

# KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL MINUTES



## School Mental Health Advisory Council

### Details

Date: October 14, 2021

Time: 9 am –2 pm

Location: Zoom

Welcome, Kathy Busch, Chair at 9:00 AM

### Roll Call

Members: Members (x present, blank absent):

x	Kathy Busch	x	Leia Holley	x	Kimberly O'Connor
x	Jean Clifford	x	Tamara Huff		Judi Rodman
					Melanie Scott
	Dr. Jane Groff	x	Dr. Ken Hughey	x	Shirley Scott
x	Samantha Brown (lv at	x	Kimber Kasitz	x	Idalia Shuman
	Shelby Bruckerhoff		Mallory Keeffe	x	Rachelle Soden/Pam Noble sub
x	Tracie Chauvin	x	Kathy Kersenbrock-Ostmeyer (ab 12-2:00)	x	Dinah Sykes
x	Jose Cornejo (ab 10-11:00)	x	Monica Kurz	x	Mark Torkelson
x	Misti Czarnowsky		Ronny Lieurance	x	Kelsee Torrez (10-11:30 ab)
	Sherry Dumolien		Lori Marshall		Ryan Vaughn
x	Diane Gjerstad	x	Melody Martin	x	Juliane Walker
		x	Dr. John McKinney	x	Pam Weigand
x	Laura Hattrup	x	Kathy Mosher	x	Holly Yager
	John Heim		Monica Murnan		
x	Gary Henault		Deana Novack		

Attendance: 25 present Quorum (20)

KSDE Staff:

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x	Bert Moore		Kerry Haag		
x	Barb Depew/Cheryl Johnson sub	x	John Calvert		
x	Kayla Love	x	Myron Melton		
x	Kent Reed	x	Shanna Bigler	x	Kelli Byrne

Guests: Nichole Stafford, Derek Knopp, Pamela Noble (KCSL),

### Approval of Agenda

Motion to approve: Diane Gjerstad  
 Second: Kathy Kersenbrock-Ostmeyer  
 Action: Motion Passed

### Approval of Minutes

Motion to approve: Melody Martin  
 Second: Juliane Walker  
 Comments: None  
 Action: Motion Passed

### Public Comments

No public comments. Closed at 9:10 a.m.

### Introductions of New Members

Kathy Busch

- Tracie Chauvin, coordinator for social emotional learning for Kansas City Public Schools.
- Samantha Brown, school mental health liaison for USD 383 Manhattan Ogden
- Sherry Dumolien, director of special education for Shawnee Mission school district
- Idalia Shuman, director of teaching and learning with KNEA
- Tamara Huff, Kansas Parent Information Resource Center
- Melanie Scott who will represent school counselors
- Mallory Keefe who will represent foster care
- Senator Diana Sykes

### Suicide – Cluster Update, State Support, 988

Monica Kurz and Shanna Bigler

- Shanna Bigler spoke of the recent suicide clustering and working closely with Monica Kurz and John Calvert
- Monica Kurz, Kansas Suicide Prevention Headquarters (KSPHQ) –
  - Presented new data from Kansas Department of Health and Environment (KDHE) and suicide best practices to help support students and school districts
  - KDHE infographics shared that showed analysis of data from 2015-2018
    - Data is provided from the violent death reporting system in Kansas
    - Suicide has increased by 70% between 2015 and 2018
    - Breakups are contributing along with family relationship problems and school problems

