Frequently Asked Questions about Physical Education in Kansas

Are the National Standards used in the Kansas' Physical Education Standards?

The National Standards were used and followed in the development of the Kansas' Physical Education Standards.

Is Physical Education required to be taught at both the elementary and secondary level?

Each school shall be assigned its accreditation status based upon the extent to which the school has met the performance and quality criteria established by the state board of education in this regulation. The quality criteria shall consist of quality measures, which shall be required to be in place at each school. Programs and services to support student learning and growth at both the elementary and secondary levels include physical education, which shall include instruction in health and human sexuality.

Is Physical Education required to be taught at the high school level?

Each local board of education shall adopt a written policy specifying that pupils are eligible for graduation only upon completion of one unit of physical education, which shall include health and which may include safety, first aid, or physiology. It is up to the local school district to determine the amount of health that is to be included to meet the graduation requirement.

Can a school offer physical education credit for athletic practice?

A school shall neither offer credit for athletic practice nor count athletic practice as a physical education course.

Based on KSBE Regulations

For further information or questions, please contact:

Dr. Mark Thompson, 785-296-6823, mathompson@ksde.org