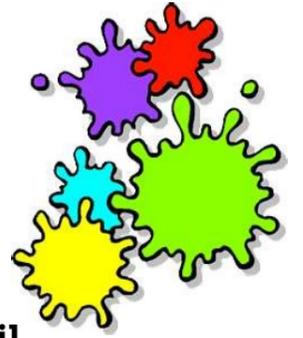


Kansas FCCLA E-Newsletter



November 2011 Edition: presented by the 2011-2012 State Executive Council

FCCLA takes the Capitol City by storm

In early October, I, as well as five other members of your State Executive Council and one Chapter member McKenzie Welsh from Southeast of Saline, took Washington DC by storm at Capitol Leader-

ship! Our adventure started off bright and early on Saturday, with our flight arriving into Washington at 9 AM! We spent the rest of the day exploring the sights and attractions of DC, such as the monuments and museums. Then on Sunday, the conference began. We spent the day getting reacquainted with the other attendees, as well as with the 2011-2012 National Executive Council! Next up on Monday, we were given training on the advocacy process so that we could better represent FCCLA.



When Tuesday came around, we put our training to work when we spent the day in meetings with Kansas Legislators on Capitol Hill! On Wednesday, we wrapped up the Conference with our good-byes and went on our way back to Kansas. Overall, the Conference was very successful and a truly amazing experience. Finally, We would like to thank Kansas FCCLA for allowing us to have this incredible experience. It will really be something we never forget.

-Dalton Noakes. President



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Soles 4 Souls work in Kansas

Southeast of Saline's FCCLA chapter is going above and beyond as they strive to collect five hundred new or gently used shoes for needy communities across the globe.

This year the National outreach projects is Soles 4 Souls which is a Nashville based charity that collects shoes from warehouses of footwear companies and the closets of people all across the country. The charity distributes these shoes to people in need, regardless of race, religion, class, or any other criteria. Since 2005, Soles 4 Souls has delivered over sixteen million pairs of shoes.

Thursday October 27th, the SES FCCLA chapter collected shoes at the Southeast of Saline football game. Then, on October 30, 2011 the Southeast of Saline chapter went to Assaria, Kansas as they "trick or treat" for shoes from 5 to 7 PM.

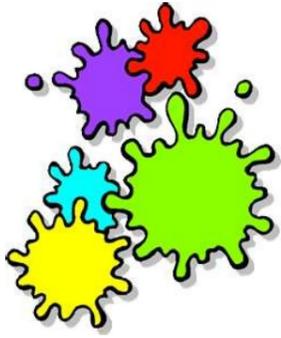
-Juanelle Garretson, Southeast of Saline HS Adviser

Fredonia High, Trick or Treats for Community Service

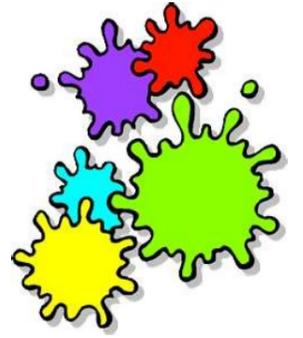
Fredonia High School Family, Career, and Community Leaders of America members rang doorbells Monday, October 31 between 6 and 7 pm asking for donations of paper products for the local childcare center. Products collected included facial tissue, toilet tissue, napkins, paper towels, construction and copy paper. Ten members collected a total of 157 items plus \$30 in cash in one hour. Afterwards they enjoyed pizza and a movie.



-Sharon Frankenberry, Fredonia HS Adviser



Become the “Ultimate Leader” with Power of One



Power of One: Give yourself the power to change yourself! Power of One helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family, in their future at college, and on the job. There are five different Power of One units that you can complete!

A Better You — Improve personal traits

Family Ties — Get along better with family members

Working on Working — Explore work options, prepare for a career, or sharpen skills useful in business

Take the Lead — Develop leadership qualities

Speak Out for FCCLA — Tell others about positive experiences in FCCLA.

In any of these units you can find the power to change yourself! Get out of your comfort zone, and try a Power of One!

-Raimie Platt, First Vice President

Ways to Save With Financial Fitness

Financial Fitness teaches you smart budgeting for your future. You learn how to separate your money into the things you really need, like food, shelter and clothing, and how to put the surplus money into a savings fund, for the times that are a little tougher. It teaches you all about the basics of banking. Learn how to handle your bank account, learn how credit can be good and bad, and learn about how investing can be a good use of extra money. It also teaches you to track and monitor your personnel spending, so that your budget doesn't get ignored. This program will also show you how to become a savvy spender and how to get the most for your money. The last thing this program shows you is how to apply this to your future, so that you have the skills you need to support yourself in your future career.



A few tips for the future

- Carry only small amounts of money with you to avoid spending a lot.
- Direct deposit to avoid spending money before it reaches your account.
- Buy only what you need. Don't buy it because its only sale.
- Use a list when shopping to avoid impulse buys.
- Use coupons to save money.

-Morgan Schremmer, V.P of Peer Education Programs

Looking Ahead



State Executive and Advisory Council Meeting-

Hesston, KS
November 29-30

National Cluster Meetings-

Denver
November 11-13

Minneapolis
November 11-13

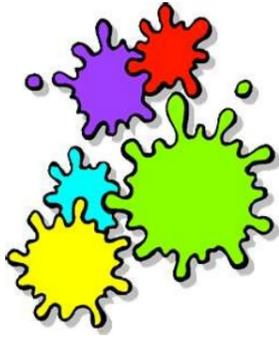
Atlanta
November 18-20

Check out Kansas FCCLA on Facebook!

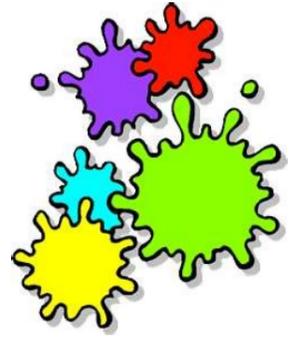


Join the Group!
“Kansas FCCLA: 2011-2012
Creativity Unleashed”

The importance of Advocating with FCCLA



To be career and college ready, you need to be able to integrate and apply 21st century skills, technical knowledge, and core academic knowledge. With an emphasis on real world, real life skills, Career and Technical Education connects you to academics and training that will help you be successful in the future. No matter what your dream is, you can pursue it through CTE.



CTE includes Family and Consumer Sciences Education, the main basis for FCCLA, along with other pathways that other Career and Technical Student Organization's (CTSO's) are founded upon. CTE is funded partially by the Carl B Perkins Act. The Perkins act is up to be reissued in 2012.

This act is vital for our organization to run at such a high level. These funds pay for the teacher to attend conferences. Without teachers our organization would lack the highly involved leadership that guides our members to success. There are many things you can do at your local, state, and national levels of government to help us continue to receive Perkins funding.

Local:

At the local level we encourage you to talk to your mayor, city council, chamber of commerce, school board, and other elected officials. A grassroots campaign can be successful and once started in a single community it can be easily spread to surrounding areas.

State:

Talk to your house of representatives, senators, governors, or even their staff. Write letters, send newsletters, articles, and even invite them to events. Show them what we are doing and how they can help us.

National:

Attend Capitol Leadership, vote each year, and stay current on current trends and topics going on in legislature. One key thing you can do to stay involved is check out blogs to see personal opinions.

There are many things you as an officer, advisor, or member can do to help CTE. There is even a STAR Event, Advocacy, that is centrally based just on advocating for FCCLA.

-Jordan Ivey, V.P. of Corporate Relations

Ten fun and easy ways to use social media in your chapter

- 1) Send articles to the E-Newsletter! We would love to know what great things your chapter is up to.
 - 2) Create a Face book page! You can have your officers take turns posting reminders and updates for all your members.
 - 3) Submit articles to Teen Times Magazine! Not only would Kansas love to know what you are doing but I'm sure nationals would too.
 - 4) Tweet! Just like any other social networking site Twitter is great to use to publicize your FCCLA chapter. You could tweet when attending any FCCLA activity or event and use FCCLA as your hash tag.
 - 5) Have your chapter president or officers create a blog that all members can follow! This way they can feel more involved and are more apt to know what is going on.
 - 6) Send articles to your local Newspaper! Showing your community everything you do will help your chapter gain support.
 - 7) Let your school know what your chapter is all about by submitting articles into your school newsletter.
 - 8) Contact your local TV station! If you have a small one nearby that would be a great way to publicize your chapter.
 - 9) Create a chapter blog! Post updates on what your chapter is doing.
 - 10) Submit articles to your District Newsletter to spotlight your chapter!
- Jordan Deters, V.P. of Membership and Recognition



New competitive events at the National Cluster meetings

This year National FCCLA is proud to announce three new



competitive events that will be held at the Denver and Minneapolis Cluster Meetings. The three new skills competitions are Culinary Food Art, Culinary Knife Skills, and Impromptu Speaking. In the Food Art competition senior and occupational

members use their creativity to create a piece of food art, with their given food items. In the Knife Skills competition senior and occupational members will show off their knife skills by using standard cuts and showing proper technique and safety practices. Impromptu speaking is open to all FCCLA members. In this event members showcase their true leadership skills by speaking on an FCCLA topic without



any prior preparation. All of these new events help FCCLA members showcase their leadership skills! So step out of your comfort zone and try one of FCCLA's new competitive events!

-Jenny Koops, V.P. of Individual Programs