


# Individual Plan of Study

## Secondary Schools Student Readiness Worksheet

Individual plans of study are intended to help all Kansas students obtain a suitable vision of their path toward college and career readiness. As students navigate through high school and into career and college, it is imperative that students set educational goals and create a roadmap for success in high school and beyond. This roadmap, or individual plan of study, includes development of a flexible career focus and an education plan that is clearly-defined, rigorous, and relevant to assure a successful and efficient transition to postsecondary education and/or the workforce.

<b>6<sup>th</sup> Grade</b>	<input type="checkbox"/> Establish Xello Profile – Xello “About Me” <input type="checkbox"/> Xello “Interests”, “School Subjects at Work”, “Decision Making”, “Time Management” <input type="checkbox"/> Projects: About Me, Goal Setting, Future Me <input type="checkbox"/> Self-Reflection (end of year)		
<b>7<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello “About Me” Profile Update <input type="checkbox"/> Xello “Career Matchmaker Quiz”, “Learning Style Quiz”, “Exploring Learning Styles”, “Discovering Learning Pathways”, “Biases and Career Choices”, “Jobs and Employers” <input type="checkbox"/> Projects: Public Service Announcement, Peace Project <input type="checkbox"/> Self-Reflection (end of year)		
<b>8<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello “About Me” Profile Update <input type="checkbox"/> Begin four-year high school course plan/IPS (Xello Course Planner) <input type="checkbox"/> Xello “Career Matchmaker Quiz”, “Skills”, “Explore Career Matches”, “Transition to High School”, “Self-Advocacy” <input type="checkbox"/> Career Fair <input type="checkbox"/> Goal Setting <input type="checkbox"/> Project: Community Service Project <input type="checkbox"/> Self-Reflection/Revisit Goals (end of year) <input type="checkbox"/> Presentation of IPS Plan/Electronic Portfolio/Xello “About Me”	1 <sup>st</sup> Semester GPA ↓	2 <sup>nd</sup> Semester GPA ↓
<b>9<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello “About Me” Profile Update <input type="checkbox"/> Xello “Career Matchmaker Quiz”, “Personality Styles”, “Exploring Career Factors”, “Getting Experience” and “Study Skills and Habits” <input type="checkbox"/> Career Fair (optional) <input type="checkbox"/> Goal Setting <input type="checkbox"/> Skill: Letter of Recommendation Prep <input type="checkbox"/> IPS Review and Adjustments 2 x year (Xello Course Planner) <input type="checkbox"/> Self-Reflection/Revisit Goals (end of year) <input type="checkbox"/> Presentation of IPS Plan/Electronic Portfolio/Xello “About Me”	Cumulative GPA:	
<b>10<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello “About Me” Profile Update <input type="checkbox"/> Xello “Career Matchmaker Quiz”, “Personality Styles”, “Work Values”, “Careers & Lifestyle Costs”, “Workplace Skills & Attitudes” and “Program Prospects” <input type="checkbox"/> College/Tech. School Military Post Secondary Entrance Requirements <input type="checkbox"/> Career Fair (optional) <input type="checkbox"/> Goal Setting <input type="checkbox"/> Skill: Academic Resume <input type="checkbox"/> IPS Review and Adjustments 2 x year (Xello Course Planner) <input type="checkbox"/> Self-Reflection/Revisit Goals (end of year) <input type="checkbox"/> Presentation of IPS Plan/Electronic Portfolio/Xello “About Me”	Cumulative GPA:	

