



Child Nutrition & Wellness

Kansas State Department of Education
Landon State Office Building
900 SW Jackson Street, Suite 251
Topeka, Kansas 66612-1212

(785) 296-2276
(785) 296-0232 - fax
www.ksde.org

CACFP UPDATE September 23, 2016

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv
As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

CACFP Nutrition News – NEW LOOK!

The October edition of the CACFP NUTRITION NEWS has a new look and is now available on-line at www.kn-eat.org, CACFP, Newsletters. The newsletter features information about Farm to Plate Month and Midwest Apple Crunch Day, a recipe for Smokin' Powerhouse Chili in the Cook's Corner and a physical activity idea in the new Get Moving section. Share the newsletter with providers and/or families with children in care.

Certification for 2017

Thank you to those Sponsors who have submitted their 2017 packets for certification in KN-CLAIM. Consultants are currently working through certification documents to approve Sponsors for the 2017 program year. If certification information has not been submitted, sponsors can find information for certification at www.kn-eat.org, CACFP, Program Certification. In order to be able to participate in CACFP for the 2017 Program Year, beginning October 2016, Sponsor's must complete program certification requirements by October 14 in order to allow sufficient time for KSDE consultants to review and approve.

October Claim Reminder – Centers Only

Centers must report the number of free, reduced price and paid participants on their October claims. The number of participants in each category are reported in the "Center Income Eligibility Categories" (IEC) section of the Center Claim. Sponsors will also be required to upload the IEC Summary into KN-CLAIM this program year. A quick train video, entitled Income Eligibility Categories Summary (Form 12-C) is available at www.kn-eat.org, CACFP, Training, Quick Train Videos to assist sponsors in completing and uploading their IEC list. An Excel version of Form 12-C that is sortable by participant name and income form date columns is available at www.kn-eat.org, Administrative Handbook, Claiming Reimbursement.

Head Start Sites – A child who is enrolled in Head Start is categorically eligible for the free CACFP category. The Head Start Official must sign and date a list of children that are enrolled in Head Start to certify they are eligible for free meals. The list must include: first and last names of each eligible child, statement certifying that these children are enrolled in Head Start, and signature and date of the Head Start determining official. The certification list must be completed and retained on file with eligibility and enrollment documentation. Sponsors may use Form 9-B, Categorical Eligibility Summary to meet this requirement. Reminder - a CACFP Enrollment Form is required for all Head Start Children.

At-Risk Afterschool Meals Sites and **Emergency Shelters** are not required to report IEC numbers as all participants are paid at the free rate of reimbursement.

Tuesday Talk and Train Webinar - Reporting and Determining Income Eligibility September 27, 1:00 pm

Learn how to prepare and submit the Income Eligibility Categories Summary as part of the October claim. Join the webinar at <https://meet.lync.com/ksde/jladd/K97P6YN3>. Audio for the webinar can be heard either through your computer speakers (if your computer has a microphone) or by calling 1-866-620-7326 and entering the conference code 7852962276# when prompted. A tip sheet on setting up your computer to use Skype for Business is posted to www.kn-eat.org, CACFP, Training.

USDA Updates

Feeding Infants and Meal Pattern Requirements in the CACFP; Questions and Answers (CACFP 23-2016)

USDA released guidance on feeding infants and the infant meal pattern requirements in the CACFP. This memo also includes Questions and Answers. KSDE will provide training on the new meal pattern requirements via in-person trainings in 2017.

Conducting 5-Day Reconciliation in the CACFP, with Questions and Answers (CACFP 24-2016)

The purpose of this policy memo was to clarify policy, answer questions, and consolidate guidance regarding the requirement that all reviews of day care homes and sponsored centers in the CACFP include the reconciliation of meal counts with enrollment and attendance records for five consecutive days.

Vegetable and Fruit Requirements in the CACFP; Questions and Answers (CACFP 25-2016)

USDA issued guidance regarding vegetable and fruit requirements established in the updated meal pattern requirements for CACFP. KSDE will incorporate the information into trainings and resources developed to assist sponsors in implementing the updated meal pattern requirements which become effective October 2017.

Meal Service during Unanticipated School and Day Care Closures (CACFP 26-2016)

USDA has clarified that at-risk afterschool meals and snacks can be served during unanticipated school closures. On days when schools are closed, sponsors of At-Risk Afterschool Meals may serve a snack and a breakfast, lunch or supper meal to participants.

