conflict resolution
Personal Intervention vs Professional Assistance
  Recognition of personal needs
    Need for respect
    Need for independence
    Need for self-sufficiency
    Need for intellectual stimulation
    Need to be valued by society
  When to seek professional help
  Where to find help (profit vs non-profit entities)
  Ethics and decisions about providing/securing care (e.g. age-appropriate, working with care providers)
Career Issues in Human Growth and Development
  Legal issues related to this field (confidentiality, working with minors)
  Working within the legal system
  Role of professional organizations
  Role of family and community services occupations on local, state and national economies
    Social Service programs
    Elder care
    Foster care
    Half-way homes
  Role of advocacy