

March-April-May 2013 E-NEWSletter

"When we decode a cookbook, every one of us is a practicing chemist. Cooking is really the oldest, most basic application of physical and chemical forces to natural materials."

- Arthur E Grosser, Professor of Chemistry, McGill University

Spring has arrived and with it thoughts of the closing of one school year and the planning for the next. This E-ENEWSletter is coming to you as the last official one of the school year. It will include some dates for summer and fall as well as professional development opportunities. It also includes the annual survey for Kansas FCS programming which is so vitally important to me as I look for documentation of what we are doing in the field and the technical assistance you need to continue and/or improve your role in today's CTE programs. Many items are for your review and consideration over the summer break.

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20. September FCS Update Webinar

21. 2013 HIV/AIDS/STD and Human Sexuality Conference—June 12-14 (**Early Bird: June 1, 2013**)

Dates:

- May 30-31, 2013-- Culinary Academy--**Deadline: May 20** (See #2 Below)
- **May 31, 2013—Team Nutrition Grants Due** (See 15 below.)
- <http://events.ksde.org/Default.aspx?tabid=769>
- July 28-31, 2013—K-ACTE Conference—**Deadline: Early Bird July 8/Hotel: June 28** (See #19 below)
- August 25-26, 2013—Take AIM Conference **Deadline: May 17, 2013** (See #18 below)
- September—Fall FCS Update Webinar
- October 11, 2013—KSU FCS Ed Day (Learn about and promote FCS/FCS Ed at KSU!))
- October 29, 2013—PSU FCS Career Day (Learn about FCS at PSU and more!)
- November 6-8, 2013—Governor’s Conference on the Prevention of Child Abuse

1. Annual Kansas FCS Survey

Please note how important the survey is to complete. In the Spring of 2011, almost 300 teachers responded, in 2012 only 147. We have close to 500 practicing FCS middle level and secondary FCS teachers in Kansas. The data collected will be much more valid with a higher completion percentage as the role FCS has in today’s schools both within the career clusters and through prevention education is shared and technical assistance for 2013-14 is planned. Note, it will only take you about 5 minutes to complete, but the data collected is invaluable. **Try to complete by May 25, 2013** (or before you leave for the summer). Multi-teacher departments can complete individually, but only refer to YOUR classroom when responding. Here is the link:

<https://www.surveymonkey.com/s/Spring13FCSurvey>

2. Culinary Academy—May 30-31, 2013 (Deadline: May 20, 2013)

CULINARY ACADEMY 2013-- Professional Development
(Pre-Academy Workshop—Serv Safe Train the Trainer—May 29)

As a culinary/FCS educator, you have access to opportunities that can help you grow and succeed right alongside your students. The following opportunities are available to secondary educators interested in continuing education and professional development in the field of Culinary Arts.

The Culinary Academy supports the Restaurant & Event Management Pathways with two add-on classes: Art of Chocolate level I, Art of Chocolate level II, and one Spice Merchant tour. **REGISTRATION DEADLINE: May 20th (or first 50 registrants)**

Registration form can be found at the following link:

<http://www.krha.org/displaycommon.cfm?an=4>

Additional information:

Priority will be given to schools that have an approved culinary arts and event management pathway approval for the 2013-14 school year, *HOWEVER we have spaces now to add other FCS educators who are not linked to this pathway, but would like to attend to learn more about this field and the skills required.*

The add-on Art of Chocolate classes are \$35 for each session and will be based upon using chocolate in culinary applications. All add-on classes are limited to 25 individuals. These classes will be filled on a first come first serve basis, and you must complete level one (either now or at some time prior to the event) before enrolling in level two. Please contact Neeley Carlson at 316-267-8383 to confirm open spots prior to registering.

A group hotel room rate has been set up at the Best Western Airport Inn. The group booking information is included on the registration form. Each participant planning to attend is responsible for their own reservations. The group booking is for one individual. If teachers would like to share a room a room arrangements can be made by calling the hotel directly under the “culinary academy” group booking.

If you have any questions about the culinary academy registration you can contact Neeley Carlson at ncarlson@krha.org or 316-267-8383.

3. Common Core Connection Resource for the FCS Classroom

At the request of the field, a reference was developed to assist you in determining how the FCS classroom promotes the common core standards. This resource will be added to the Family and Consumer Sciences Webpage under Resources over the summer,

however if you would like this document now, send your request to grandel@ksde.org I will also review this work in detail in the September FCS Update Webinar.

