

## Kansas Family and Consumer Sciences Middle Level Program Standards

*Kansas Middle Level Family and Consumer Sciences will provide students with foundational life literacy to enhance their ability to become independent and productive citizens in family and work life.*

Area of Study	Comprehensive Standards	Content Standards
1.0 Personal Development	Demonstrate foundational life literacy skills.	
		1.1 Identify Maslow’s hierarchy of needs on meeting basic needs.
		1.2 Analyze factors that impact development of self-esteem and self-worth.
		1.3 Assess personal hygiene and self-care strategies.
		1.4 Analyze the benefits of making intelligent decisions.
		1.5 Demonstrate effective communication skills.
		1.6 Analyze role of communication on preventing conflicts with friends, family and others.
		1.7 Apply problem-solving strategies to real-life situations.
		1.8 Demonstrate strategies for respecting self and others.
		1.9 Understand and practice appropriate skills and ethical behavior when using technology.
		1.10 Evaluate the importance of building foundational life literacy skills.
2.0 Healthy Relationships	Demonstrate positive relationship skills and understanding of others at school, in the community and at home.	
		2.1 Analyze the importance of family and the role families play in personal development.
		2.2 Analyze how to be a responsible and supportive family member.
		2.3 Evaluate the needs of children regarding safety, activities, food and positive discipline techniques.
		2.4 Demonstrate appreciation and support for family members and others.

		2.5 Demonstrate the qualities necessary for successful friendships and how to handle peer pressure in a positive manner.
		2.6 Analyze the negatives and positives of technology on the health of relationships.
		2.7 Understand what it means to be a good community citizen.
		2.8 Analyze the impact of one person through volunteering, serving as a community leader and working for the common good.
3.0 Personal Resource Management	Practice foundational personal management, consumer and personal finance skills to meet personal goals.	
		3.1 Apply leadership and cooperative learning skills to achieve personal goals.
		3.2 Practice personal management skills in a variety of settings.
		3.3 Distinguish the difference between needs and wants.
		3.4 Analyze impact of personal financial decisions on the family, community and the environment.
		3.5 Identify the basics of financial planning.
		3.6 Investigate basic roles and responsibilities of the consumer.
		3.7 Identify and apply wise consumer practices.
4.0 Healthy Living Environment	Analyze management and organization of personal possessions to promote safety and healthy living environment.	
		4.1 Evaluate personal and shared living spaces for function and meeting needs of self and family.
		4.2 Apply concepts of personal safety in physical environments.
		4.3 Analyze storage needs of personal possession that fits lifestyle and space.

5.0 Nutrition, Wellness and Food Preparation	Demonstrate foundational nutrition, wellness and food preparation knowledge and skills to enhance individual and family well-being.	
		5.1 Apply nutrition basics in making healthy food choices.
		5.2 Assess personal exercise and sleep habits to enhance health.
		5.3 Apply wellness concepts to live a healthy lifestyle.
		5.4 Apply nutrition concepts to prepare healthy food.
		5.5 Analyze food sources and practices that impact the nutritional value of the food we consume.
		5.6 Demonstrate food preparation and food safety concepts when preparing healthy food.
		5.7 Demonstrate kitchen safety and personal sanitation habits in food labs.
		5.8 Utilize basic kitchen math while preparing food.
		5.9. Create a safe and effective work environment.
6.0 Apparel and Textiles	Analyze personal decisions regarding apparel and its role in meeting physical, social and emotional needs.	
		6.1. Analyze needs met through apparel decisions.
		6.2 Compare and contrast different price points of clothing to determine best value.
		6.3 Analyze factors in making wise apparel decisions.
		6.4 Practice appropriate repair and care of apparel as a means of extending life of item.
7.0 Career Readiness	Demonstrate foundational knowledge and skills for success in career and work.	
		7.1 Investigate interest aptitudes and abilities to align to careers that meet personal needs and interests.
		7.2 Research and create a plan of study based upon personal interests through high school and beyond.
		7.3 Evaluate of basic life literacy skills provides a foundational readiness for all career clusters.

		7.4 Analyze the technical knowledge and skill development needed for specific career clusters.
8.0 FCS Career Awareness	Demonstrate foundational skills in Family and Consumer Sciences careers.	
		8.1 Identify careers that are part of the Family and Consumer Sciences family.
		8.2 Analyze the relationship between life literacy skills and human services careers.
		8.3 Analyze the technical knowledge and skills needed to be successful in Family and Consumer Sciences related careers.
		8.4 Demonstrate safety practices and techniques related to practicing foundational occupational skills in community and laboratory settings.
		8.5 Develop foundational culinary skills.
		8.6 Develop foundational apparel design and production skills.
		8.7 Develop foundational early childhood education skills.
		8.8 Develop foundational interior design skills.
		8.9 Develop foundational skills needed to work in the field of geriatrics.
		8.10 Develop foundational understanding of role of credit counselling and family financial planning skills.
		8.11 Develop foundational hospitality and lodging skills.
		8.12 Develop foundational family and consumer sciences teaching skills.

