

January-February, 2013 E-Newsletter

The day after the Super Bowl, I happened across a radio talk show while driving to Topeka discussing the commercials aired during the game. The two hosts were reviewing their favorites and how the advertisers seemed to lean toward the outrageous, over the top and glitch/glam spots. However, when the viewers were polled, their favorites were those with a message. The host said "They seem to prefer the simple, the honest messages that leaves them with hope."

I believe this same message fits Family and Consumer Sciences to the letter. What is simpler than meeting the needs of our students, be that an ear to listen, a heart to feel their pain or offering instruction they can use immediately in their personal and family life. Some may say that isn't unique to just FCS, but our profession is all about recognizing and assisting others in meeting their essential needs. From nutrition education to consumer personal finance, from learning how to get along, to promoting strong families, the FCS message is honest AND I believe we give students the hope that their futures can be positive, their families will be good and strong. This is the message to share with others as you promote your classrooms and celebrate CTE month. Keep the message simple...honest...and hopeful. With that said, let's get down to the business of sharing the contents of this E-NEWSletter.

TOPICS:

1. CTE Month Challenge
2. KSDE CTE Outstanding Partner—Fredonia Middle/Secondary FCS Education/FCCLA
3. Market CTE to Parents, the Community and Industry Partners
4. United Association Conference Is March 7-8, 2013 (*Early Bird Registration Ends Feb 15th*)
5. UAC Pre-Conference Opportunities (*Pre-registration February 20th*)
6. FCS Polos Available for Order by *February 15th* (sent on behalf of Kjerstine Vaugh)
7. Culinary Academy May 30-31, 2013—Butler County Community College, Butler, KS
8. National Technical Honor Society
9. ENC-Teacher Exchange Offers Resources to Combat Obesity
10. Home Baking Association Educator Contest (Deadline: March 31, 2013)
11. Babies Learn Languages Before Birth Article
12. Five Reasons to Invest in Early Childhood Education
13. Child Care Aware of Kansas
14. State-Wide Articulation Agreements Number 55 and Counting
15. FCS Recognized as STEM in Utah
16. Engineer Girl Essay Contest --Theme: Health Literacy (*Deadline: March 1st*)
17. KSU College of Human Ecology Has new Department
18. Interior Design Update—Two Course Updates
19. Dibble Announces New Course for Teens with Autism (*free shipping before Feb 22*)
20. Building Healthy Families in Kansas/Middle Level FCS Teaching Resource Update
21. April 3rd HSFPP Training—A Collaborative Event in the Name of Money Management

1. CTE Month

In honor of CTE month, KSDE is challenging you to do one or more of the following: 1) Discuss with all middle school students and parents about the available CTE careers, pathways and educational opportunities; 2) Show the national CTE: Making the Difference video to all your students (<http://www.careertech.org/resources/videos.html>)

3) , challenging them to join an amazing Career and Technical Student Organizations (CTSOs) (<http://www.ksde.org/Default.aspx?tabid=292>) 4) Invite local business and industry to see CTE students in action, accomplishing great things; and 5) Utilize national and state vision and marketing toolkits (<http://www.careertech.org/resources/advocacy-tools.html>) to promote CTE month on the school web site, sports programs and in the student and local newspapers.

2. KSDE CTE Outstanding Partner—Fredonia Middle/Secondary FCS Education/FCCLA

The Kansas State Department of Education Career Technical Education (CTE) team recently recognized the Family and Consumer Science (FCS) programs at Fredonia Middle School and Fredonia High School as exemplary Kansas CTE partners. This quarterly recognition highlights successful CTE programs that prepare students to succeed in further education and careers through alignment with workforce and postsecondary requirements and providing opportunities to work collaboratively with local businesses and communities. This was the first award given.

“Kansas CTE enjoys a great reputation locally, at the state level, and on the national stage. That reputation is validated each school year through the hard work and dedication of CTE partners who are committed to providing quality CTE for the students in Kansas,” said Jay Scott, KSDE assistant director for CTE. *“Across the state, we are recognizing ‘bright spots’ for their excellence in CTE so they can serve as models for other programs working to ensure all students in Kansas become college and career ready.”*

The Fredonia Middle School FCS program, headed by Debra Evans, and the Fredonia High School FCS program, headed by Beth Ireland, were selected for recognition by KSDE because of their holistic commitment to providing hands-on, real-world experience to build the skills that foster success in family life, the workforce and in postsecondary education. While all Kansas CTE programs offer applied learning opportunities where students can put their classroom learning into action, the efforts of the schools in the Fredonia USD 484 School District are especially notable. Congrats to Fredonia FCS/FCCLA! (Here is the Secondary FCS website: http://www.fredoniaks.com/FCCLASITE/About_FACS.html)