(NOTE: This could not have been done without those who attended in the March 6th 21st Century Skills Concept to Practice Workshop where the literacy component was developed. Thanks to those who participated in that work.)

4. KCCMS Mapping of Courses—Note Coding

Please make sure to share the information below with the person(s) responsible for mapping CTE courses into KCCMS for the 2013-2014 school year and beyond. Here are some major points to consider:

- The KCCMS codes and data is imperative to the work we do in Kansas as it is linked to a number of reports and data connections.
- All courses need descriptions so that we can ensure the code is being used accurately. Codes are assigned based upon course content. Course content is important to the pathways due to student development as directed by the competencies for each course.
- Courses are to be designated by their function within the pathway. The code is as follows:
 - F-- Funded—Pathway course that earns weighted funding;
 - X-Pathway Intro course;
 - L—Pathway course that is awarded SB155 tuition coverage;
 - T—Non-pathway CTE course that is local elective secondary level only;
 - E—Non-pathway course at the middle level that is exploratory in nature
 and
 - R—Non-pathway course that is awarded SB155 tuition coverage.
- Be sure to let mappers know that these new CTE course code designations are to be used for 2013-2014 CTE courses and beyond. Edits to KCCMS should not be made until after mid-July after the approved CPPSAs are archived. Here is a reference table:

CTE COURSE MAPPING DESIGNATIONS (2013-14 and after)

DESIGNATION	.5 FUNDED	APPROVED IN PATHWAY <i>(Refer to pathway design sheets for approved codes)</i>	EARNES COLLEGE CREDIT	Tuition may be paid through Senate Bill 155
F	Yes	Yes	No	No
L	No	Yes	Yes	Yes
X	No	Yes	No	No

T	No	No	No	No
R	No	No	Yes	Yes
E	No	No	No	No
C—No longer recognized	-----	-----	-----	-----

Other Resources for Mapping Courses:

- Career Cluster Guidance Handbook:
<http://www.ksde.org/LinkClick.aspx?link=http%3a%2f%2fwww.ksde.org%2fPortals%2f0%2fCluster%2520Booklet%252013-14-2.3.pdf&tabid=2439&mid=7171&forcedownload=true>
- KCCMS Web Page: <http://www.ksde.org/Default.aspx?tabid=2439>
- Kansas Course Code Management System User Guide:
<http://www.ksde.org/LinkClick.aspx?fileticket=bSi5RKfG5Rg%3d&tabid=2439&mid=7171&forcedownload=true>

For additional information, contact:

Kansas Course Code Management System (KCCMS):

<http://www.ksde.org/Default.aspx?tabid=2439>

5. Child Development and Services Resources:

The following web links might be helpful, especially if used as part of an Early Child pathway.

www.kcsl.org (twitter.com/PCA Kansas or facebook.com/PCAKansas)

khunt@ksheadstart.org (Kansas Head Start Association contact)

Kansas Head Start has dental health handouts in English and Spanish to encourage proper dental health for young children. These may be useful in your early child and/or family studies related courses. The KHSA website is under revisions therefore, the email was provided to a person who can provide you the document links.

6. Governor's Conference for the Prevention of Child Abuse and Neglect—November 6-8, 2013—Topeka, KS

The 37th Annual Governor's Conference for the Prevention of Child Abuse and Neglect will take place November 6-8, 2013 in Topeka, KS at the Capitol Plaza Hotel.

The conference is an educational, networking and recognition event acknowledged as the most comprehensive conference in Kansas regarding the issues of child abuse and neglect. Kansas Children's Service League along with more than 20 co-sponsoring organizations and underwriters presents the Governor's Conference.

Kansas Children's Service League is committed to featuring the best speakers the field has to offer and to addressing current topics and issues throughout the conference.

Workshops will emphasize knowledge-sharing, skills-building, practical application and audience participation. This conference is not a teacher's conference, but rather is in direct line with the occupations promoted as part of the Family and Community Services pathway. You would be interacting with social workers and others who work with child welfare issues.

