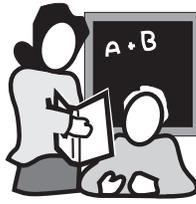
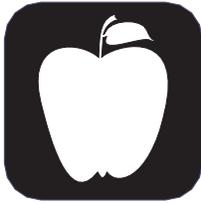


Entering Middle and High School Student Self-Assessment



One of the best ways to get to know incoming students is to ask them to conduct a self-assessment survey. By interviewing incoming freshmen, middle and high schools can connect with students by discovering their likes, dislikes, and interests. This self-assessment was developed for an alternative program in Ohio, but it can be used by all middle and high schools.

Self-Assessment: Success Qualities You See in Yourself

Student name:

Enter the number that most describes you in relation to each statement:

0 = never 1 = sometimes 2 = most of the time 3 = all the time

- | | |
|---|---|
| <input type="checkbox"/> I am self-confident. | <input type="checkbox"/> I complete class work. |
| <input type="checkbox"/> I complete homework. | <input type="checkbox"/> I am organized. |
| <input type="checkbox"/> I work independently. | <input type="checkbox"/> I recognize the strengths of others. |
| <input type="checkbox"/> I get along with others. | <input type="checkbox"/> I express my views appropriately. |
| <input type="checkbox"/> I am able to communicate ideas well. | <input type="checkbox"/> I am sensitive to the needs of others. |
| <input type="checkbox"/> I am kind and considerate. | <input type="checkbox"/> I am able to work with different kinds of people. |
| <input type="checkbox"/> I make good choices. | <input type="checkbox"/> I am a hard worker. |
| <input type="checkbox"/> I enjoy helping others. | <input type="checkbox"/> I am even-tempered. |
| <input type="checkbox"/> I am able to get along and work with adults. | <input type="checkbox"/> I plan and use my time efficiently. |
| <input type="checkbox"/> I have a positive outlook on life. | <input type="checkbox"/> I interact with my peers in an appropriate manner. |
| <input type="checkbox"/> I know how to gather and use information. | <input type="checkbox"/> I am a good listener. |
| <input type="checkbox"/> I follow school and classroom rules. | <input type="checkbox"/> I participate in class. |
| <input type="checkbox"/> I like school. | |

My favorite subject is:

It is my favorite subject because:

I am involved in these extracurricular activities (e.g., sports, clubs, music):

I work after school (yes/no):

I work this many hours (day/night/weekend):

I spend this much time doing homework each night:

If I could change one thing about school, it would be this:

These are three of my greatest strengths:

I would like to have more of these personal skills and qualities: