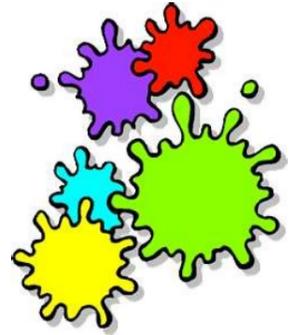


Kansas FCCLA E-Newsletter



December 2011 Edition: presented by the 2011-2012 State Executive

“Raise the Bar” with the National Cluster Meetings

At the Denver Cluster Meeting FCCLA members had the opportunity to “Raise the Bar”, with their leadership. Members had the opportunity to attend workshops, compete in the new Skill Demonstration Events, the FACS Knowledge Bowl, and general sessions. On Friday the National Officers kicked off the opening session with a Survivor theme, and speaker and mountain climber John Beede gave an inspirational speech about conquering our inner mountains. On Friday members had the opportunity to compete in Skill Demonstration events and pre-conference sessions, state officers in attendance also had the opportunity to attend training with fellow state officers.

members competed in the FACS Knowledge Bowl variety from service learning, to the National Saturday night the National officers closed members competing in competitive events,



High School also Speaking Competitions this summer in

by speaker Gerald Jones, who inspired members to live beyond the moment and set high goals for themselves. Overall Kansas was well represented among the 1900 members in attendance at the National Cluster Meeting, learning more about leadership and learning skills for life, all through FCCLA!



On Saturday

Bowl and attended workshops ranging in Outreach Project: Share Our Strength. On the meeting with recognition given to Joey Alligier from Campus Haysville placed in the top three in the Impromptu tion and will represent Kansas at Nation- Orlando, Florida. The session was closed



-Jenny Koops, Vice President of Individual Programs

Being fit, with Student Body

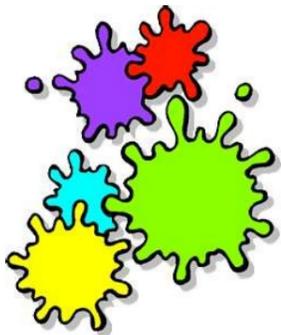
Student body is a great program not only for making good healthy decisions on how to eat right but it can also help you in making good decisions for other aspects on your life. The third unit of Student Body deals with making healthy choices. One of the healthy choices a person can really work on by themselves is working on their self esteem and building it up even if it seems hopeless or pointless. A person’s self esteem can contribute to helping their overall physical and mental health and will help in the area of making healthy choices in other areas such as eating healthy, battling eating disorders, and keeping teens from consuming alcohol and taking drugs. I found a couple of websites and I encourage you to visit these websites and well as find other websites for self help or to search for ways to help someone close to you deal with the rebuilding the fragile self esteem of teens. The following are the websites I found: <http://www.self-esteem-nase.org/> and <http://www.selfesteem.org/> . Check them out!



-Jordan Ivey, Vice President of Corporate Relations

State Executive and Advisory Council November meeting

The Kansas State executive and advisory council met November 29th and 30th in Hesston at the Crosswind Conference Center. The SEAC council is composed of the Kansas State officers, the Peer Education chairperson, the District President representative, and 2 adviser from each of Kansas’ 12 districts. The SEAC meets two different times every year to help make decisions for Kansas FCCLA. The most recent November meeting brought about some new and exciting changes for Kansas FCCLA. The SEAC decided on requiring all district officers to wear unified uniforms. To see the overview of what was discussed check out the Kansas FCCLA website, under the State Executive and Advisory Council meeting tab.



Kansas Community Service Project

The State Community Service project this year is the Ronald McDonald House Charities. This is a non-profit organization that strives to help ease some of the stress that parents with sick children feel. They provide food and a living place somewhere close to the hospital for the families to stay. They take money donations, but a major donation that they take and recycle for money are the pop tabs. Our challenge to you, the members, is to collect as many pop tabs as possible! We would like you to bring them to SLC in clear plastic bottles, so that we may donate them to the two houses located in Wichita.



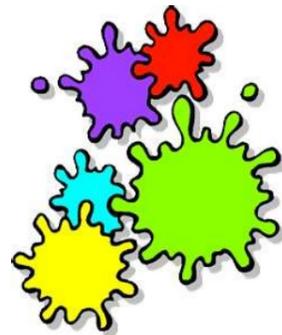
There are so many ways to get involved with this. Set up bottles in various, obvious places around your school and encourage your teachers and students to place the tabs there. Get your grade school involved and send cups or bags home with your grade school kids and challenge them to bring as many as they can. Host a "McHappy" day, by telling your students to bring a certain number of pop tabs and if they do, they receive a small prize. Unleash your creativity and you are sure to have success.



Once SLC gets nearer, gather all the tabs and weigh them. Take a picture of the tabs on the scale and then place the tabs in clear, plastic bottles. Transport them to state in the bottles, then at state we will place them on stage as a visual reference to just how awesome Kansas FCCLA members can be. Rise to the challenge set before you and help out a wonderful cause!