If you would like to see examples of the topics are that discussed, refer to this link for the 2012 conference materials.

https://www.childwelfare.gov/calendar/materials/governor_12.cfm

7. News Article and Responses—March 12, 2013 Article “Teaching Kids About Money”

There was an article this Spring regarding new standards by the Council for Economic Education that relates to teaching kids about money. It was written and posted on March 12, 2013 by Dan Kadlec and titled “*Coming Soon: New Standards for Teaching Kids about Money*”. Below are two response letters (editorials) with regard to FCS connection to this teaching. Here is a link to the original article:

<http://business.time.com/2013/03/12/coming-soon-new-standards-for-teaching-kids-about-money/>

OR

Read more: <http://business.time.com/2013/03/12/coming-soon-new-standards-for-teaching-kids-about-money/#ixzz2NvHCzs44>

Response #1 to the article above (“New Standards for Teaching Kids about Money”)

By Cynthia Simmons (FCS Educator) March 18, 2013 (Adapted)

Dear Mr. Trittin,

“Family and Consumer Science (FCS or FACS) educators have been well trained in teaching personal finance for over a century. We have demonstrated that the FCS (or

FACS) courses can cover this topic-while incorporating both the FCS and core standards. As a segment of Career and Technical Education (CTE; vocational), we have always had to demonstrate that the curriculum dovetails with both sets of standards. FCS teachers have the time to put into such courses at both the middle and high school levels, without also being responsible for teaching specifics related to math equations, poetry and masterpiece readings. Our curriculum incorporates active learning that includes those types of component too, but associated with everyday life examples that students can personally relate to. Some high schools require that all students in the district take the FCS Personal Finance course for graduation credit. Members of the Michigan Board of Education have supported adopting this as our policy state-wide, with Family and Consumer Science teachers being the most qualified to teach the course.

The core teachers often mention how rushed they are to cover the basic concepts associated with their current standards. FCS educators are prepared to teach personal finance with well designed lessons in an environment where the subject is the focus, not just another standard to check off after a lesson is completed. The idea of using educationally sound methods to cover such important “life lessons” that are needed by everyone throughout adulthood is very good for our students. Having the Family and Consumer Science educators teach the lessons is the right thing to do.”

Response to Ms. Simmons by Mr. Trittin (article author)

“Dear FCS Leaders,

My name is Dennis Trittin, and I have been encouraged to participate in the discussion regarding the looming Common Core Standards for financial education. By way of background, I retired from a 30-year career in investments (serving as the lead portfolio manager for Russell Investments) to develop a financial literacy/life skills program at an area school whose Board I chaired.

I have long been a staunch advocate for financial literacy, as a *component of overall life literacy*—the far greater imperative. Employers everywhere are lamenting the lack of basic life skills in our younger generation and the amount of retraining required. With the breakdown of family, high teen unemployment, and schools focusing on training the mind rather than the whole person, this outcome is unsurprising. This is *not* what employers want, nor what students need, as they prepare for independence. The fact that FCS-related courses are not required of *all* students is a big part of the problem!

I am very supportive of integrating finance into math courses (after all, managing our money is the primary way we use math in life). There is a great opportunity to teach values and applied math in ways that don't detract from the core subject, especially in

the elementary grades. However, when it comes to the middle and high school years, I am in complete agreement with Cynthia Simmons' excellent response. It would be more effective for this (and other life readiness subjects) to be taught by experienced FCS/CTE instructors rather than embedded in Math and English. However, I would go even further by saying broad life skills courses should be *required* of all students. The reasons are many:

- The nature of financial education is very involved (unless superficially taught) and would require far more time if embedded. The “opportunity cost” of this diffusion would be significant, particularly when we consider the weak math and reading performance in our nation’s schools. What will be lost through adding this new, unrelated load to the plates of our Math and English teachers? And, by the way, what on earth does financial literacy have to do with teaching English?
- This subject arena is best placed in a context of life preparedness rather than dealt with on a piecemeal basis with instructors of varying familiarity with finance. As mentioned, there are natural places to incorporate some of these concepts into math, but subjects like budgeting and investing require *significant* time and familiarity to be effectively taught. A comprehensive, focused, and *integrated* approach with a well-credentialed instructor will be far more effective than a fragmented, distributed one to different teachers with varying skill and no ability to integrate the concepts.
- Financial education should also incorporate career education and be closely tied to life readiness training. If one lacks employability, he/she will not have much money to manage!
- There are major new initiatives (especially involving technology integration) that are being absorbed by our nation’s teachers. This is a needless addition to courses already lacking in strong performance metrics. Again, the opportunity cost is significant.

To summarize, we believe the best solution is having applied math involving finance weaved in the elementary grades but that financial literacy in the middle and high school grades is best achieved within the context of a broad life skills program required of *all* students. Further, they should be taught in an *integrated* fashion by instructors with expertise in these and other life skills related subjects.

