Standard 1: The student will acquire knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

Benchmark 1: The student will acquire and use self-knowledge.

Knowledge Base Indicators	Instructional Examples
The student …	The counselor ...
1. develops positive attitudes toward self	1. encourages student development of positive attitudes toward self
2. develops personal strengths	2. provides students with opportunities to use their strengths
3. identifies and expresses feelings in an appropriate manner	3. models appropriate ways to express feelings
4. recognizes that attitudes affect feelings	4. uses examples to show how thoughts affect feelings
5. recognizes the effects of responsible behavior	5. facilitates discussion of responsible behavior
6. identifies school and community resources that provide assistance with personal concerns	6. provides a list of school and community resources
7. recognizes personal, family, and social changes	7. develops activities that address personal, family and social changes

This counseling standard aligns with the following content standards:
Science 6.1; 6.1.1; 6.1.2; 6.1.3▲
Reading 1.4.15▲; 2.1.1▲; 2.1.2▲; 2.1.3▲
History/Government CG 3rd 2.1; CG 3rd 4.2; CG 3rd 5.1
21st
FACS 0.6.6

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Standard 1*:* The student will acquire knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

Benchmark 2: The student will acquire and use interpersonal skills.

Knowledge Base Indicators	Instructional Examples
The student …	The counselor ...
1. demonstrates appropriate communication skills	1. uses classroom activities to teach students how to communicate
2. makes and keeps friends	2. reinforces the importance of friendship
3. understands how appropriate behavior affects school and family relationships	3. facilitates classroom discussion about the effects of behavior
4. develops an appreciation of individual and cultural differences	4. plans activities celebrating diversity
5. demonstrates cooperation with others	5. provides opportunities for students to cooperate with one another
6. demonstrates self-control	6. teaches students how to show self-control

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This counseling standard aligns with the following content standards: Science 1.1.1▲; 6.1; 6.1.2; 6.1.3▲; 6.2.2 Reading 1.4.8▲; 1.4.9▲; 1.4.15▲; 2.1.1▲; 2.1.2▲; 2.1.3▲; 2.2.1; 2.2.2; 2.2.3 History/Government CG 3rd 4.1 CC K&S FACS 0.2.1, 0.2.4 21st

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Standard 2: The student will make decisions, set goals, and take necessary action to achieve goals.

Benchmark 1: The student will acquire self-knowledge and skills to make decisions and set goals.

Knowledge Base Indicators	Instructional Examples
The student … 1. learns the importance of setting goals 2. recognizes the relationship between choices and consequences 3. learns and uses a decision-making and problem-solving model 4. knows how to seek help for solving problems and making decisions	The counselor ... 1. discusses the importance of setting goals 2. uses classroom activities to help students demonstrate the consequences of decision making 3. coordinates the use of a schoolwide problem-solving model 4. provides relevant sources to help students solve problems and make decisions
This counseling standard aligns with the following content standards: Science 1.1▲; 6.1.1; 6.1.2; 6.1.3▲; 6.2.2; 6.2.3 Reading 1.4.9; 1.4.10; 1.4.15; 2.1.1; 2.1.2; 2.1.3 Math 3.2.4.K1; 4.2.4.K1; 5.2.4.K1 21st CC and K&S FACS 0.7.3; 0.7.5	

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Standard 3: The student will understand personal safety skills.

Benchmark 1: The student will acquire personal safety skills.

Knowledge Base Indicators	Instructional Examples
The student …	The counselor ...
1. demonstrates the safe use of personal information	1. reviews the safe use of personal information with students
2. recognizes the relationship between rules, laws, personal safety, and school safety	2. invites law enforcement to provide an assembly about safety
3. develops ways to respond to inappropriate physical contact	3. teaches students how to report inappropriate contact
4. respects personal boundaries, rights, and privacy	4. presents a classroom guidance unit on personal boundaries
5. recognizes situations in which adults in the school or community are needed to keep students safe	5. uses role play to illustrate unsafe situations
6. describes the consequences of bullying and teasing	6. develops a schoolwide bullying prevention program
7. recognizes the dangers of drug and alcohol abuse	7. plans student activities with the school nurse about personal safety
8. develops ways to cope with peer pressure	8. develops a classroom guidance unit on peer pressure

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9. recognizes signs of stress and learns techniques for managing it	9. teaches stress management to students
This counseling standard aligns with the following content standards: Science 6.1.1; 6.1.2; 6.2.2 Reading 1.4.11; 1.4.12; 1.4.14; 1.4.15 History/Government CG 4th 1.1 CC K&S 21st FACS 0.5.1; 0.5.2	

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Standard 1: The student will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark 1: The student will demonstrate a positive academic self-concept.