<b>11<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello "About Me" Profile Update <input type="checkbox"/> Xello "Career Matchmaker Quiz", "Personality Styles", "Choosing a College or University", "Career Demand", "Entrepreneurial Skills" and "Work/Life Balance" <input type="checkbox"/> Career Fair (optional) <input type="checkbox"/> Goal Setting <input type="checkbox"/> Skill: College/Career Applications <input type="checkbox"/> IPS Review and Adjustments 2 x year (Xello Course Planner) <input type="checkbox"/> Begin Marking "College Ready" OR "Career Ready" Indicators on Page 2 <input type="checkbox"/> Self-Reflection/Revisit Goals (end of year) <input type="checkbox"/> Presentation of IPS Plan/Electronic Portfolio/Xello "About Me"		Cumulative GPA:
<b>12<sup>th</sup> Grade</b>	<input type="checkbox"/> Xello "About Me" Profile Update <input type="checkbox"/> Xello "Career Matchmaker Quiz", "Personality Styles", "Defining Success", "Career Backup Plans", "Job Interviews" and "Career Path Choices" <input type="checkbox"/> Career Fair (optional) <input type="checkbox"/> Senior Checklist/Goal Setting <input type="checkbox"/> Skill: Scholarly Essay Writing <input type="checkbox"/> Financial Aid (FAFSA/Scholarship Search) <input type="checkbox"/> IPS Review and 6-Year Plan (Xello Course Planner) <input type="checkbox"/> Begin Marking "College Ready" OR "Career Ready" Indicators on Page 2 <input type="checkbox"/> Presentation of IPS Plan/Electronic Portfolio/Xello "About Me"		Cumulative GPA:

### College Ready

### Career Ready

<b>Academic Indicators</b>  <i>GPA 2.8 out of 4.0 and one or more of the following academic indicators:</i>  <input type="checkbox"/> AP Exam (3+) <input type="checkbox"/> AP Course (A, B or C) <input type="checkbox"/> Dual Credit College English and/or Math (A, B or C)	<b>OR</b>	<b>Standardized Testing Benchmarks</b> <i>(Minimum Score)</i>  <input type="checkbox"/> SAT Math (530) <input type="checkbox"/> SAT Read/Writing (480)  * * * * * <input type="checkbox"/> ACT Math (22) <input type="checkbox"/> ACT English (18) <input type="checkbox"/> ACT Science (23) <input type="checkbox"/> ACT Reading (22)	<b>AND</b>	<b>Career Cluster Identified</b>  <input type="checkbox"/> Agriculture, Food & Natural Resources <input type="checkbox"/> Architecture & Construction <input type="checkbox"/> Arts, A/V Technology & Communications <input type="checkbox"/> Business Management & Administration <input type="checkbox"/> Education & Training <input type="checkbox"/> Finance <input type="checkbox"/> Government & Public Administration <input type="checkbox"/> Health Science <input type="checkbox"/> Hospitality & Tourism <input type="checkbox"/> Human Services <input type="checkbox"/> Information Technology <input type="checkbox"/> Law, Public Safety, Corrections & Security <input type="checkbox"/> Manufacturing <input type="checkbox"/> Marketing <input type="checkbox"/> Science, Technology, Engineering & Mathematics <input type="checkbox"/> Transportation, Distribution & Logistics	<b>Benchmarks</b>  <i>One or more of the following benchmarks:</i>  <input type="checkbox"/> 90% Attendance <input type="checkbox"/> 25 hours of Community Service <input type="checkbox"/> Workplace Learning Experience <input type="checkbox"/> Industry Credential <input type="checkbox"/> Dual Credit Career Pathway Course <input type="checkbox"/> Two or more organized Co-Curricular activities <input type="checkbox"/> ASVAB
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**References:**

National College and Career Readiness Indicators: <https://www.redefiningready.org/>

Xello: <https://help.xello.world/>

Kansas IPS One Page Rubric:

[https://www.ksde.org/Portals/0/CSAS/CSAS%20Home/Plan\\_of\\_Study/IPS%20One%20Page%20Rubric.pdf?ver=2017-08-31-163948-923](https://www.ksde.org/Portals/0/CSAS/CSAS%20Home/Plan_of_Study/IPS%20One%20Page%20Rubric.pdf?ver=2017-08-31-163948-923)

Kansas Can Competencies: <https://ksdetasn.org/competency>