3. Market CTE to Parents, the Community and Industry Partners

One method of marketing CTE to the community is through a web page or a publication that highlights what’s working in your program. This is especially important for the Family and Consumer Sciences field as many do not realize what is taught within our classrooms and how we address current issues. Regardless of school size, a one page fact sheet to a multi-page newsletter can include “bright spots” with students in action photos, quotes from the students, parents or industry partners and short stories about courses and etc. USD#259—Wichita creates a newsletter that focuses on one of their pathways each month. This month it is promoting their Restaurant and Event Management pathway and I was given permission to share the link with you. (Thanks to Jim Means at USD#259 for the link.)

http://cte.usd259.org/modules/groups/group_pages.phtml?gid=1505361&nid=124446&sessionid=ed5de0fa629574a025d33c36e9dca841

4. **United Association Conference Is March 7-8, 2013 (Early Bird Registration Ends Feb 15th)**

UAC 2013 will take place once again in Wichita, KS at the Sedgwick County Extension Office. "Passport to Excellence" will include sessions that address all content areas important to the FCS professional. Dr. Lindsey Shirley, Utah State University will open the conference with a look at the impact technology has on our lives today. She will also present a session on apparel and textiles advances. Presenter topics range from the importance of fathers to learning about the current initiatives of the National Coalition for Family and Consumer Sciences Education. For more details, go to www.kafcs.org and click on "2013 United Conference. **Early Bird Registration ends February 15th.**

5. **UAC Pre-Conference Opportunities (Deadline: Feb 20th)**

On March 6th, two opportunities are being planned for the FCS Educator. First, the **21st Century Skills: Concept to Practice Workshop** pre-conference is being brought back at your request. This full day training (10:00 to 4:00) will look at how the FCS classroom can develop 21st century skills in students, and how our work aligns to the Common Core and Career Ready Practices. You will need to bring your class syllabus to use during the planning time included in this workshop. The \$20 registration includes lunch. If you are interested, please see this link to register for the workshop:
<http://events.ksde.org/default.aspx?tabid=749>

Also on March 6th, the **AAFCS Professional Assessment** will be offered. This assessment is the first step to becoming FCS certified and is available in conjunction of an affiliates conference at a discounted price (a savings of \$70). If interested, see the AAFCS website for listing of assessment tests and a list of benefits (as well as the registration link) at this link: <http://www.aafcs.org/CredentialingCenter/Certification.asp> Also, pre-registration is required three weeks in advance (Feb 20th).

6. **FCS Polos Available for Order by February 15th** (sent on behalf of Kjerstine Vaughn)
Polos with the national FCS logo imprinted on the chest pocket area is available from KATFACS as a way to raise funds for FCS educator scholarships. The sizes are for a unisex polo. Here are two links to order yours: <http://katfacs.org/?p=1058> or http://katfacs.org/?attachment_id=1059
If you have questions, contact Kjerstine at vaughnk@rockcreekschools.org

7. **Culinary Academy May 30-31, 2013—Butler County Community College, Butler, KS**

A two day culinary academy is being planned for the Restaurant and Event Management pathway teacher. This event will include networking with industry professionals, learning about resources available from non-profit organizations who have a link to the food production classroom, actual hands-on skill training and tours. This is the link to the registration, but it will not be activated until March 1st:

<http://www.ksde.org/LinkClick.aspx?fileticket=Pawc3ZzKI04%3d&tabid=3228&mid=11477&forcedownload=true>

This event is limited to the first 50 registrants. Cost will be minimal as corporate sponsors have been secured. Co-sponsors are the Kansas Hospitality and Restaurant Association (KHRA) and KSDE. (NOTE: A Serv Safe Train the Trainer Workshop is

tentatively scheduled for May 29th for those interested in earning that credential which ties to your ability to offer your students the Serv Safe Credential.)

8. National Technical Honor Society

As we look for methods of recognizing the CTE completer, consider the National Technical Honor Society (NTHS). NTHS offers recognition ideas, including the awarding of \$150,000 in scholarships in 2013 to students who are part of established chapters. If interested, contact Carol Kaczmarek at ckaczmarek@nthsof.org.