Knowledge Base Indicators	Instructional Examples
The student …	The counselor ...
1. identifies personal qualities that promote school success	1. develops a list of personal characteristics that promote success
2. explains how mistakes can be useful to learning	2. discusses with students how they can learn from their mistakes
3. demonstrates satisfaction with learning and academic achievements	3. recognizes students for their achievements
4. demonstrates self-confidence in schoolwork	4. encourages persistence in schoolwork
This counseling standard aligns with the following content standards: Science 1.1▲; 7.1; 7.1.1; 7.1.2 Reading 1.4.5▲; 1.4.8▲; 1.4.11▲; 1.4.12 History/Government CG 3rd 2.1 FACS 1.2.2 21st	

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Standard 1: The student will acquire the attitudes, knowledge, and skills that contribute to effective learning.

Benchmark 2: The student will achieve school success.

Knowledge Base Indicators	Instructional Examples
The student …	The counselor ...
1. practices effective learning and test-taking strategies	1. teaches learning and test-taking strategies
2. works independently and cooperatively to complete learning tasks	2. provides opportunities for collaborative learning
3. recognizes the importance of effort and persistence to learning	3. consults with teachers to monitor students' learning
4. uses appropriate communication skills to ask for help when needed	4. models effective communication skills
5. uses critical thinking in learning situations	5. supports students' development of critical thinking skills
6. recognizes the importance of regular school attendance to learning	6. consults with parents regarding students with chronic attendance problems
7. demonstrates responsibility at school	7. collaborates with teachers to determine students' achievement

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This counseling standard aligns with the following content standards: Science 1.1▲; 7.1 Reading 1.4.4; 1.4.5▲; 1.4.9▲; 1.4.15▲ Math 3.2.4.K1; 4.2.4.K1; 5.2.4.K1 History/Government CG 3rd 4.1 21st FACS 0.3; 0.7.4

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Standard 2: The student will complete school with the academic preparation to choose from postsecondary options.

Benchmark 1: The student will plan to achieve goals.

Knowledge Base Indicators	Instructional Examples
The student … 1. establishes academic goals	The counselor ... 1. teaches students how to set academic goals
This counseling standard aligns with the following content standards: Reading 1.4.4; 1.4.5▲; 2.2.1▲; 2.2.2▲; 2.2.3▲ 21st FACS 1.2.4	

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Standard 3: The student will understand the relationship of academics to the world of work and to life.

Benchmark 1: The student will relate school to life experience.

Knowledge Base Indicators	Instructional Examples
The student … 1. describes ways academic skills can be used in the home and community 2. prepares for the transition to the next educational level	The counselor ... 1. discusses the importance of academic skills through the lifespan 2. plans a parent night to provide information about middle school
This counseling standard aligns with the following content standards: Science 6.2.1; 6.2.2; 6.2.3 Reading 1.4.8▲; 1.4.14▲; 2.2.1▲; 2.2.2▲; 2.2.3▲ Math 3.1.4.A1▲; 3.2.4.K1; 4.1.4.A1▲; 4.2.4.K1; 5.1.4.A1▲; 5.2.4.K1 FACS 0.6.3; 0.7.1 CC K&S	

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Standard 1: The student will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

Benchmark 1: The student will develop career awareness.

Knowledge Base Indicators	Instructional Examples
The student … 1. develops awareness of career interests and related occupations 2. develops awareness of nontraditional occupations 3. recognizes and describes the various life roles people play 4. identifies occupational stereotypes 5. recognizes the value of all occupations	The counselor ... 1. teaches a classroom guidance unit on career interests 2. identifies nontraditional occupations 3. develops a classroom guidance unit on life roles (e.g., student, parent, worker) 4. provides examples of occupational stereotyping 5. facilitates a discussion on the value of occupations
This counseling standard aligns with the following content standards: Science 5.1.1▲; 5.2; 7.1 Reading 1.4.9▲; 1.4.14▲; 1.4.15▲; 2.2.1▲; 2.2.2▲; 2.2.3▲ 21st FACS 0.6.4	

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Standard 1: The student will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

Benchmark 2: The student will develop employment readiness.

