Introduction to Family and Consumer Sciences Course Topic Outline Pathway Level: Introduction

The following outline is limited to the technical portion of the course competencies. Local schools must ensure that the academic foundations, communication, problem solving, information tech, safety and career development competencies are embedded within the course as well.

Please note, local schools may add to, but not delete from the competencies. Additional content is to be reflected by modifying the competency sheets to reflect the additions. All competency sheets are to be completed by the concentrators and kept on file until notified otherwise.

Technical Content: (sample)

(NOTE: The entire outline is new. I rearranged the profile sheet to be a more logical ordering of competencies. That made it impossible to adapt the "A" course outline.)

Human Services

Family as basic unit of society

Importance of relationships

Healthy vs Unhealthy

Conflict Resolution—Decision making and problem solving skills

Professional assistance vs personal prevention intervention

Child Development

Promoting growth and development of children

Quality care

Personal readiness for providing care for children

Financial Planning

What it is and why is it needed

How to make consumer decisions

Practicing basic skills (as in a role play)

Nutrition and Wellness

Physical, Social, Emotional and Mental connections

Locating reliable nutrition/wellness information (i.e. labeling, FDA, USDA)

Food preparation skills as a prevention strategy for nutrition related health issues.

Role of Family and Consumer Sciences education as a prevention strategy in developing a healthy self

Career Development

Assess strengths, interests, needs and career preferences using assessments

Look at human service (and related) employment and entrepreneurship opportunities.

Profit vs non-profit entities

Family and Consumer Sciences Education as a Human Services career option.

Demonstrate communication, teamwork and leadership skills

Career Introduction

Family and Community Services

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)

Food Science, Food Technologies, Dietetics and Nutrition

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)

Early Child Education, Education and Related Services

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)

Consumer Services

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)

Textiles, Apparel and Design

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)

Food Production and Food Services

Traits and Skills of the individual for success

Roles and functions of those in this field

Educational and training (entry, skilled and professional levels)