- Morgan Schremmer, Vice President of Peer Education

State and National recognition National Program



National Program Recognition is a great way to gain recognition for you or your chapter. If you have participated in or led a project relating to a national program I highly recommend that you apply to be recognized! If you have not been a part of a national program project, it would be a great thing to think about. National Programs are helping to better communities and kids every day.

You can apply for recognition at the state level at www.ksde.org/ksfccla, as well as, at the national level at www.fcclainc.org. You can even be eligible for cash prizes!

Just last year Kansas FCCLA was recognized for two different national program winners. Southeast of Saline was the high school runner up for the national program, Families First. Tonganoxie middle school was the middle school winners for the national program, Community Service.

Don't forget to have the forms completed by March 1st. Make sure to apply to be recognized!
-Jordan Deters, Vice President of Membership



Spread the Christmas cheer with Kansas FCCLA



Merry Christmas, FCCLA! Oh wait, it's not Christmas quite yet but we sure are getting close! Christmas is my favorite holiday, maybe yours too? When you are looking ahead at your November and December chapter meetings, incorporate Christmas activities, make it fun and exciting for the members to look forward to. Below are activities and ideas for how you can incorporate Christmas into your chapter meetings.

Candy Grams: One or two weeks before your schools Christmas break set up a table before school, during lunch, or during passing periods. At your table, sell miniature candy canes. You can sell them for a dollar each or whatever you think is reasonable. Whoever buys a candy gram has the opportunity to send this candy gram to someone else. On the candy cane, have gift tags that you will tie to the candy gram; so that the person can leave a note to the person they are sending it to. This is a fun activity that your whole school will love and participate in.

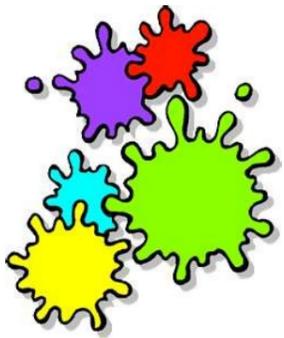


Human Christmas Tree: At one of your up-coming meetings, have the "Human Christmas Tree" be your meetings ice breaker! Take green and red party streamers and separate the members into groups of 4-6. Have each group choose someone in their group. Each group will decorate that person as a Christmas tree. After completing the task, judge on whose was the most creative.

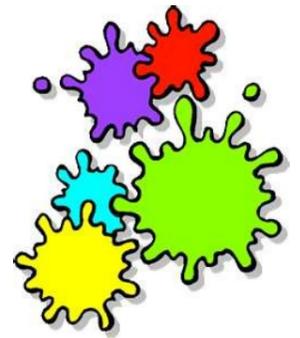
Secret Santa: If you are a chapter officer, this one is perfect for you. Before Christmas put each officer's name into a hat and have each of the officers draw a name out. The name they receive is the name they will be in charge of buying an inexpensive gift for. Then, when it is a few days before Christmas have a little party as a team and exchange gifts.

Merry Christmas Kansas FCCLA!

-Raimie Platt, First Vice President



Simple ways to become the Ultimate Leader with FCCLA



We are the Family, Career and Community Leaders of America. Our mission is to promote personal growth and leadership development through Family and Consumer Sciences Education. We are the ultimate leadership experience, but what exactly about FCCLA helps us to become ultimate leaders? Is it the public speaking? Is it the opportunity to meet new people? Or is something completely different? The following is just a few of the ways that FCCLA can help you to the Ultimate Leader!

Public Speaking! Within our organization there are plenty of opportunities to improve your public speaking skills! Whether it be through STAR Events or running for Office, you are sure to have numerous chances to practice speaking in front of people! By the time you are finished, you will be a public speaking pro!



Community Service! On every level imaginable, FCCLA gives you a chance to serve your community! You can help to end child hunger in America with Share our Strength or you could help out families in need by helping our State Community Service Project, The Ronald McDonald House! You can even help out your local community with project done by your Chapter!

Personal Growth! With FCCLA, there are so many ways you can grow as a person and as a leader! You could better the many areas of your life with the National Program Power of One! You could better your leadership skills and meet new people by running for a District, State, or National Office! Or you could even prepare for your future career with the Career Investigation STAR Event or the Career Connection National Program!

Looking Ahead



Again, these are just a few ways the FCCLA helps you to become an Ultimate Leader! The possibilities are limitless! All you have to do is take advantage of everything FCCLA has to offer! Your potential is infinite! Good luck!

- Dalton Noakes, President

State Board Meeting
Salina, KS

January 10, 2012

Citizenship Day

Topeka, KS

January 11, 2012

State Officer Selection

Hesston, KS

March 4-5, 2012

Peer Education Team Selection

Hesston, KS

March 4-5, 2012

Check out Kansas FCCLA on Facebook!



Join the Group!
"Kansas FCCLA: 2011-
2012 Creativity Unleashed"