Please let me know how we can serve as your advocate in this important topic. We’re ready to serve you and the students of the great state of Michigan!

Sincerely, Dennis J. Trittin, CFA; CEO and President, LifeSmart Publishing, LLCI

8. Teaching Kids About Financial Topics

Recently I found this “ *Money As You Grow*” *web link* which you might find helpful as you teach about family finance and teaching children about money either through your Family Studies or Early Child courses.

Website: <http://moneyasyougrow.org/>

In addition, see these links to KSDE references I developed for teaching Kids about Financial topics that could be helpful in your parenting and family studies courses. It’s found on the FCS webpage.

Download	Teaching Children Financial Literacy Concepts - September , 2011	351.01 KB	 PDF	3/29/2012
Download	Teaching Children Financial Literacy Concepts - September, 2011	104.41 KB	 PowerPoint	3/29/2012

9. Obesity Prevention—News Report--Virginia

This FCS classroom teacher is embracing the prevention education component of FCS programs today as a method of addressing obesity .

http://www.ktvl.com/shared/news/top-stories/stories/ktvl_vid_5613.shtml

10. AAFCS Offers Effectiveness Tools for FCS Promotion.

AAFCS has an entire file of tools for marketing your FCS program. Review these “Effectiveness Tools” at this link: <http://www.aafcs.org/EssentialTools.asp>

11. U.S. Dept of Health and Human Services Web Link—

The U.S. Department of Health and Human Services supports prevention strategies when promoting health in the U.S. population. They say “ *Eat smart, exercise regularly, and get routine health screenings. Be an active participant in managing your health. Start leading a healthy lifestyle.*”

The webpage for this agency includes health related resources and web links for prevention of disease and health promotion. Items range from healthy lifestyle and exercise/fitness to diet, nutrition and eating right. Here is the link:

<http://www.hhs.gov/safety/index.html>

12. ENC New Obesity Prevention Resources and Video for the Classroom.

Nearly 1,000 Family & Consumer Science teachers and nutrition educators are members of the ENC-Teacher Exchange, and visit the website that is populated it with 10 videos on topics ranging from "obesity" and "hunger" to "protein benefits," and made dozens of new downloadable teaching tools available. Visit <http://www.eggnutritioncenter.org/> and consider it as a possible teacher reference.

ENC-Teacher Exchange remains focused this year on obesity prevention, but another new video was recently added that describes how the Dallas Independent School District recently voted unanimously to combat hunger by bringing breakfast into the classroom for all of its 157,000 students. Refer to their website to view "*Breakfast in Dallas*".

13. Searching for Kansas public post-secondary programs. (From Peggy Torrens)

The link below is to a webpage search engine which can assist you or your students to locate public post-secondary programs in Kansas. It would be a great fit in any course that offers students a chance to search for post-secondary schools within their selected career cluster.

https://submission.kansasregents.org/public/pi_search_advanced.jsp

14. The Need for Quality Early Childhood Education

Since the President's State of the Union address, there have been many public debates about the value of early childhood programs. Many have asked for data and examples on the benefits of early childhood programs and the recent support for quality early child education by the White House. Here is a link to one study which reviews this initiative:

<http://nieer.org/research/state-pre-k-evaluations>

Arne Duncan, U.S. Secretary of Education has shared this web link regarding studies related to the need for quality early education. The link is www.ed.gov/early-learning/research.

15. USDA/Kansas School Nutrition Program Update (See Deadlines below)

USDA has announced a one-year extension of the flexibility on meeting the weekly requirements for grains and meat/meat alternates through School Year 2013-2014. This extension applies to both breakfast and lunch and states that schools must only meet the weekly minimum through SY 2013-14 while staying within calorie ranges for each age/grade group. USDA stated that they received a strong amount of feedback showing that the flexibility for this school year better allowed sponsors to create healthy nutritious meals while maintaining the integrity of the objectives of the meal pattern guidelines.

USDA's "Smart Snacks in Schools"

USDA recently proposed practical, science-based nutrition standards for snack foods and beverages sold to children at school during the school day. Rather than offer a single approach, the proposal offers alternatives in several areas. Go to http://www.kn-eat.org/CNW/CNW_Menus/Index.htm to learn more. Free posters, planners and educational brochures about food allergies is available as well.

