# PROTECTIVE FACTORS SURVEY

**Part I.** Please ***circle*** the number that describes how often the statements are true for you or your family. The numbers represent a scale from 1 to 7 where each of the numbers represents a different amount of time. The number 4 means that the statement is true about half the time.

| | Never | Very Rarely | Rarely | About Half the Time | Frequently | Very Frequently | Always |
|---|---|---|---|---|---|---|---|
| 1. In my family, we talk about problems. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. When we argue, my family listens to "both sides of the story." | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. In my family, we take time to listen to each other. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. My family pulls together when things are stressful. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. My family is able to solve our problems. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**Part II.** Please *circle* the number that best describes how much you agree or disagree with the statement.

| | Strongly Disagree | Mostly Disagree | Slightly Disagree | Neutral | Slightly Agree | Mostly Agree | Strongly Agree |
|---|---|---|---|---|---|---|---|
| 6. I have others who will listen when I need to talk about my problems. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. When I am lonely, there are several people I can talk to. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. I would have no idea where to turn if my family needed food or housing. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. I wouldn't know where to go for help if I had trouble making ends meet. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. If there is a crisis, I have others I can talk to. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11. If I needed help finding a job, I wouldn't know where to go for help. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**Part III.** This part of the survey asks about parenting and your relationship with your child. For this section, please focus on the child that you hope will benefit most from your participation in our services. Please write the child's age or date of birth and then answer questions with this child in mind.

| | Strongly Disagree | Mostly Disagree | Slightly Disagree | Neutral | Slightly Agree | Mostly Agree | Strongly Agree |
|---|---|---|---|---|---|---|---|
| 12. There are many times when I don't know what to do as a parent. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 13. I know how to help my child learn. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 14. My child misbehaves just to upset me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**Part IV.** Please tell us how often each of the following happens in your family.

| | Never | Very Rarely | Rarely | About Half the Time | Frequently | Very Frequently | Always |
|---|---|---|---|---|---|---|---|
| 15. I praise my child when he/she behaves well. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 16. When I discipline my child, I lose control. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17. I am happy being with my child. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 18. My child and I are very close to each other. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 19. I am able to soothe my child when he/she is upset. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 20. I spend time with my child doing what he/she likes to do. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

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