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- KDHE report on Kansas Emergency Department data looking at three separate seasons
- Girls were 3 times more likely to be in the emergency department for a suicide attempt over the last 18 months of the pandemic when compared to their male peers
- A Postvention Plan are those activities that a school district or community does following a death or suicide attempt
- Does your school and/or community have comprehensive postvention plans in place?
- The goal is to support loss survivors and get out accurate information to the community
- Community Stakeholders need to be involved with the school district to develop a postvention plan
  - Varying level of detail in crisis plans
  - Is your plan district centered or do you have community involvement in the plan – what are others in the community seeing and coordinating a response
- Resource listed for the Kansas Suicide Prevention, Response and Postvention Toolkit:
  - <https://www.ksde.org/Agency/Division-of-Learning-Services/Student-Staff-Training/Prevention-and-Responsive-Culture/Suicide-Awareness-and-Prevention/Kansas-Suicide-Prevention-Response-and-Postvention-Toolkit>
  - Youth Suicide Infographic  
[https://www.kdheks.gov/idp/download/Zero\\_Suicide\\_Info\\_Graphic\\_Ages%2010-17.pdf](https://www.kdheks.gov/idp/download/Zero_Suicide_Info_Graphic_Ages%2010-17.pdf)
  - Emergency Department Visits Report  
[https://www.kdheks.gov/zero\\_suicide/download/Data\\_Report\\_EDV\\_for\\_Suspected\\_Suicide\\_Attempts](https://www.kdheks.gov/zero_suicide/download/Data_Report_EDV_for_Suspected_Suicide_Attempts)
- Questions:
  - What is the impact of social media – recommendations that we can give? Current information is not straightforward. The Trevor Project, mental health survey for LGBTQA showed mixed results. social media impacts to all areas. We have to help youth navigate social media.
  - KSDE staff are working on a Suicide Prevention program with a small cohort regional meeting to identify common themes such as student led programming.
  - These websites provide resources for parents to speak with their children about social media:
    - <https://www.common sense media.org/social-media>
    - <https://kidshealth.org/en/parents/social-media-smarts.html>
  - Positive side of social media - there are student led campaigns that can help lead students in a positive light.
  - When students speak up with positive leadership students will

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listen. [www.ksde.org/Kansas-Safe-Schools](http://www.ksde.org/Kansas-Safe-Schools)

- Adult mental health is suffering and we have to be a model for our students. We need to be mindful how our negative comments affect others.
  - Rural suicide issue in southwest Kansas where five communities were impacted by 5 suicides including adults. Because these communities are so small, a suicide at one school impacts all schools.
  - How are large districts tackling these issues – John Calvert and Diane are helping with developing crisis plans.
  - Jim Greene, KSDE, has been creating table top exercises for school districts. John Calvert and Jim Greene are available to assist districts with this area.
- **ACTION:**
- Future agenda item on student led groups and focus on positive social media and dealing with negative social media
  - Future agenda item in Postvention, Adult mental health for teachers especially

### **Educator Preparation Program Report**

Catherine Chmidling, TLA report handout

- Program Standards and accreditation standards were reviewed for all of the teacher preparation programs on bullying prevention, suicide prevention
- Shanna PowerPoint to education deans. **Educator Preparation Training Topics (need from Shanna)**
  - Resources available on mental health topics
- Questions:
  - Do the institutions provide specific evidence that specific laws are covered? The institutions provide in their accreditation evidence of meeting each standard component. They have to demonstrate that the student comprehends and can demonstrate assessment of that standard. Any relevant laws would be addressed in the assessment as well.

### **ESI Annual and Trend Reports**

Shanna Bigler – Report of Emergency Safety Data for the 2020-21 School Year handout

- This report will be included in the Commissioners report to the Kansas State Board of Education in November.
- This is an annual report and sent to the Kansas House and Senate education committees as well as the Kansas State Board of Education to report on Emergency and Safety Interventions – Restraint and Seclusion
  - Included are required report topics, data analysis, targeted technical assistance, descriptive statistics
- Questions/comments:

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- A recording of a Hot Topic video on this report has been made and will be sent out to the KSDE Listservs

## Cyberbullying Protocol and Feedback Collection

Shanna Bigler and John Calvert, Cyberbullying Response Protocol Guidance Document handout