TEAM NUTRITION—

Here is a link for more information:

http://www.kansasteamnutrition.org/TN_Menus/TN_Home.htm

Look toward the TEAM NUTRITION program to assist your work in educating youth(of all ages) in your school. There are grants available to assist you. **Grants Due: May 31, 2013**

Other Support Programs--Applications Due August 31, 2013:

- **Power Panther Pals Primary Level (K-2) and Intermediate Level (3-5).** Applications are being accepted for this 8-week health education curriculum that incorporates nutrition education, physical activity and cooking/tasting activities. Sub-grant funding in the amount of \$5 per student is available to help implement the cooking/tasting activities.
- **Power Up!** This 8-week health education program curriculum for middle school students includes sub-grant funding, \$5 per student, to help cover the costs of cooking/tasting activities. Curriculum contains nutrition education, physical activity and self-esteem boosters for middle school students.
- **Power Panther Professionals (Staff Wellness Program).** Apply for this 6 to 12 week customizable staff wellness program designed for school personnel. Choose from three program offerings including MyPlate Basics, Wellness Everyday and Incorporating Nutrition Education and Physical Activity into Existing Lessons. Sub-grant funding in the amount of \$100 per participating school is available.

16. Food Service and Production Resource

As part of the school nutrition program, the following is part of the school staff reference materials. You may find it helpful as a reference tool for your food safety and production related questions. The forms would be actual forms used by industry.

http://www.kn-eat.org/SNP/SNP_Menus/SNP_Guidance_Food_Service_Facts.htm

17. FCS Careers/FCS ED Promotion Days—October 11, 2013 (KSU)/October 29 (PSU)

Kansas is in need of an increase in students interested in FCS Education to meet the need within our State. Kansas State University has taken the challenge and is organizing a day in which students can learn what it means to be in FCS Education , talk with teaching staff and College of Human Ecology students, and experience what KSU has to offer. The day will include a professional development track for educators as well. Pittsburg State University has a similar event which focuses on FCS careers and the PSU College of Family and Consumer Sciences. Their event will be October 29th and has proven to be very successful in promoting interest in FCS. More details will be coming in the Fall, but note the dates today.

18. Take AIM Conference—August 25-26, 2013 (Deadline: May 17, 2013)

The Take AIM conference was established to give new members and leaders a chance to learn about FCCLA, embark on their leadership journey, and to meet members and friends from across the state of Kansas! The conference is a must-attend for any member new to the organization or to a new leadership role. A teacher/advisor track will discuss current issues and relevant application to the FCS classroom. Teachers may come independently without FCCLA members if desired. Here is a link to the registration: <http://events.ksde.org/Default.aspx?tabid=702>

19. K-ACTE Conference—July 28-31, 2013 (DEADLINE: Early Bird: July 8th/Hotel: June 28)

The Kansas Association of Career and Technical Education annual meeting is set for last July and will be a great time to re-energize for the school year. Are you a new FCS Education professional or know someone that is? There will be a free new FCS Educator Training on Sunday afternoon 2:00-6:00 p.m. Register by emailing mlward@ksde.org so a packet can be secured for you. More details will be shared closer to the event.

The rest of the meeting includes a look at state and national CTE on Monday, followed by specific content directed sessions and tours on Tuesday and Wednesday. Included on Monday afternoon will be a KSDE update for the career clusters. There will be a FCS track that spans the FCS/Human Services career clusters and a FCS KSDE update (different than Monday's update) will be Wednesday morning. It will include a panel discussion about FCS credentials and the AAFCS pre-PAC as the end of pathway assessments, Building Healthy Families in Kansas and Middle Level FCS Teaching Resources and National FCS Initiatives that will impact your classrooms. Here is a link to the registration webpage: <http://www.k-acte.org/>

20. September FCS Update Webinar—Date: TBD

This webinar will discuss a number of items, including common core alignment in FCS classrooms, STEM and FCS connection, End of Pathway Assessment, Credentials as well as several guest presenters from TEAM Nutrition and Kent Reed, KSDE Counseling Consultant who will discuss the Social, Emotional and Character Education movement in Kansas. Both presenters will share information that can easily be integrated in the FCS classroom if not already.

21. 2013 HIV/AIDS/STD and Human Sexuality Conference—June 12-14 (Early Bird Registration: June 1, 2013)

This health related conference comes highly recommended. The 2013 conference will be at the Kansas City Airport Hilton, Kansas City, MO. Here is a link to the registration page:
<http://events.ksde.org/Default.aspx?tabid=769>

HAVE A GREAT SUMMER! See you all in August!