## Kansas Family and Consumer Sciences Secondary Program Standards

*Kansas Family and Consumer Sciences will prepare students for family life, and work/life balance as it relates to improving the quality of life for individuals, families and the communities in which they live.*

Area of Study	Comprehensive Standards	Content Standards
1.0 Nutrition and Wellness	Demonstrate nutrition and wellness practices that enhance individual and family wellbeing across the lifespan.	
		1.1 Analyze factors that influence lifespan nutrition and wellness practices.
		1.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the lifespan.
		1.3 Apply the concepts to acquire, handle and use foods to meet nutritional and wellness needs of individuals and families across the lifespan.
		1.4 Evaluate factors that affect food safety, from production through consumption.
		1.5 Evaluate the influence and impact of science and technology on food consumption, safety and related issues.
		1.6 Analyze sources of nutrition and wellness information for accuracy of reporting and alignment to research.
		1.7 Apply principles to personal nutrition and wellness habits.
		1.9 Examine and apply appropriate skills and ethical behavior when using technology.
2.0 Human Development	Analyze factors that influence human growth and development.	
		2.1 Analyze principles of human growth and development across the lifespan.
		2.2 Analyze conditions that influence human growth and development.

		2.3 Analyze strategies that promote growth and development through over the life cycle.
		2.4 Demonstrate making wise personal decisions to enhance own development.
3.0 Interpersonal Relationships	Demonstrate respectful and caring relationships in the family, workplace and community.	
		3.1 Analyze relationship factors and demonstrate practices associated with healthy relationships across families, communities and the workplace.
		3.2 Use appropriate communication strategies for the most effective outcomes in relationships through a variety of settings.
		3.3 Assess the use of appropriate conflict prevention and management skills in families, communities and the workplace.
		3.4 Analyze positive and negative impact of technology on relationships.
		3.5 Demonstrate skills in leadership and teamwork that guide interpersonal relationships across various settings.
4.0 The Family	Evaluate the significance of family and its impact on the wellbeing of individuals and society.	
		4.1 Analyze the impact of family as a system on individuals and the society.
		4.2 Analyze the effects of diverse perspectives, needs and characteristics on individuals and families.
		4.3 Compare and contrast family friendly practices and policies to promote work/life balance.
		4.4 Demonstrate knowledge and skills needed to solve family conflicts.

		4.4 Analyze physical and emotional factors related to creating and maintaining a healthy family.
5.0 Parenting	Evaluate the effects of parenting roles and responsibilities on strengthening the wellbeing of individuals and families across the lifespan.	
		5.1 Analyze roles and responsibilities of providing for the needs of children.
		5.2 Evaluate parenting practices that maximize normal human growth and development.
		5.3 Evaluate external support systems that provide services for parents.
		5.4 Analyze the relationship between parenting practices and health of families.
6.0 Consumer Personal Management	Evaluate management practices related to the human, economic and environmental resources.	
		6.1. Demonstrate making decisions based on sound management of individual and family resources including food, clothing, shelter, health care, recreation, transportation time and human capital.
		6.2 Analyze the relationship of the environment to family and consumer resources.
		6.3 Analyze policies that support consumer rights and responsibilities.
		6.4 Evaluate the positive and negative effects of technology on individual and family resources.
		6.5 Analyze relationships between the economic system and consumer actions.
		6.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span.
		6.7. Analyze relationships with money and things that impact the emotional and social health of relationships.
		6.8 Demonstrate ability to make intelligent consumer choices.

		6.9 Analyze the relationship between personal values, life goals and career interests to financial, time and resource investment.
7.0 Family, Career and Community Connections	Integrate multiple roles and responsibilities in and across family, work and community settings.	
		7.1 Analyze strategies to manage multiple roles and responsibilities (i.e. individual, family, career community and global).
		7.2 Differentiate transferable and employability skills in school, community and workplace settings.
		7.3 Evaluate the impact of personal, family and community demands on the individual.
		7.4 Demonstrate applying the Family and Consumer Sciences process skills to solve practical problems.
		7.5 Demonstrate skills needed to enhance life independence.




