

Kansas Family and Consumer Sciences Secondary Program Standards

Kansas Family and Consumer Sciences will prepare students for family life, work/life balance and careers related to Family and Consumer Sciences.

Area of Study	Comprehensive Standards	Content Standards
1.0 Nutrition and Wellness	Demonstrate nutrition and wellness practices that enhance individual and family wellbeing across the lifespan.	
		1.1 Analyze factors that influence lifespan nutrition and wellness practices.
		1.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the lifespan.
		1.3 Apply the concepts to acquire, handle and use foods to meet nutritional and wellness needs of individuals and families across the lifespan.
		1.4 Evaluate factors that affect food safety, from production through consumption.
		1.5 Evaluate the influence and impact of science and technology on food consumption, safety and related issues.
		1.6 Analyze sources of nutrition and wellness information for accuracy of reporting and alignment to research.
		1.7 Apply principles to personal nutrition and wellness habits.
		1.9 Examine and apply appropriate skills and ethical behavior when using technology.
2.0 Human Development	Analyze factors that influence human growth and development.	
		2.1 Analyze principles of human growth and development across the lifespan.

		2.2 Analyze conditions that influence human growth and development.
		2.3 Analyze strategies that promote growth and development through over the life cycle.
		2.4 Demonstrate making wise personal decisions to enhance own development.
3.0 Interpersonal Relationships	Demonstrate respectful and caring relationships in the family, workplace and community.	
		3.1 Analyze relationship factors and demonstrate practices associated with healthy relationships across families, communities and the workplace.
		3.2 Use appropriate communication strategies for the most effective outcomes in relationships through a variety of settings.
		3.3 Assess the use of appropriate conflict prevention and management skills in families, communities and the workplace.
		3.4 Analyze positive and negative impact of technology on relationships.
		3.5 Demonstrate skills in leadership and teamwork that guide interpersonal relationships across various settings.
4.0 The Family	Evaluate the significance of family and its impact on the wellbeing of individuals and society.	
		4.1 Analyze the impact of family as a system on individuals and the society.

		4.2 Analyze the effects of diverse perspectives, needs and characteristics on individuals and families.
		4.3 Compare and contrast family friendly practices and policies to promote work/life balance.
		4.4 Demonstrate knowledge and skills needed to solve family conflicts.
		4.4 Analyze physical and emotional factors related to creating and maintaining a healthy family.
5.0 Parenting	Evaluate the effects of parenting roles and responsibilities on strengthening the wellbeing of individuals and families across the lifespan.	
		5.1 Analyze roles and responsibilities of providing for the needs of children.
		5.2 Evaluate parenting practices that maximize normal human growth and development.
		5.3 Evaluate external support systems that provide services for parents.
		5.4 Analyze the relationship between parenting practices and health of families.
6.0 Consumer Personal Management	Evaluate management practices related to the human, economic and environmental resources.	
		6.1. Demonstrate making decisions based on sound management of individual and family resources including food, clothing, shelter, health care, recreation, transportation time and human capital.
		6.2 Analyze the relationship of the environment to family and consumer resources.

		6.3 Analyze policies that support consumer rights and responsibilities.
		6.4 Evaluate the positive and negative effects of technology on individual and family resources. .
		6.5 Analyze relationships between the economic system and consumer actions.
		6.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span.
		6.7. Analyze relationships with money and things that impact the emotional and social health of relationships.
		6.8 Demonstrate ability to make intelligent consumer choices.
		6.9 Analyze the relationship between personal values, life goals and career interests to financial, time and resource investment.
7.0 Family, Career and Community Connections	Integrate multiple roles and responsibilities in and across family, work and community settings.	
		7.1 Analyze strategies to manage multiple roles and responsibilities (i.e. individual, family, career community and global).
		7.2 Differentiate transferable and employability skills in school, community and workplace settings.
		7.3 Evaluate the impact of personal, family and community demands on the individual.
		7.4 Demonstrate applying the Family and Consumer Sciences process skills to solve practical problems.
		7.5 Demonstrate skills needed to enhance life independence.