Knowledge Base Indicators	Instructional Examples
The student … 1. makes decisions, solves problems, and sets goals 2. identifies and recognizes consequences of decisions 3. demonstrates cooperative work habits 4. demonstrates being a positive team member	The counselor ... 1. teaches a model for problem solving 2. provides opportunities to discuss the consequences of personal decisions 3. provides opportunities for students to work cooperatively 4. identifies skills needed to work as a team
This counseling standard aligns with the following content standards: Science 1.1▲; 6.1.1; 6.1.2; 6.1.3▲; 7.1 Reading 1.4.4; 1.4.5▲; 1.4.6▲; 1.4.7▲ Math 3.2.4.K1; 4.2.4.K1; 5.2.4.K1 History/Government E 3rd 5.2; E 4th 5.2 CC K&S FACS 0.2.4 21st	

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Standard 2: The student will employ strategies to achieve future career goals with success and satisfaction.

Benchmark 1: The student will acquire career information.

Knowledge Base Indicators	Instructional Examples
The student … 1. identifies career clusters 2. describes products and services of businesses and industries in the community	The counselor ... 1. provides a list of career clusters 2. conducts an activity in which students identify products and services of local businesses
This counseling standard aligns with the following content standards: Science 7.1; 7.1.2 Reading 1.4.1; 1.4.2▲; 1.4.5▲; 1.4.9▲; 1.4.10▲ Math 3.2.1.A2▲; 4.2.1.A2; 5.2.1.A2 History/Government E 3rd 4.1; CG 3rd 2.1 CC K&S FACS 0.1.9; 1.2.1	

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Standard 2: The student will employ strategies to achieve future career goals with success and satisfaction.

Benchmark 2: The student will identify career goals.

Knowledge Base Indicators	Instructional Examples
The student … 1. develops challenging goals and plans to achieve them	The counselor ... 1. guides students in developing a plan to reach goals
This counseling standard aligns with the following content standards: Science 7.1.2 Reading 1.4.4; 1.4.5▲; 2.1.2▲; 2.2.1▲; 2.2.3▲ FACS 1.2.2 21st	

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Standard 3: The student will understand the relationship between personal qualities, education, training, and the world of work.

Benchmark 1: The student will acquire knowledge to achieve career goals.

Knowledge Base Indicators	Instructional Examples
The student … 1. identifies personal skills and talents 2. describes the relationship between academic achievement and career goals 3. recognizes the relationship between personal skills, talents, and career goals	The counselor ... 1. teaches students how to recognize their skills and talents 2. reinforces the importance of academic achievement 3. describes skills and talents needed in various career fields
This counseling standard aligns with the following content standards: Science 6.1.1; 6.1.2; 7.1 Reading 1.4.9▲; 2.1.1▲; 2.1.2▲; 2.1.3▲; 2.2.3 Math 3.2.4.K1; 4.2.4.K1; 5.2.4.K1 History/Government E 4th 2.1; E 4th 5.1 21st CC K&S FACS 0.5.1; 0.5.2	

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Standard 3: The student will understand the relationship between personal qualities, education, training, and the world of work.

Benchmark 2: The student will apply skills to achieve career goals.

Knowledge Base Indicators	Instructional Examples
The student … 1. demonstrates problem-solving and decision-making skills 2. describes skills learned in school or home that apply to the world of work 3. describes how personal activities and interests influence career and leisure choices 4. learns to work cooperatively	The counselor ... 1. provides opportunities for students to role play problem solving 2. discusses with students the relevance of schoolwork to the workplace 3. discusses with students their personal activities and interests 4. provides opportunities for cooperative learning
This counseling standard aligns with the following content standards: Science 1.1▲; 6.1; 6.1.1; 6.1.2; 7.1 Reading 1.4.6▲; 2.1.1▲; 2.1.2▲; 2.1.3▲ Math 3.2.4.K1; 4.2.4.K1; 5.2.4.K1 CC K&S FACS 0.5.4; 0.6.5; 0.6.6 21st	

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