## Kansas Family and Consumer Sciences Occupational Secondary Program Standards

*Kansas Occupational Family and Consumer Sciences will prepare students for careers related to Family and Consumer Sciences through the career cluster pathway system of skill set mastery.*

CIP Code Cluster Pathway	Comprehensive Standards	Content Standards
13.0101 Education and Training-- <i>Teaching/Training</i>	<b>Integrate knowledge and technical skills into effective practices required for careers in education, training and related services.</b> (FCS National Standards: 4.0 Area of Study, 12.0 Area of Study and 13.0 Area of Study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )	
	For comprehensive and content standards, see <a href="http://www.ksde.org">www.ksde.org</a> under Education and Training Career Cluster for the <i>Teaching/Training</i> pathway or <a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-A-E/Education-Training-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-A-E/Education-Training-CTE-Career-Cluster</a>	



<b>19.0709</b> Human Services-- <i>Early Childhood Development and Services</i>	<b>Integrate knowledge and technical skills into effective practices required for careers in early childhood education, child development and related services.</b> (FCS National Standards: 4.0 Area of Study, 6.0 Area of Study, 12.0 Area of Study and 15.0 Area of Study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )
	For comprehensive and content standards, see <a href="http://www.ksde.org">www.ksde.org</a> under Human Services Career Cluster for the <i>Early Childhood Development and Services</i> (ECDS), one of three pathways found in this cluster or <a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster</a>
<b>19.0799</b> Human Services-- <i>Family, Community and Consumer Services</i>	<b>Synthesize knowledge, technical skills and practices to improve the well-being on individuals and families and integrate them as required for careers in family and human services.</b> (FCS National Standards: 1.0 Area of Study, 2.0 Area of Study, 3.0. Area of Study, 6.0 Area of Study, 7.0 Area of Study, 9.0 Area of Study, 12.0 Area of Study, 13.0 Area of Study, 14.0 Area of Study and 15.0 Area of Study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )
	For comprehensive and content standards, see <a href="http://www.ksde.org">www.ksde.org</a> under Human Services Career Cluster for the <i>Family, Community and Consumer Services</i> (FCCS), the second of three pathways found in this cluster or <a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster</a>
<b>19.099</b> Human Services-- <i>Fashion, Apparel and Interior Design</i>	<b>Integrate knowledge and technical skills and practices required for careers in textiles, fashion, apparel, housing and interiors.</b> (FCS National Standards: 2.0 Area of Study, 5.0 Area of Study, 11. Area of Study, and 16.0 Area of study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )
	For comprehensive and content standards, see <a href="http://www.ksde.org">www.ksde.org</a> under Human Services Career Cluster for the <i>Fashion, Apparel and Interior Design</i> (FAID), the third of three pathways found in this cluster or <a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Human-Services-CTE-Career-Cluster</a>
<b>12.0504</b> Hospitality and Tourism-- <i>Restaurant and Event Management</i>	<b>Synthesize knowledge and technical skills into effective practices than enhance the well-being of individuals and families as related to food and nutrition and integrate them as required for careers in food science and technology, hospitality, culinary arts and event management.</b> (FCS National Standards: 1.0 Area of Study, 8.0 Area of Study, 9.0 Area of Study, 10.0 Area of Study, and 14.0 Area of Study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )
	For comprehensive and content standards , see <a href="http://www.ksde.org">www.ksde.org</a> under Hospitality and Tourism Career Cluster for the <i>Restaurant and Event Management</i> pathway or

	<a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Hospitality-Tourism-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Hospitality-Tourism-CTE-Career-Cluster</a>
<b>52.0901</b> Hospitality and Tourism-- <i>Travel and Tourism</i>	<b>Integrate knowledge, technical skills and practices required for careers in tourism, facilities management and recreation.</b> (FCS National Standards: 1.0 Area of Study 5.0 Area of Study, 10.0 Area of Study, <a href="http://www.nasafacs.org">www.nasafacs.org</a> )
	For comprehensive and content standards , see <a href="http://www.ksde.org">www.ksde.org</a> under Hospitality and Tourism Career Cluster for the <i>Travel and Tourism pathway</i> or <a href="https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Hospitality-Tourism-CTE-Career-Cluster">https://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-F-L/Family-and-Consumer-Sciences/Hospitality-Tourism-CTE-Career-Cluster</a>
<p>Family and Consumer Sciences knowledge and technical skills are practiced and demonstrated in authentic, real world applications through the career and technical student organization Family, Career and Community Leaders of America (or FCCLA).</p> <p><i>For more information contact:</i>          Pam Lamb, State FCCLA Advisor          900 SW Jackson, Topeka, KS 66612          785-296-2164  <a href="mailto:plamb@ksde.org">plamb@ksde.org</a></p> 	
<p>Family and Consumer Sciences standards were developed through a collaborative effort of classroom teachers, post-secondary teacher educators, department chairs, community partners and industry experts. The occupational standards are updated every five (5) years.</p> <p><i>For more information contact:</i>          Gayla Randel, Education Program Consultant          Family and Consumer Sciences          Lead Consultant—Human Services, Hospitality and Tourism and Education and Training          900 SW Jackson, Topeka, KS 66612          785-296-4912  <a href="mailto:grandel@ksde.org">grandel@ksde.org</a></p> 	
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