At-Risk Afterschool Meals

Help students make the grade this school year by serving At-Risk Afterschool Meals to school aged children in lower income areas. With school budgets being tighter than ever and some districts choosing to go to 4-day weeks, ensuring that children have access to nutritious meal and snacks when school is not in session is more important than ever in order for students to achieve both in and outside of the classroom. Qualified sites providing educational or enrichment activities after the end of the school day, on weekends or on holidays during the school year can receive reimbursement at the free rate for all meals/snacks that are served. Interested in learning more? Contact Jill Ladd at jladd@ksde.org, Laura Hodgson at lhodgson@ksde.org, or call 785-296-2276.

CHAMPS Grant Deadline Extended

Grants are still available for Kansas cities to establish and expand year-round meal programs through the CHAMPS Project, a partnership between the National League of Cities, the Food Research and Action Center, the Walmart Foundation and Kansas Appleseed Center for Law and Justice. While applications must be submitted by city agencies, the project allows for cities to re-grant funds to school districts, non-profits and other meal program partners. Grants will be awarded to cities committed to expanding At-Risk Afterschool Meals and the Summer Food Service Program. Grant decisions will be made on a rolling basis until December 14 or until funding runs out. Please visit the [NLC website](#) for CHAMPS Project information, or contact [Benet Magnuson](#) at Kansas Appleseed with questions about the project.

Training Opportunities

Jump Start for Centers

Jump Start for Centers is required for all new authorized representatives of centers and recommended for new support staff who provide assistance to the authorized representative. The classes are repeated through the year. The schedule and registration information is at www.kn-eat.org, CACFP, Training. The next two classes will be on October 11 in Overland Park and November 10 in Wichita. This free training class includes sessions on CACFP Administrative Integrity and Meals Done Right.

KSDE Quick Train Videos

The following quick train videos are available at www.kn-eat.org, CACFP, Training, Quick Train Videos: Civil Rights Compliance in Child Nutrition Programs, Confidentiality in Child Nutrition Programs, The Enrollment and Income Eligibility Form, Determining Eligibility Example, Income Eligibility Categories Summary.

Kansas State Department of Education Awarded the 2016 Team Nutrition Training Grant from USDA Food and Nutrition Service

The United States Department of Agriculture Food and Nutrition Service has awarded the 2016 Team Nutrition Training Grant to Kansas State Department of Education (KSDE) to expand and enhance training for child care professionals working to support healthy environments for our nation's youth. Kansas will receive \$496,623 to expand its training programs that incorporate and implement the newly released CACFP meal pattern and 2015-2020 Dietary Guidelines for Americans in meals served under the Child and Adult Care Food Program (CACFP). The grant will be used to provide training and technical assistance to child nutrition professionals enabling them to prepare and serve nutritious meals that appeal to children; increase nutrition education through multiple communication channels to have the knowledge, skills, and motivation to make healthy food and physical activity choices as part of a healthy lifestyle; and build support for healthy school and child care environments that encourage nutritious food choices and physically active lifestyles.

Farm to Plate Month

October is National Farm to Plate Month, a time to recognize the importance of farm to plate programs as a means to improve child nutrition, support local economies and educate children about the origins of food. National Farm to Plate Month is a great opportunity to plan a new farm to plate activity, organize a special celebration of current efforts, or initiate a new partnership. Join a number of Midwest states in celebrating National Farm to Plate Month by crunching into locally and regionally grown apples at NOON on Thursday, Oct. 13, 2016. The Midwest Great Apple Crunch is a fun way to connect food and agriculture to all kinds of classroom curricula – from science to art. Unable to participate on Oct. 13, or exactly at noon? Plan an Apple Crunch event anytime during October. By signing up to participate at <http://www.cfra.org/f2smoonth>, sponsors can download the Apple Crunch Guide with a variety of resources and links.

Kansas Health Champion Nominations

As part of the effort to help Kansans improve their health, each year the Governor recognizes an individual and an organization that puts forth an exceptional effort to model, encourage, and promote wellness in Kansas. Know an individual or organization who has modeled, encouraged or promoted health and wellness? Nominate them at www.surveymonkey.com/results/SM-FMY3XGGR/ for the 2016 Kansas Health Champion Award! Nominations are due September 30, 2016.

Year in Review!

Thank you for all you do to care for Kansas children and adults participating in the CACFP. As the 2016 program year comes to a close, many thanks to all CACFP sponsors and providers for the care of children and adults in your programs. Children are our future and healthy, happy children will make our future brighter. Participants in adult programs can continue to be with family and in the community longer because of your care. You are an important person doing important work. THANK YOU!! We look forward to working with all of you in the coming year!

Jill & Cheryl