9. ENC-Teacher Exchange Offers Resources to Combat Obesity

The ENC-Teacher Exchange was introduced a year ago by the Egg Nutrition Center (ENC), science division of The American Egg Board in Park Ridge, Ill to capture and share nutrition related resources. One of these is called "Go Slow Whoa" and relates to color-coding foods into three categories that mimic a traffic light to help elementary school students distinguish good foods (green light) from unhealthy foods (red light). It is proving to be a very successful nutrition education device in Colorado and elsewhere. Health, nutrition and physical education teachers are invited to become members of ENC-Teacher Exchange, whereby they'll receive E-mail notification when new video stories or teaching tools are added. For more information, please E-mail ENC-Teacher Exchange membership manager Linda Tinoco, or phone her at 708-974-3153. Review their website to see resources available at www.encteacher.org.

10. Home Baking Association Educator Contest (Deadline: March 31st)

Enter the 2013 Home Baking Association Educator Award Contest and be eligible to win \$1,000! The top entry will receive \$1000 and also receive an all-expenses paid trip for two to the 2013 Home Baking Association Annual Meeting. All entrants will receive a complimentary HBA teaching resource.

Whether you teach in the classroom, community programs, and organizations or at home....anyone teaching baking to others is encouraged to enter. Entry deadline is March 31, 2013! Here is the link to the application and details:

https://owa.ksde.org/owa/redir.aspx?C=d64e8e7f139d4ebabd266aa30fc97a4d&URL=http%3a%2f%2fr20.rs6.net%2ftn.jsp%3fe%3d001v6GwaU33shYlv2WodBBbrin3clbkiiZYhMwF5fYSPKWGKxK8iUBLuaJOC-ij6o_ssRFXMYWddwIzPa8qMvoeWtxSvLStXwMlc4wNQPqb1fDpYSZySIA3Hy0fjoiVbFDEKScJc-8JJsM8OllegeZ1HqeoPfnhgCx

11. Babies Learn Languages Before Birth

This article addresses an interesting concept....babies and language development. <http://www.medicaldaily.com/articles/13722/20130102/babies-learn-language-basics-still-womb.htm>

12. FIVE REASONS TO INVEST IN EARLY CHILDHOOD EDUCATION

This link was shared with me and includes five really strong points for early childhood education. I also feel the reasons could be used to invest in parenting education as well. See what you think. <http://www.michiganradio.org/post/5-most-important-things-ive-learned-about-early-childhood-educationn>

13. Child Care Aware of Kansas

Those with interest in networking in the field of early childhood development and services might be interested in becoming a member of Child Care Aware.

Child Care Aware® of Kansas is the administrator of the statewide Child Care Resource and Referral (CCR&R) network in Kansas that focuses on three key groups: parents and families, child care providers and early learning staff, and the community. Child Care Aware® of Kansas works to improve the quality and availability of child care in Kansas. FCS connects through our common concerns in the area of children and families. To learn more or join, please visit www.ks.childcareaware.org or email marketing@ks.childcareaware.org for more information.

14. State-Wide Articulation Agreements Number 55 and Counting

Many of you are aware that KSDE has secured a number of state-wide articulation agreements which recognizes pathway completion, courses and/or competencies at the post-secondary level. In some cases, the benefit to the student is free credit (without leaving the secondary classroom), advanced placement or scholarships. This is not SB155, but another opportunity for students who do not wish to enroll in the post-secondary institution to earn credit. Refer to the listing on the CTE webpage or individual pathway web pages for a list. We now have a new state-wide agreement for the Teaching/Training Pathway with Emporia State University. Here is a link to the agreement

<http://www.ksde.org/LinkClick.aspx?fileticket=kett9oEc1jo%3d&tabid=5049&mid=13571&forcedownload=true>

15. FCS Recognized as STEM in Utah

Utah recently recognized Family and Consume Sciences as a STEM related degree. Basic skills such as creative thinking and problem solving, and well-developed communication and relationship skills are deemed vital to STEM success. In addition, strong personal financial practices are vital due to the costs associated with obtaining a STEM education. Many of the FCS content areas are linked to STEM. Dr. Lindsey Shirley, Utah State University is the keynote speaker at the United Association Conference this year. She has recently written an article about the link of apparel and textiles to the STEM field and will share this and more in her UAC session. (See #4 for more information related to the UAC Conference.)

