

SCHOOL COUNSELING CURRICULUM MAP/PACING GUIDE- 1st Semester

Counselor: Amy Kerns School: Rockledge Elementary School

Year: 2008-2009

| Grade Level | September | October | November | December |
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| K | | KP.4 Distinguish between appropriate and inappropriate behavior in school. | KC.2: Develop awareness of careers in the community. | KC:1 Identify areas of interest. |
| 1 | | 1A.3 Understand the importance of goal setting. | 1A.1 Develop skills and positive work habits (including task completion) to successfully meet school requirements. | 1C.1 Develop an understanding of roles and contributions of workers in school, home, and community. |
| 2 | | 2A.1 Develop awareness of goal-setting steps. | 2A.2 Recognize the relationship between goal setting and accomplishing work. 2P.4 Identify and utilize test-taking skills. | 2P.5 Recognize peer pressure and bullying situations. 2P.6 Recognize different coping strategies to deal with situations. |
| 3 | 3A.5 Identify how group participation contributes to learning. 3P.1 Identify different modes of interpersonal communication (verbal, non-verbal). 3P.6 Explain the skills needed to function effectively in groups. | 3A.1 Set realistic short-term goals. 3A.4: Display a positive work ethic (persistence, self-motivation, punctuality, etc.) | 3C.1 Demonstrate how a positive outlook regarding self, education and work enhances potential and increases productivity. | 3A.1: Set realistic short-term goals. 3A.2: Recognize the relationship between learning/achievement and personal effort |
| 4 | 4P.6 Recognize that group members may have differing opinions. 4P.4: Generate alternative solutions to problems and consider/evaluate consequences. | 4P.2: Identify and describe the steps in a decision-making/problem-solving process. 4P.5: Demonstrate the decision-making process. | 4P.3: Identify factors that influence personal decisions. | 4P.1: Evaluate methods of expressing feelings. |
| 5 | 5A.3: Recognize the benefits of individual initiative and teamwork. | 5P.2 Demonstrate how to communicate with others. 5P.8: Identify and analyze group dynamics in a variety | 5A.1: Set realistic long-term goals. | 5P.1: Describe how verbal and non-verbal behavior influence interpersonal relationships. |

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| | | of situations. | | |
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SCHOOL COUNSELING CURRICULUM MAP/PACING GUIDE- 2nd Semester

Counselor: Amy Kerns School: Rockledge Elementary School

Year: 2008-2009

| January | February | March | April | May | June |
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| <p>KP.2: Identify and understand the meaning of various feeling words.</p> <p>KP.3: Develop awareness of empathy.</p> | <p>KA.1 Recognize responsibilities of being a student worker in school.</p> | <p>KP.1: Recognize and appreciate one's unique abilities.</p> | <p>KP.5: Use appropriate communication skills to ask for help when needed.</p> | | |
| <p>1A.2 Understand that mistakes are essential to the learning process.</p> | <p>1P.1 Describe how to express feelings in constructive ways (i.e. "I statements.")</p> | <p>1P.2 Develop an awareness of the importance of personal safety (i.e. Know telephone number, home address, emergency contact information, Stranger Danger).</p> | <p>1P.3 Identify situations requiring adult professional help.</p> | <p>1C.2 Identify personal skills, abilities, and interests in the areas of academic, career, and personal/social development.</p> | <p>1C.2 Identify personal skills, abilities, and interests in the areas of academic, career, and personal/social development.</p> |
| <p>2C.2: Identify resource people in the school and community and understand how to seek their help.</p> | <p>2P.1: Identify forms of communication (e.g., listening, speaking, body language, etc.)</p> | <p>2P.2 Develop awareness of individual differences.</p> <p>2P.3 Define "friend" and describe what is meant by "friendship."</p> | <p>2A.4 Identify and utilize test-taking skills.</p> | <p>2C.1 Learn about the variety of traditional and non-traditional occupations in a changing work place.</p> | <p>2C.1 Learn about the variety of traditional and non-traditional occupations in a changing work place.</p> |
| <p>3P.2: Positively communicate thoughts, feelings, and needs to others in a variety of situations.</p> <p>3P.3: Demonstrate and accept responsibility for individual behavior and how it affects others.</p> | <p>3P.4: Demonstrate self-control.</p> <p>3P.5: Demonstrate how to communicate positively in a conflict situation.</p> | <p>3P.7: Identify the decision-making process.</p> <p>3P.8: Understand that diversity exists in the United States of America and appreciate the similarities and differences of all ethnic</p> | <p>3A.3: Identify and utilize study, organizational, and test-taking skills.</p> | <p>3C.2: Recognize that skills, abilities, and interests are considerations in the choice of careers.</p> | <p>3C.3: Understand that jobs with similar characteristics may be grouped as job families or career</p> |

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| | | backgrounds. | | | clusters. |
| 4P.8: Identify factors that impact personal safety and well-being (i.e. substance abuse, etc.). | 4P.9: Demonstrate self-reliance. 4P.7: Demonstrate different coping strategies for various situations and life changes. | 4A.5: Understand how personal learning styles can impact school achievement. | 4A.2: Identify and utilize effective test-taking skills. | 4A.3: Demonstrate time management and organizational skills. 4A.1: Identify and describe how decision-making, problem-solving, and coping skills support or interfere with academic achievement. | 4C.1 Identify hobbies and interests. 4C.2: Relate each step of the decision-making/problem-solving process to career development (awareness, exploration, and preparation). |
| 5P.3: Demonstrate appreciation and respect for similarities and differences in opinions. 5P.4: Describe strategies for getting along with others. | 5P.7: Demonstrate effective responses to peer pressure and bullying situations. | 5P.5: Demonstrate how to disagree with other without provoking them. 5P.6: Demonstrate appropriate responses to ease a conflict situation. | 5C.1: Compile a list of personal abilities. 5C.2: Describe how personal strengths in school work affect future goals and career options. | 5C.3: Understand that the changing workplace requires lifelong learning and acquiring new skills. 5C.4: Acquire employability skills such as teamwork, problem-solving, and organization. 5C.5: Identify career choices through various means of exploration. | 5C.6: Describe changes as inevitable and necessary to adapt to new situations, (e.g., middle school). |
| | | Parent Night | Spring Carnival | | Talent Show |

** I will also offer the following groups: Changing Families, Anger Management, Social Stars, and Friendship