# KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL

MINUTES

## School Mental Health Advisory Council

### **Details**

Date: December 8, 2022

Time: 9 am -12:00 pm

Location: Zoom

Welcome, Kathy Busch, Chair at 9:01 AM

Roll Call

Members: Members (x present, blank absent):

| Χ | Kathy Busch        | Χ | Leia Holley& Brad Giard        | Χ | Kimberly O'Connor                          |
|---|--------------------|---|--------------------------------|---|--|
| Χ | Jean Clifford      | Χ | Tamara Huff                    |   | Judi Rodman                                |
| Χ | Dr. Jane Groff     |   | Dr. Ken Hughey                 | Χ | Melanie Scott                              |
|   | Samantha Brown     |   | Kimber Kasitz                  | Χ | Shirley Scott                              |
|   | Shelby Bruckerhoff |   | Mallory Keeffe                 | Χ | Idalia Shuman                              |
| Х | Tracie Chauvin     |   | Kathy Kersenbrock-<br>Ostmeyer | X | Rachelle Soden/Pam<br>Noble sub            |
| X | Jose Cornejo       | Х | Monica Kurz/Meg<br>Hasselman   |   | Dinah Sykes                                |
| X | Misti Czarnowsky   |   | Lori Marshall/Sue<br>Murnane   |   | Mark Torkelson                             |
|   | Sherry Dumolien    | Χ | Scott Anglemyer                | Χ | Kelsee Torrez                              |
| Χ | Diane Gjerstad     | Χ | Dr. John McKinney              |   | Ryan Vaughn                                |
| Х | Cherie Blanchat    | X | Kathy Mosher                   |   | Kasey Dalke/Paige<br>White/ Juliane Walker |
|   | Marcia Weseman     | Χ | Monica Murnan                  |   | Pam Weigand                                |
| Χ | Gary Henault       |   | Deana Novack                   | Χ | Holly Yager                                |
|   | Jessica Lane       |   | John Eply                      | Х | Janey Humphries (BOE-<br>large districts)  |
|   | Lori Marshall      |   | John Doll                      |   | Jamey Dover (Law enforcement)              |

Attendance: \_20\_\_ present Quorum (20)

#### KSDE Staff:

| Χ | Bert Moore                | Χ | Kerry Haag    | Χ | Alysha Nichols  |
|---|---------------------------|---|---------------|---|-----------------|
| Χ | Barb Depew/Cheryl Johnson | Χ | John Calvert  | Χ | Angie Brungardt |
| Χ | Kayla Love                |   | Myron Melton  |   |                 |
| Χ | Kent Reed                 | Χ | Shanna Bigler |   | Kelli Byrne     |

Guests: Scott Johnston and Ann Elifrits

Approval of Agenda: December 8, 2022

Motion to approve: John McKinney

Second: Tracie Chauvin Action: Motion Passed

Approval of Minutes: October 12, 2022

Motion to approve: John McKinney

Second: Idalia Shuman Comments: None Action: Motion Passed

#### **Public Comments**

No public comments. Closed at 9:12AM

#### Overdose Dashboard

Scott Johnston and Ann Elifrits

- Currently Administering a CDC funding opportunity called "Overdose Data to Action."
  - Surveillance of overdose depth and improving and understanding the data we collect on Kansans to use to inform interventions to hopefully decrease morbidity and mortality in relation to substance use disorder.
  - o Currently watching overdose death at increasing rates
    - Especially with the younger populations
  - o Hoping for new partnerships and help with strategic planning on how to address these problems in our communities.
  - o Currently in its 4<sup>th</sup> year of the opportunity
    - Will be writing a new application in March or April of 2023
- Prevention Overdose Website
- Overdose Data Dashboard
  - o Data from 2005-2021: 2022 data will come this Summer
- Drug Poisoning deaths across all categories
  - o 2005 had 241 drug poisonings
  - o Steady slow increase until 18-19 then heavily increased.
  - o 2021 had 678 drug poisoning deaths across all drug categories
    - Potentially higher for 2022 data
- Fentanyl in Youth
  - o Synthetic Opioid is the category that holds this data

- 2005-2019 it was fairly steady
- 2019-2020 it was more than doubled
  - 72 in 2019 and 161 in 2020
- More than doubled again in 2021
  - 161 to 347 in 2021
  - Nearly 50% of the total number of deaths in 2021 in Kansas State Department of Education
- Analysis of Death by County Tab
  - o 10-year average map
  - Color is the rate of death (number of deaths divided by the population of that county)
  - o Gray circles are total number of deaths
  - o Graph showing the highest overdose death counties to lowest; orange bar represents the average for all of Kansas
- Emergency Department Visits Tab
  - o Categorized by Months
  - o Colors show the general trend of overdose emergency department visits
    - Orange is trending upwards in ED visits compared to the last 3 months
    - Blue is trending down
    - Gray is no significant difference
    - Red Circles represent clusters of ED visits
- Deaths by Age and Gender of Drug overdose
  - o This shows in age groups of each year how many deaths
  - o Hover over the bar graph to get more details
  - o If no bar shows, that means data is suppressed
    - More than 0 but less than 6 deaths total
- 2017 and 2018 synthetic opioid deaths made up less than 20% of total deaths in age group 0-24; in 2019 they make up 37% of the total deaths; in 2020 it was up to 67%; and 2021 was 88%.
- Contact Information:
  - Ann M. Elifrits, MS, LCP, LCACSUD/Overdose Prevention Director Kansas
     Department of Health and Environment 1000 SW Jackson, Suite 230 Topeka,
     KS 66612Office: 785-296-1949 | Ann.M.Elifrits@ks.gov Work cell: 785-207-8780
  - o Scott Johnston, Drug Overdose Epidemiologist, scott.johnston@ks.gov