- The Cyberbullying Response Protocol Guidance Document was created from requests by Districts on possible ways to respond to cyberbullying.
  - This is the first draft presented to the School Mental Health Advisory Council (SMHAC)
  - Feedback is needed from SMHAC
  - Documentation of trends is very important as a preventative measure
  - Feedback:
    - These cases are more complicated than what the protocol may imply. How long would it take from an incident being reported to action steps being taken?
    - Levels of aggression should be defined and the label of perpetrator be removed and can you use “student who bullied, aggressor, child who bullied, youth who bullied, alleged child who bullied”
- **ACTION:**
  - It was agreed by the SMHAC to continue to move forward and solicit more feedback on this document
  - Shanna will be sending out to listservs of counselors, administrators, principals, small, medium, large districts.
  - Shanna will edit and solicit more feedback from the field with consistent questions and 1 open ended question

## Human Trafficking

Shanna Bigler, PowerPoint

- The Attorney General’s office received a letter from the Federal Attorney General regarding how the state handles human trafficking
- Discussion on mandatory reporting and what are the red flags, indicators, cues to look for, how teachers can identify issues, recruitment tactics
- How social media plays a part in sex trafficking
- Resources given for identifying/reporting of human trafficking
- **ACTION:**
  - Possibly have Jennifer Montgomery from Attorney General’s office to present about what we need our schools to know and how they can help with this issue

## Mobile Crisis Hotline

Shanna Bigler, handout

- DCF has started the Family Mobile Crisis Helpline, 833-441-2240
- For Kansans in Foster care or former foster care, ages 20 years old or younger
- Question: If a family utilizes the number is their information given to DCF? This is a

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meant to be help and assistance.

- KSDE will be collaborating with DCF for marketing this hotline
- Flyer designed to have teachers share this with families
- This is an immediate crisis helpline phone number

## KSDE Updates

John Calvert, Kent Reed, Bert Moore

- School Mental Health Pilot – John Calvert
  - Mental Health Intervention Team Program started 4 years ago
  - 7.6 million grant for this Intervention Team to use across the state
  - Brought in to Kansas schools to bring mental health services to the student
  - Monthly liaison meetings held
  - 4700+ students served last year through this program
  - Grow Your Own Model for schools to train counselors
    - ESSER funds can be used if it is tied to COVID
  - Question – Will the legislature increase the funding to allow additional districts to participate? Legislature has not increased funding yet.
- Required Trainings – Kent Reed, handout
  - Website walk-through: <https://www.ksde.org/Agency/Division-of-Learning-Services/Student-Staff-Training/Leadership-Training>
- ESSER and Social Emotional – Bert Moore, PowerPoint
  - 370 million dollars received as a state
  - Funds must be used to as a result of COVID-19
  - Must be obligated by 2023
  - These are short term funds and how will districts maintain level of support for social/emotional support is a question to be addressed

## Member / Agency Updates

Kathy Busch

- Pamela Noble – Annual Governor’s conference on Child abuse and Neglect, Oct. 27-28, Nov. 3-5 [https://www.kcsl.org/training\\_conference.aspx](https://www.kcsl.org/training_conference.aspx) and will be held virtually.
- Monica Kurz – October 20-21 Kansas Prevention conference <https://kansaspventioncollaborative.org/conference/>

## Future Agenda Topics

Kathy Busch

- What is on legislature agenda for social emotional health?
  - Possibly human trafficking?
  - Mental health committee on modernization and telehealth, workforce workgroups
  - They are working on passing HB2281 (988 bill), with KDADS as the main agency for maintaining the crisis line
- Suicide prevention/comprehensive Postvention plan

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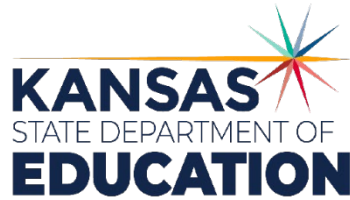
- Mental health for adults in our schools
- Human trafficking
- LGBTQ (Idalia KNEA training under social justice)
- Student led programs for suicide prevention

**Adjourned**

- Meeting adjourned at 1:50 pm

**Next Meeting, December 16, 2021 Virtually 9-2**

For more information, contact:



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SETS

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