



Self-Assessment Checklist For: _____

Novice High

Person's Name

Use this checklist to record what you think you can do. In the blank rows you can add to the list. In the columns to the right indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice High level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
INTERPRETIVE		
Listening		
I can understand some words or phrases, even when there are no pictures or other visual clues.		
I can understand some short, simple messages and announcements on familiar topics, such as where to meet a friend or when a sporting event will take place.		
I can understand some simple conversations or descriptions.		
I can understand most directions or instructions in a familiar setting.		
I can understand simple stories when people repeat them and use gestures.		
Reading		
I can get information I need on familiar topics from advertisements, brochures, lists, menus, schedules, and short notes or emails.		
I can understand everyday signs and notices in public places such as directions, instructions, and hazard warnings.		
I can identify the purpose of and information needed on common applications and forms.		
I can follow short written instructions and directions.		
I can understand the main idea and a few details in things I read.		
I can understand basic facts and information from non-fiction texts, especially with help from pictures or graphs.		

Self-Assessment Checklist

Novice High

Language: _____	(1) I can do this easily	(2) This is one of my goals
INTERPERSONAL		
Person-to-Person Communication		
I can exchange personal information such as address, telephone number, age, and nationality.		
I can share limited information with others about my family, friends and activities.		
I can respond to questions about information from simple texts, graphs, or pictures.		
I can ask for and give directions with the help of a map or other visual aid.		
I can exchange information with other people about what to do, where to go, and when to meet.		
I can interact using simple language in real-life situations such as ordering in a restaurant, making purchases in a store or post office, or visiting with family or friends.		
PRESENTATIONAL		
Spoken Production		
I can describe in phrases and sentences my background, home, school, or work.		
I can describe myself and my daily routine.		
I can present simple information about things I've learned.		
I can describe a familiar experience or event in simple terms.		
I can tell why someone likes or does something.		
I can give the steps to complete a simple task.		
Written Production		
I can write simple sentences describing myself and others.		
I can write phrases and simple sentences to describe aspects of my everyday life (family, school, fun activities).		
I can write short messages, post cards, and simple notes.		
I can write a simple request to obtain information or things that I need or want, such as email request to a friend, online order, etc.		
I can write simple descriptions of cultural traditions from pictures or photos.		