#### Climate Report

Christina Mann

- We emphasize a school-wide, positive culture comprised of 3 key elements
  - o Relationships
  - Social Emotional Learning
  - Structured Expectations
- Climate Types Report has been based off the KTCT for districts
  - o KSDE has worked with Greenbush to provide these reports to all districts participating

- o Now available within the KSDE Authenticated Application
- Climate types address areas important to policy, legislation, and practice
- Climate type Scales, or areas most profoundly affecting are:
  - o Development, learning, and wellbeing
  - o Achievement and performance
- 4 climate types:
  - o Protective Climates
    - Empowering Engagement
    - Empowering relationships
  - o Risk Climates
    - Depressed
    - Anxious-Conflictual
- The colors to the questions on the report mean various things
  - Much better than state average = green
  - o Better than state average = clear
  - About at state average = yellow
  - Worse than state average = Orange
  - Significantly worse than state average = Red
- Risk climate types help us address and monitor those things that schools are legislatively mandated to address
- Empowering types provide data that support and align with the state Board goals
  - Particularly those on Social Emotional learning/ growth, individualized plans of study, and graduations
- We use the KCTC data for these reports, and schools didn't realize how they aligned until we showed them these reports. More schools were going to push the consents to parents for this survey.
- Check out the Kansas MTSS and Alignment, BSEL Repository website

#### CASEL Conference Report

Shanna Bigler and Kent Reed

- CASEL= Collaborative for Academic, Social and Emotional Learning
- Activity: When you think of this work, what child in your life, at home, or in the community. What child do you picture in your mind when you think if the work you're doing now, and how you want it to change their future?
- Picture of Tim Shriver: Co-founder of CASEL CEOS and is co-founder of Special Olympics
- Performance by the Chicago Children's Choir
- 3 SEL Statutes
  - o Bullying prevention
  - o Flat Act; Suicidal Ideation
  - o Mandated Reporting
- A day was collaboration with the other states, another was an unconference.
  - o Unconference was a list of topics and people conversed about those.
- Pre-bunking
  - o Getting ahead of the issue
  - o Early and often; send out your messages early and often and choosing your words to inoculate people against lies and myths and prime the audience to

reject false claims.

#### **Behavioral Concerns**

Bert Moore, Shanna Bigler, and Kerry Haag

- Reports and experiences of increases in behaviors in the classrooms, especially at the early elementary levels
- Lee Stickle and Linda Wilkerson met with Bert and Kerry, and we are intervening on this at a statewide level.
- Between 2017-2018 school year and the 2021-2022 school year, the state has gained 26,553 enrolled students.
- The number of students given ISS was close to similar but dropped just a little. Same with students given OSS, students expelled, and students removed by school personnel to another setting.
- Total students with disciplinary removals went down between 2017-18 and 2021-22\
- KSDE is partnering with DECCA and KDHE to provide a modified Youth Mental Health First Aid course.
  - o This will be a cohort course starting in the spring.
  - o They will be 5 weeks long in the evenings
  - o Audience is for those that don't have a mental health background; teachers, school staff, coaches, counselors, youth group leaders, parents, etc.
- Hannagan and Hannagan's books called "Don't Suspend Me! An alternative discipline toolkit."
  - o Full of tools to help teachers on repairing the situation and restorative justice.
- Seeing a significant uptick in referrals based on significant behaviors of students in school?
- We need to work with our educators as well, so they can help those children in need as well.

#### Agency/Member Updates

- Shanna:
  - o Link to join the council on the school mental Health Advisory webpage
  - o Have added the suicide resources in Kansas
  - o The council collected feedback from the field on legislative changes
    - We have received 108 responses
      - Responses from counselors, homeless liaisons, social workers, administrators, and school psychologists, and more
- John Calvert:
  - MHIT going into progress report for semester update, our portal shows we have served over 4,300 students in the state this semester alone
  - Safe and Supportive Schools conference is at the end of January. January 30-31, 2023, in Manhattan, KS
    - Coach Bill Snyder will be a Keynote
    - \$75 registration
    - Flyer sent out to the group
- School Mental Health Advocacy Day at the Capitol for January 26, this is tentative.
- KCA/KSCA conference is March 9-10
  - o Registration is at: https://forms.gle/QNgvgbuw4dc2v75V8

#### Kathy Busch

- Adjourned
- Meeting adjourned at 12:26 pm

Next Meeting, February 23, 2023, TBD

For more information, contact:



Gail Tripp Senior Administrative Assistant SETS

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