16. ENGINEER GIRL ESSAY CONTEST — Theme: Health Literacy (Deadline: March 1st)

The 13th annual Engineer Girl Essay Contest, entitled “Engineering: Essential to Our Health” encourages students to write about the role of engineering in helping to prevent and treat the most deadly conditions in the world today. According to the World Health Organization, these conditions are heart disease, stroke, influenza and other lower respiratory infections, emphysema or COPD, and diarrhea. The contest is open to individual girls and boys in each of three categories: • Grades 3 through 5 (ages 8 to 11) essay should be no longer than 500 words • Grades 6 through 8 (ages 12 to 14) should be no longer than 750 words and • Grades 9 through 12 (ages 15 to 18) should be no longer than 1500 words. In all grade categories, students should describe an advance in the treatment or prevention of one of the diseases above that was developed through

engineering. They should explain why the advance is important and how engineers were involved. This would be an excellent opportunity to illustrate the FCS and STEM Connection. For additional information:
<http://www.engineergirl.org/GetThere/Contest.aspx>

17. KSU College of Human Ecology Has New Department

The Department of Kinesiology has joined the College of Human Ecology in a move that will strengthen educational and research opportunities for both and further K-State's commitment to become one of the top 50 public research universities in the nation by 2025. See this link for more information: <http://www.k-state.edu/kines/>

18. Interior Design Update—Two Courses Updates

It should be noted that the Interior Design course in the Visual Arts Pathway and the Design & Pre-Construction Pathway now has expanded to include two options. The old number 22212 will now ONLY be used if the Interior Design course is being taught by a FACS licensed instructor. If you are a licensed Drafting instructor teaching this course, you will need to remap to the new 38212 course code. When you complete your pathway maintenance application you will need to be sure to select the appropriate code for your licensure. The difference between the two is captured in the new descriptions. KSDE would like schools to consider offering both courses to provide the student a well-rounded view of design applications in both fields. Here are the new course titles and descriptions for the two courses:

New Title: Residential Interior Design - 22212 (.5 credit)

New Description: An application level course designed to instruct students in the skills necessary to design interior spaces that apply design elements and principles to spaces for specific populations (e.g. single family homes, multi-family structures, homes for special needs, child care centers, retirement homes). Topics will include meeting client's needs, legislated codes, historic considerations, current and future trends, and public policy.

Teacher Licensure: Family & Consumer Sciences

New Course Title: Commercial & Industrial Interior Design – 38212 – (.5 credit)

Description: An application level course designed to instruct students in the skills necessary to design interior spaces that acknowledge client needs, legislated codes, historic, current and future trends, and public policy for commercial and industrial buildings.

Teacher Licensure: Drafting, Industrial Arts

19. Dibble Announces New Course for Teens with Autism (free shipping before Feb 22)

As you know, teens with autism face unique challenges in navigating middle and high school environments- especially when it comes to friendship and romance. With limited social skills, these teens are frequently lonely, isolated or victimized by others. When romantic feelings arise, their uninformed behavior may lead to embarrassment or, more seriously, sexual harassment or stalking. Dibble has released a new curriculum that can be used to address students with autism. If ordered before February 22, shipping will be provided for free. Fine full details at www.DibbleInstitute.org

20. Building Healthy Families in Kansas/Middle Level FCS Teaching Resource Update

This newly written teaching resource is in the last stages of preparation before release for piloting. This process includes the development of a logo, review by our legal department and an analysis of content that easily flows from one unit to another. As always, the process takes longer than anticipated. The middle level FCS Teaching Resource is following the same situation as the Building Healthy Families in Kansas. More information will be shared when it is available. Your patience is greatly appreciated.

21. April 3rd HSFPP Training—A Collaborative Event in the Name of Money Management

On April 3rd, teachers who teach about the issues of money management/consumer ed/personal finance are invited to create school teams and attend this 3 ½ hr High School Financial Planning Program (HSFPP) training and create an action plan for addressing this important topic in their schools. This is not about teaching a course, but how multiple disciplines can come together to share their strengths and create a consistent message for students. Family and Consumer Sciences can have an active role in creating collaborative efforts and promote their role in teaching how to make mindful money decisions and promote habit change. This free training will be live streamed to six locations—Manhattan, Olathe, Wichita, Chanute, Colby and Garden City from 3:00-6:30 p.m. and includes the evening meal. Representatives from the Cooperative Extension Service and financial institutions will be on site to assist with questions. Teams attending will also be eligible for implementation grants to assist with promoting lessons learned. Registration links will be shared when it opens and is capped at 100 participants. Those attending will need to bring the HSFPP instructors materials or have it downloaded to their laptops for reference. To obtain both, go to www.hsfpp.org and follow the directions. First time users will need to register and set a password. (NOTE: Allow three-four weeks if ordering the paper copy.)

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